

Astrology of intimacy

*Presence, Desire
and Conscious Relationship*

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BY THE SAME AUTHOR

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Preface

Desire, tenderness, the need for security, emotional rhythm, pleasure... In intimacy, these forces are never expressed in isolation. They coexist, confront each other, and sometimes oppose each other. And this is often where misunderstandings, frustrations, or silences arise in a couple.

This book offers a radically different perspective on sexuality and intimate relationships. It is not about improving performance or correcting behaviour, but about understanding how our inner energies interact, both within ourselves and with others.

Through mindfulness astrology, the planets are approached as psychic forces: Mars, Venus, the Moon, the Sun, Mercury, the Ascendant and their aspects describe our relationship to desire, foreplay, pleasure, tenderness, attachment and emotional time. Tensions are no longer seen as problems to be eliminated, but as areas of possible integration.

The author explores in particular:

- internal contradictions (such as Mars in Aries and Venus in Capricorn),
- differences in rhythm and desire between partners,
- the most common sexual and emotional misunderstandings,
- and how the couple becomes a mirror revealing what needs to be brought to consciousness.

This book is for those who sense that sexuality can be a path to presence, that intimacy is not built against our differences but from them, and that a fulfilling relationship arises less from compatibility than from shared awareness.

Introduction

Intimate relationships are undoubtedly one of the most sensitive areas of human experience. This is where desire and attachment, enthusiasm and restraint, the need for fusion and the need for distance meet. It is also where our inner contradictions are revealed, sometimes forcefully.

Many people approach sexuality as a problem to be solved, a skill to be improved or a harmony to be achieved. However, experience shows that the most common difficulties do not stem from a lack of technique or willpower, but from a conflict between different psychological forces that seek to express themselves simultaneously.

Desire does not have the same rhythm for everyone. Tenderness does not meet the same needs. Pleasure does not come through the same doors. And what reassures one person can sometimes worry another.

This book starts from a simple premise:

Sexuality and intimacy are not separate areas of consciousness, but places where consciousness is put to the test.

In mindfulness astrology, the planets are not seen as external influences, but as symbolic forces of the psyche. They describe universal inner dynamics, which everyone is invited to recognise and integrate.

- Mars reveals how desire arises, asserts itself, acts or is restrained.
- Venus expresses the need for harmony, emotional security and shared pleasure.
- The Moon shows sensitivity, attachment and emotional memory.
- The Sun illuminates identity, self-awareness and the need for recognition.
- Mercury describes communication, the unspoken, misunderstandings and the words that connect or separate.
- Jupiter indicates how desire and intimacy expand, become legitimate and find personal, moral or spiritual meaning.
 - Saturn reveals the relationship to limits, time, commitment, fears and the ability to sustain a bond.
- The Ascendant colours the way we relate to others and are perceived.
- The aspects between these planets highlight areas of tension or fluidity between these forces.

In intimacy, these energies are never expressed in isolation. They interact, reinforce or contradict each other. It is often this unconscious coexistence that creates discomfort: one wants to act when the other needs time, one seeks fusion when the other needs structure, one desires spontaneously when the other must first feel secure.

This book does not offer sexual recipes or universal solutions. It does not invite you to conform to an ideal of the couple or a norm of desire.

It offers something else:

learning to recognise, welcome and integrate the forces that drive us, instead of fighting them or projecting them onto our partner.

An unintegrated inner contradiction almost always becomes a relationship difficulty. Conversely, a tension that is recognised and consciously inhabited ceases to be experienced as a problem and can become a space for growth.

The goal is therefore not to eliminate differences, but to create an inner space that is sufficiently conscious for desire, tenderness, rhythm and attachment to coexist without destroying each other.

From this perspective, your partner is neither the cause nor the solution to the difficulties you encounter. They are a revealer.

The intimate relationship acts as a mirror that highlights what, in each person, needs to be seen, understood and integrated.

Thus, differences in desire or rhythm between partners are not compatibility errors, but invitations to shared consciousness work. When this perspective changes, sexuality ceases to be a field of con struggle or frustration and becomes a place of presence, dialogue and inner transformation.

Desire and Mindfulness is for those who feel that intimacy can be experienced differently: not as an obligation or a performance, but as a path to unification, where the body, heart and consciousness cease to be separate.

Far from promising an ideal sexuality, this book invites us to a more authentic sexuality, because it is rooted in the recognition of who we really are, in all the richness and complexity of our energies.

Chapter 1 Desire is not a problem

Desire is often experienced as an enigma, sometimes as a source of tension, and too often as a problem to be solved. When it manifests itself differently than expected — too strong, too weak, too irregular, too absent or too invasive — it easily becomes a cause for concern or questioning.

In intimate relationships, these differences are almost inevitable. Desire does not always arise at the same time, follow the same rhythm, or express itself in the same way. What is experienced as obvious to one person may be felt as pressure by another. What arouses enthusiasm in one person may elicit restraint or the need for time in another.

Faced with these differences, one idea often comes to mind: *something is wrong*. With oneself, with the other person, or with the relationship.

However, experience shows that these situations are not the exception, but the rule. They do not signal a dysfunction, but the meeting of different inner forces, sometimes poorly recognised, sometimes poorly understood.

Desire is not a simple entity. It is neither constant, linear, nor autonomous. It is permeated by emotional needs, emotional memories, unconscious representations, expectations, fears, and contradictory impulses. It can arise spontaneously or require time to develop. It can be expressed directly or remain contained. It can be vibrant one day and discreet the next.

Attempting to normalise, correct or control it often serves to reinforce tension rather than dissolve it.

In intimacy, what creates suffering is not so much the difference in desire as the way it is interpreted. When desire becomes an issue—proof of love, a sign of personal worth, an indicator of relational success—it ceases to be a living movement and becomes a field of projection.

The ego then easily takes hold. It compares, demands, justifies itself, defends itself. It seeks quick answers: *Why doesn't the other person desire me as they used to? Why don't I feel like it when the other person does? Why should it be any different?*

These questions, seemingly legitimate, often trap us in a logic of fault or lack. They freeze desire instead of illuminating it.

Mindfulness offers a shift in perspective. It does not invite us to resolve desire, but to observe it. It does not seek to provoke or extinguish it, but to understand what drives it.

From this perspective, desire becomes a signal, not a verdict. It indicates that an energy is seeking to express itself, to be recognised or to be integrated. When it intensifies, recedes or clashes with that of another, it does not signify failure, but an area of consciousness to be explored.

This book starts from this fundamental hypothesis:

Desire is not the problem; it is the relationship we have with it that can become the problem.

Rather than asking how to have more desire, how to make it compatible or how to adjust it to that of the other, it is first necessary to understand what happens within oneself when desire appears, disappears, confronts or restrains itself.

By ceasing to view desire as a performance to be achieved or a void to be filled, something relaxes. A space opens up in which it becomes possible to recognise the inner forces at work without judging oneself or the other.

It is in this space that intimacy can begin to transform — not through coercion, but through presence.

Chapter 2 Intimacy as an inner mirror

Intimacy rarely involves what we believe we are experiencing. What seems to be happening between two people — desire, lack of desire, closeness, distance — almost always resonates with deeper, often silent, sometimes unconscious expectations.

In an intimate relationship, the other person quickly becomes the support for what we seek confirmation, recognition or reassurance for within ourselves. Desire, tenderness or the need for contact are then no longer just spontaneous movements: they take on a meaning that goes beyond the present moment.

Thus, intimacy is rarely experienced for its own sake. It is permeated by implicit expectations: to be desired, to be chosen, to be recognised for one's value and uniqueness.

When these expectations are not met, tension arises. It stems not so much from the situation itself as from the interpretation of it. A simple difference in rhythm can be experienced as rejection. A momentary restraint can be felt as a lack of love. This shift is almost imperceptible, but it profoundly transforms the experience of the relationship.

From this perspective, the partner is not the cause of the difficulty, but its revealer. They bring to light what was already waiting for a response within us.

When the other person is not in the mood at the same time, it is not only the absence of desire that is felt, but

sometimes the fear of not mattering. When the other person withdraws, it is not only the distance that causes pain, but the feeling of being confronted with an inner emptiness.

The intimate relationship then acts as a mirror. It reveals:

- our relationship with lack,
- our way of asking or expecting,
- our ability to accept rejection without falling apart,
- our tolerance for frustration,
- our need for security or, conversely, freedom.

This mirror is not always comfortable. It reflects an image that does not always correspond to the idea we have of ourselves, nor to the one we would like to project in the relationship. Yet it is precisely this revealing function that makes intimacy a privileged space for awareness.

When faced with this mirror, the ego almost always reacts in recognisable patterns. Three movements frequently appear, sometimes successively, sometimes simultaneously.

Frustration is often the first reaction. It arises when desire or expectation is not immediately fulfilled. It can be expressed openly or experienced internally, but it always marks a difficulty in accepting what is, as it is.

When frustration becomes too uncomfortable, energy withdraws. Desire is cut off, speech becomes scarce, and distance sets in. This withdrawal is not an absence of desire, but an attempt at protection in the face of poorly recognised vulnerability.

Finally, demands arise when the ego seeks to regain control. Desire then transforms into an expressed expectation, then an implicit request, sometimes a claim. The other person is summoned to reassure, respond, adjust. The relationship then slips into a subtle, often unconscious power struggle.

These three reactions have one thing in common: they shift inner responsibility to the outside world. The other person becomes the one who should fill, repair or appease what, in reality, needs to be recognised within oneself.

When these reactions cease to be judged or fought against, another interpretation becomes possible. Frustration, withdrawal and demands can be understood as signals. They indicate that an inner energy is in tension, that a need is seeking a more appropriate form of expression.

At that point, intimacy ceases to be a battleground or a justification. It becomes a space for conscious observation. What is experienced between two people is no longer interpreted solely in terms of success or failure, but recognised as a revealing dynamic.

In this approach, the intimate relationship no longer serves to obtain something from the other, but to integrate what is revealed through the other. The partner is no longer the one who must meet an expectation, but the one who brings to light an inner configuration.

It is in this shift that intimacy can become a true path to integration. Not because it is always fluid or harmonious,

but because it offers a space where the forces of desire, attachment, fear and presence can be recognised without being denied.

This chapter thus opens with a central question: if intimacy reveals so many tensions, it is not only because of differences in desire, but also because of inner rhythms, our relationship to time, and our need for security.

This is what we will explore in the next chapter.

Chapter 3 Rhythms, timing and inner security

One of the most common misunderstandings in intimate relationships concerns time. Not objective time, but experienced time. Desire does not manifest itself according to a single rhythm. It appears, recedes or intensifies according to different internal temporalities, which are neither voluntary nor conscious choices.

When these rhythms do not coincide, tension arises. This tension is rarely linked to desire itself, but rather to how it is interpreted. A difference in tempo can be experienced as rejection, a momentary absence as a lasting loss. The relationship then takes on a weight that does not belong to it.

Some people experience desire as an immediate movement. It arises without apparent preparation, carried by the momentum of the moment. This desire needs space to unfold freely. When it is deferred without recognition, it can quickly turn into frustration or irritation.

Others need time to develop. Desire sets in slowly, as a climate of trust, relaxation or availability takes hold. It does not oppose momentum, but precedes it. When rushed, it retreats; when respected, it gains depth and stability.

These two modes are not mutually exclusive. They describe distinct internal workings. Difficulties arise when one is experienced as normal and the other as problematic.

In addition to these differences in rhythm, there is another essential distinction: that between emotional time and intimate time.

Emotional time corresponds to the need for connection, security and recognition. It is nourished by presence, words and simple gestures. For some, this time is essential before any more intimate opening up can take place. Without it, desire remains suspended.

Intimate time, on the other hand, concerns the impulses of the body and desire. It can sometimes precede emotional time, or be a consequence of it. When these two temporalities are not in sync, misunderstandings arise: one person expects emotional closeness when the other is already in the throes of desire, one person proposes intimacy when the other is still seeking security.

These discrepancies do not reflect rejection, but rather a lack of synchronisation. They become a source of suffering when they are interpreted as a fault or a lack of desire.

At the heart of these issues lies the notion of inner availability. Being available does not mean always being ready or systematically responding to the other person's expectations. It means being in touch with one's real state of mind.

Availability depends on many factors: fatigue, mental load, emotional state, sense of security, or level of inner tension. Ignoring these parameters is like asking desire to

function independently of lived experience, which is rarely possible in the long run.

Recognising one's own unavailability — or that of the other person — without interpreting it as rejection is a decisive step towards a more conscious relationship. This means giving up the idea that desire should be constant, symmetrical or predictable.

Desire never manifests itself in a vacuum. It is sensitive to the context and climate in which it occurs.

The context concerns what structures the relationship: trust, reliability, respect for boundaries, clarity of commitments. For some, this context is essential for desire to be expressed freely. Without it, a diffuse insecurity inhibits the momentum.

The climate refers to the atmosphere of the moment: quality of presence, relaxation, absence of pressure. A climate charged with expectations or unspoken words can dampen desire, even when attraction remains intact.

When the framework is stable and the climate welcoming, the rhythms of desire find their adjustment more easily. When either one is lacking, differences in timing become points of friction.

Recognising the plurality of rhythms, the complexity of inner time and the importance of security allows us to move beyond a reductive view of desire. It is no longer a

question of whether we want to or not, but of understanding how and when energy can be expressed.

This shift naturally opens up the question of initiative, momentum and the affirmation of desire — in other words, the force that drives us to act or to hold back.

This is what we will discuss in the next chapter, through the symbolic dynamics of Mars.

Chapter 4 Mars: desire, initiative and affirmation

In intimacy, Mars represents the force of desire in action. It describes neither what pleases nor what reassures, but the way in which momentum arises, asserts itself, seeks to take shape or holds back. Mars is the inner drive that engages the body, that dares to move towards the other.

When this force flows freely, desire is alive, embodied, capable of manifesting itself without violence or excessive restraint. When it is thwarted, suppressed or judged, it does not disappear: it transforms. It is often here that the most visible tensions in intimate relationships arise.

For some, Mars expresses itself spontaneously. Desire appears as an immediate obviousness. It seeks to express itself and be experienced without detours, carried by the moment. This spontaneity nourishes a feeling of vitality and physical presence. When it is hindered or deferred without recognition, it can quickly turn into frustration.

For others, Mars is more restrained. Desire exists, but it is not immediately expressed. It is modulated by the need for security, the relationship to the setting, or the need for a favourable context. Initiative is not absent, but deferred. When it does engage, it does so with depth and consistency.

Mars is the planet of initiative. In intimacy, it corresponds to the ability to dare, to propose, to take the first step. It gives desire a visible form and engages the body in action.

When Mars is integrated, initiative is expressed appropriately. It is neither pressure nor intrusion, but a lively proposal, adjusted to the rhythm of the other and to one's own inner availability. Desire can then flow without turning into a demand.

Conversely, when Mars is poorly recognised, initiative becomes a source of discomfort. It can be experienced as too direct, too insistent, or, conversely, as absent. In both cases, Martian energy is in tension: either it overflows or it withdraws.

When Martian energy cannot find a conscious outlet, three reactions frequently arise.

Frustration is the most immediate. The desire is there, but it cannot be expressed or acted upon. The energy remains contained, creating an inner tension that seeks an outlet.

Anger may then emerge. It is not necessarily directed at the other person, but at the perceived impossibility of acting, of being accepted or recognised in one's drive. This anger often masks a deeper vulnerability.

Finally, inhibition is another possible response. To avoid frustration or conflict, Martian energy shuts down. Desire becomes discreet, sometimes invisible, not because it has disappeared, but because it has not found an acceptable form of expression.

These reactions are neither flaws nor failures. They simply signal that the power of desire has not yet been fully recognised and integrated.

The expression of Mars varies according to the symbolic dynamics in which it is embedded. Without attempting to provide an exhaustive list, certain broad trends can be observed.

Some Mars energies function in a direct and immediate manner. The impulse is rapid, frank, sometimes impulsive. Desire seeks to express itself without delay and does not tolerate prolonged waiting.

Other Mars energies express themselves in a gradual and structured manner. The initiative is more restrained, sometimes delayed, but it then engages a deep and lasting energy.

Still others operate in an intensive mode, where desire is experienced deeply, sometimes with ambivalence, oscillating between attraction and restraint.

These dynamics do not define a norm or a hierarchy. They indicate the form that the energy of desire takes when it seeks to manifest itself.

Recognising one's own way of desiring, initiating and asserting oneself is an essential step (see Appendix A: Mars in sign). As long as Mars is judged, repressed or projected onto others, desire becomes a source of conflict. When it is recognised as a legitimate inner force, it can be expressed with greater accuracy and awareness. This chapter thus lays the foundations for understanding active desire. It naturally raises the following question:

how does this force meet the need for connection, pleasure and emotional security?

This is what we will explore in the next chapter, devoted to Venus.

Chapter 5 Venus: pleasure, connection and emotional security

If Mars sets desire in motion, Venus determines its relational quality. It does not seek momentum for its own sake, but rather the harmony in which this momentum can be experienced. Venus represents the need for harmony, gentleness and emotional security, essential conditions for pleasure to be welcomed without tension.

In intimacy, Venus does not speak of action, but of the inner experience it arouses. It colours desire by the way it is received, recognised and shared. When this dimension is neglected, desire may remain active, but it loses its ability to connect.

Venus is sensitive to the balance of the relational climate. She seeks an atmosphere where gestures, words and intentions do not create inner dissonance. This need for harmony is not an abstract ideal, but an emotional necessity: to feel in tune with oneself and with the other.

When harmony is present, pleasure flows naturally. When the atmosphere is tense, charged with unspoken words or latent conflicts, Venus withdraws. The body may then close itself off, not out of refusal of desire, but out of a need to preserve inner coherence.

This point is often a source of misunderstanding. What one person perceives as secondary may be experienced by another as crucial to any more intimate openness.

Venus is linked to the desire to please and the need to be loved. Pleasing, in this context, does not mean seducing or conforming, but offering something of oneself that can be welcomed. Being loved is not about being fulfilled, but about feeling recognised for one's emotional value.

When this need is nourished, pleasure becomes a spontaneous expression of the bond. When it is weakened, desire can become hesitant, conditional or dependent on the gaze of the other. Any wound in this area — real or imagined — directly influences one's openness to pleasure.

From this perspective, foreplay is not a technical step, but a time of transition. It allows us to leave the realm of everyday life and enter into intimacy. This time prepares the body and heart to receive pleasure in a safe environment.

For Venus, this phase is essential. It creates the space where the bond is woven, where presence is refined, where pleasure can emerge without being forced. When it is rushed or neglected, Venus can feel ignored, even if desire is present.

Venus reminds us that pleasure is also an emotional language. Through it, gratitude, agreement, gentleness and sharing are expressed. Pleasure then becomes a form of silent communication, sometimes more accurate than words.

When this language is respected, intimacy gains depth and simplicity. When pleasure is reduced to an expected response or an implicit obligation, it loses its relational dimension and can become a source of discomfort or distance.

Integrating Venus into an intimate relationship means recognising that pleasure cannot be commanded. It is welcomed into a space where everyone can feel safe enough to open up without fear.

Venus does not oppose active desire. It offers it a space where it can become sharing rather than mere impulse. It reminds us that desire finds its full expression when it encounters an atmosphere of recognition and gentleness.

If Mars describes how desire springs forth, Venus in a sign reveals how pleasure can be welcomed. It does not indicate what we love, but how we feel safe to love, receive and share.

Depending on the sign it is in, Venus colours the need for connection, the way we make emotional contact, our relationship with gentleness, slowness or intensity of pleasure. It shows what allows the body to open up and what, conversely, causes it to close up when it does not feel recognised.

Some Venuses need stability, others lightness, and still others intensity, freedom or fusion. These differences are neither capricious nor conscious preference : they reflect inner conditions of emotional security.

In intimacy, these nuances are decisive. The same gesture, the same word, the same timing can be experienced as deeply nourishing by one person and destabilising by another.

Understanding Venus in a sign is therefore not about learning to "seduce better". It is about recognising what, within oneself, allows one to feel comfortable opening up, and what, in the other person, calls for a different rhythm, a different approach, a different quality of presence.

It is from this perspective that the meanings of Venus in sign will be discussed in the appendix. Not as an inventory of behaviours, but as a map of fundamental emotional needs, in order to better understand how pleasure can become a true meeting place. (*See Appendix B: Venus in sign.*)

This chapter highlights the emotional dimension of pleasure. It naturally opens onto another essential force of intimacy: the Moon, which touches on sensitivity, emotional memory and the need for inner refuge.

This is what we will discuss in the next chapter.

Chapter 6 The Moon: attachment, memory and surrender

If Mars engages desire and Venus creates its relational quality, the Moon determines its emotional depth. It touches on the need for security, attachment and the ability to surrender without feeling threatened. In intimacy, the Moon acts as an invisible foundation: when this foundation is stable, openness becomes possible; when it is weakened, the body protects itself.

The Moon is not about momentum or pleasure, but about inner confidence. It indicates whether the intimate experience can be lived as a safe space or whether it reactivates, sometimes despite oneself, emotional vigilance.

Emotional security is one of the most decisive conditions for intimacy. Without it, the body can close itself off, not through conscious refusal, but through a protective instinct. This closure can take the form of restraint, distance or difficulty in letting go, even when desire is present.

The Moon reveals how intimacy touches on ancient needs: to be welcomed, contained, protected. When these needs are respected, intimacy becomes a place of gentleness and comfort. When they are fragile, it can be experienced as intrusive or insecure.

This mechanism explains why some people need a strong sense of emotional closeness before they can open up,

while others close themselves off as soon as they perceive even a subtle threat to their emotional balance.

The Moon is intimately linked to the body's memory. It retains traces of past experiences, emotions and old wounds, sometimes from early childhood. This memory is not always expressed in words. It manifests itself in physical reactions, spontaneous impulses or sudden withdrawals.

In private, the body remembers before the mind understands. It can relax or tense up for no apparent reason. A present situation can reactivate an old experience, without the link being immediately identifiable.

Recognising this lunar memory allows us to stop interpreting all reactions as deliberate choices. Some resistance is not refusal, but automatic responses stemming from emotional experiences that are still sensitive.

Depending on one's state of inner security, intimacy can be experienced in two opposite ways.

For some, it is a refuge. A space where the body relaxes, where tensions ease, where it is possible to settle down without fear. In this case, intimacy nurtures a sense of continuity and trust.

For others, it can be perceived as a threat. Closeness awakens a fear of invasion, dependence or loss of control.

Even in the presence of desire and connection, the body remains on the defensive.

These experiences do not reflect excessive fragility or a lack of love. They simply express the lunar relationship to security and attachment.

The Moon operates in rhythms and cycles. Emotional availability is therefore not constant. It fluctuates according to one's inner state, fatigue, and emotions of the moment. What is possible one day may not be possible the next, without this meaning a lack of commitment.

In intimate relationships, these variations are often misunderstood. They can be interpreted as inconsistency or a lack of desire, when in fact they simply reflect a change in emotional state.

Respecting lunar rhythms, both in oneself and in others, means accepting that intimacy is not always accessible in the same way. This recognition is essential to avoid hasty interpretations and unnecessary hurt.

Integrating the Moon into an intimate relationship means recognising that desire and pleasure are based on something deeper: emotional security and bodily memory. As long as this foundation is fragile, momentum and connection struggle to fully unfold.

The position of the Moon in a sign¹ indicates how emotional security is sought and experienced. It does not describe visible behaviours, but rather deep, often unconscious emotional needs that condition the ability to relax, trust and surrender in intimacy.

Each sign colours the Moon with a specific mode of protection and attachment. Some signs seek security in closeness, gentleness or continuity; others in clarity, distance, structure or emotional control. It is not a question of functioning better or worse, but of different ways of inhabiting vulnerability.

In intimacy, these differences are crucial. One Moon may need slowness, reassuring gestures and repetition to open up, while another will feel more secure in space, lightness or emotional freedom.

This chapter highlights the sensitive and protective dimension of intimacy. It naturally leads to another essential force: the Sun, which touches on identity, self-awareness and the need for recognition in relationships.

This is what we will explore in the next chapter.

¹ The specific dynamics of the Moon in each sign are discussed in Appendix C.

Chapter 7 The Sun: presence, identity and recognition

If the Moon touches on emotional security, the Sun touches on lived identity. It illuminates the way in which each person feels they exist in the relationship, visible and recognised. In intimacy, the Sun asks an essential, often silent question: *do I belong here, just as I am?*

Desire and connection are not always enough to nourish this presence. It is also necessary to feel chosen, desired, and recognised in one's uniqueness. When this recognition falters, intimacy can lose its vitality, even if emotional security is present.

The Sun is sensitive to the gaze of others. Not because of a need for constant approval, but because of a need for relational existence. To feel desired is to feel seen and welcomed for who you are, beyond roles and expectations.

In intimacy, this recognition acts as an inner support. When it is present, trust is established. When it is lacking, doubt can arise: *am I still important? Do I still have value in the eyes of the other?*

These questions are not a sign of excessive fragility. They touch on a fundamental need: the need to exist fully in the eyes of the other without having to conform or defend oneself.

The Sun is closely linked to self-image. In intimacy, this image is exposed. The body, reactions and silences

become visible, sometimes at odds with the idea we have of ourselves.

When our self-image is sufficiently stable, intimacy becomes a space for simple expression. When this image is fragile, every absence of desire, every withdrawal, every silence can be experienced as a personal challenge.

Certain intimate tensions then concern neither desire nor connection, but the way in which each person perceives and judges themselves. Withdrawal or over-affirmation become strategies for protecting one's identity.

The Sun is often associated with the ego, but this notion needs to be clarified. The solar ego is not only a desire to shine or be recognised; it is also the seat of personal dignity and self-worth.

In private, this dignity can be put to the test. Opening up, being seen, being desired implies vulnerability. When this vulnerability is perceived as a threat to one's self-image, pride becomes tense. It can then manifest itself in withdrawal, distance or excessive assertiveness.

Integrating the Sun means recognising this vulnerability without experiencing it as a weakness. It means accepting to be present in an unprotected state, without a mask, without having to prove or hide anything.

Depending on the state of one's inner identity, intimacy can become a space for radiance or withdrawal.

When the Sun is integrated, presence is simple and natural. There is nothing to prove. Desire and connection can flow freely, carried by a quiet confidence in one's own worth.

When the Sun is weakened, intimacy can trigger a fear of exposure. Showing oneself, being seen, being desired becomes risky. The body and presence withdraw, not out of a lack of desire, but out of a need to preserve identity.

These movements are neither mistakes nor shortcomings. They simply signal that the question of identity is activated in the intimate relationship.

Integrating the Sun into intimacy means recognising that desire also involves self-awareness. As long as this dimension is ignored, intimacy can become a place of tension between pride and vulnerability.

The position of the Sun in a sign² indicates the way in which identity seeks to be lived and recognised in the relationship. It does not describe a social role or temperament, but the inner form that the Sun takes—the feeling of existing, shining and having value in contact with the other.

Each sign colours the Sun with a specific mode of self-recognition. Some Suns need affirmation, others stability, others meaning, accuracy, freedom or depth. These needs do not stem from the ego in the reductive sense, but from

² The specific dynamics of the Sun in each sign are discussed in Appendix D.

the way in which identity can feel alive without defending itself.

This chapter highlights the identity dimension of intimate relationships. It naturally opens up another essential force: Mercury, which concerns speech, silences and the way in which desire, needs and limits are expressed — or silenced — in relationships.

This is what we will explore in the next chapter.

Chapter 8 Mercury: communication, silence and misunderstandings

After the security of the Moon and the recognition of the Sun, Mercury asks a decisive question: how is what is experienced expressed? In intimacy, speech is never neutral. It can enlighten and connect, or, on the contrary, freeze and distance.

Mercury represents the way in which desires, needs and limits are formulated — or left implicit. It does not refer to the intensity of the experience, but to the quality of its expression. In intimate relationships, this quality often determines the fluidity of the bond.

Expressing desire is not necessarily asking for something. It is first and foremost naming an inner movement.

When desire is expressed simply, without expectation of a response or implicit demands, it becomes living information. It allows the other person to position themselves freely. When it is left unsaid, it can turn into silent frustration, then into vague reproach.

Mercury invites us here to speak soberly: to say what is present, without seeking to obtain anything.

Saying no is often feared because it can be experienced as rejection. However, a clear no protects the relationship more than a forced consent or ambiguous silence.

When no is not said, it is expressed in other ways: through a closed body, avoidance, or distance. These indirect forms often generate more misunderstandings than refusal itself.

Saying no consciously means setting a boundary without accusing. It means talking about your inner state, here and now, without making the other person responsible.

Talking about intimacy is necessary, but delicate. Words can shed light on the experience, but they can also make it rigid. Over-analysing desire, over-explaining it, can interrupt its living movement.

Mercury invites us to speak appropriately: sufficiently present to avoid leaving things unsaid, sufficiently light-hearted so as not to confine the experience.

Silence, when inhabited, can be as accurate as speech. What hurts the relationship is not silence itself, but silence laden with unexpressed expectations.

Not all words open up the same space.

Words that open up are specific, personal, alive: *I feel, I'm not available right now, I need time*. They speak of oneself without closing off the other.

Words that close off generalise or accuse: *you never want to, you should, it's never right*. They freeze a specific situation into a definitive judgement.

Mercury reminds us that words create a climate. They can support the flow of desire or, on the contrary, block it permanently.

Integrating Mercury into an intimate relationship means learning to inhabit both speech and silence. It means recognising that what is not said has as much impact as what is expressed, and that clarity is a form of respect.

Mercury in a sign³ does not indicate what one feels or desires, but rather how one's experiences are formulated, thought about and shared. Each sign gives Mercury a specific style of communication, a particular way of approaching speech, exchange and meaning. Some signs favour direct, rapid or spontaneous expression; others favour caution, implication or inner reflection. No mode is better than another: each responds to a need for security, clarity or psychological protection.

This chapter highlights the communicative dimension of intimacy. It naturally opens up another essential force: Jupiter, which concerns the meaning given to desire, inner permission and the way in which each person allows themselves — or not — to fully experience intimacy.

This is what we will explore in the next chapter.

³ In Appendix E, each Mercury in sign is explored as a mode of expression of intimacy.

Chapter 9 Jupiter and Saturn: expansion and restraint of desire

After the momentum of Mars, the relational quality of Venus, the security of the Moon, the recognition of the Sun and the words of Mercury, Jupiter and Saturn introduce the question of meaning and duration. They question the way in which desire is allowed, limited and inscribed in time.

Desire is not just an immediate experience. It is influenced by what each person allows themselves internally, by what they consider legitimate, by the frameworks they integrate or undergo. Jupiter and Saturn thus reveal the deep relationship to permission, morality and responsibility.

Jupiter represents inner permission. It indicates the extent to which desire is experienced as legitimate, meaningful and worthy of being lived. When this permission is present, desire can be expressed without excessive justification. It becomes a natural movement of expansion and confidence.

When this permission is lacking, desire may be accompanied by a vague sense of guilt. It is not necessarily absent, but it is experienced conditionally, with reserve or anxiety. Guilt does not always extinguish desire, but it does limit its freedom.

Saturn then acts as a restraining force. It structures, channels and sometimes slows down. When integrated, it brings coherence and stability. When rigid or excessive, it

transforms desire into a constant tension between desire and prohibition.

Desire is always embedded in a framework of beliefs. It is influenced by values, prohibitions and representations that are often inherited. Jupiter and Saturn reveal how these internal frameworks shape intimate experience.

For some, desire must be legitimised by a higher meaning: love, commitment, a shared project. For others, it seeks to express itself freely, without having to conform to a strict moral standard.

These differences do not reflect greater maturity or a lack thereof. They indicate distinct relationships with inner morality. Tensions arise when these frameworks are neither recognised nor made explicit.

Jupiter and Saturn raise the question of the long term. How does desire transform without losing itself? How can it evolve without becoming fixed?

Jupiter supports the ability to renew the meaning of connection. It allows us to broaden our experience and prevent desire from being reduced to its initial forms.

Saturn, on the other hand, confronts desire with the reality of everyday life. It reminds us of limits, responsibilities and continuity. When integrated, it does not kill desire: it gives it substance and depth over time.

Without Jupiter, desire closes in on itself. Without Saturn, it disperses.

Commitment is not just an external framework. It is first and foremost an internal position towards connection and time. Jupiter and Saturn reveal how each person relates to this continuity.

For some, commitment nourishes desire by providing a secure framework. For others, it can be experienced as a constraint that limits momentum. These opposing experiences do not concern desire itself, but the way in which it is linked to time and responsibility.

From this perspective, fidelity is not just a rule. It questions our ability to remain present, to renew the meaning of connection and to accompany the transformations of desire.

Jupiter and Saturn create tension between two fundamental poles: free desire and restrained desire.

Free desire seeks to expand, explore and live life to the full. Restrained desire seeks to structure itself, limit itself and fit into an inner coherence.

When these two forces interact, desire can become both vibrant and lasting. When they clash unconsciously, desire oscillates between excess and inhibition.

Integrating Jupiter and Saturn means recognising that desire needs both permission and limits. Neither unfettered freedom nor rigid control allows for lasting intimacy.

Jupiter in a sign⁴ shows what gives meaning to desire. For some, desire flourishes when it is connected to a value, a project, or a shared vision. For others, it needs space, trust, or enthusiasm in order not to close up.

Saturn in sign specifies how desire is structured internally, restrained, channelled and sustained over time. Saturn in sign shows how responsibility is experienced in intimacy. For some, it is protective and reassuring: it provides a framework for commitment and allows desire to deepen. For others, it can be perceived as a burden that weighs on momentum, creating tension between desire and duty.

This chapter highlights the ethical and temporal dimensions of intimacy. It shows that desire is not only a matter of momentum, connection or words, but also of meaning, choice and inner responsibility.

It naturally opens up another essential dimension: the Ascendant, which concerns the way we enter into relationships, present ourselves to others and are perceived in intimacy.

This is what we will explore in the next chapter.

⁴ Appendix F explores Jupiter in signs.

Chapter 10 The Ascendant: How to Form Relationships

After giving meaning to desire and placing it in time, the Ascendant sheds light on how to form relationships. It describes neither inner drive nor emotional depth, but rather the spontaneous posture through which each person makes themselves visible to others.

In intimacy, the Ascendant acts as a threshold. It colours the first approach, the first contact, the way in which personal energy manifests itself even before desire, attachment or identity are clearly engaged.

The Ascendant concerns the first relational movement. It indicates how we present ourselves, how we capture attention or how we protect ourselves. This approach can be direct or reserved, warm or distant, spontaneous or measured.

This way of entering into a relationship is neither a conscious choice nor a strategy. It is often instinctive and immediate. It does not necessarily reflect the depth of what is experienced internally, but rather the external form that relational energy takes.

Many misunderstandings arise here. What the other person perceives at first contact is not always in line with what is actually experienced.

The Ascendant functions as an interface between the inner and outer worlds. It reveals a relational posture before more intimate dimensions can be expressed.

In intimate relationships, this discrepancy can become noticeable. The other person reacts to what is visible, while the inner experience sometimes follows a different path. A confident attitude can mask great sensitivity. Apparent reserve can conceal intense desire.

Recognising this dissociation allows us to avoid confusing appearance with inner truth. What is shown is not a false image, but a gateway, often protective.

The Ascendant plays a central role in the phenomena of attraction and projection. It attracts through a tone, a way of being, a presence that is immediately perceptible.

However, what attracts can also become a vehicle for projection. Others may attribute qualities or expectations to the Ascendant that do not correspond to inner reality. Similarly, individuals may feel trapped in a relational role dictated by what they spontaneously show.

In intimacy, this mechanism can create a gap between the initial impulse and the actual experience. The relationship begins with an image, then is confronted with a more nuanced reality.

Integrating the Ascendant into an intimate relationship means recognising that the way we enter into a relationship does not sum up the richness of our being. It

means learning to distinguish between our relational posture and our inner experience, without opposing them.

When this distinction becomes conscious, the Ascendant ceases to be a fixed mask. It becomes a living point of contact, capable of evolving as the relationship deepens.

The Ascendant in a sign⁵ does not describe what one desires or what one feels deeply, but rather the instinctive way of entering into relationships. It shows how relational energy is set in motion. Some enter into relationships with enthusiasm, others with caution. Some present themselves with warmth, others with distance. Some seek contact, others test the waters before opening up. These differences do not reflect greater emotional availability or a refusal to bond, but rather a unique way of approaching others.

This chapter concludes our exploration of the individual forces of intimacy. It naturally leads to an essential step: the integration of inner contradictions, where these dynamics meet, clash or seek to coexist.

This is what we will discuss in the next section.

⁵ Appendix H explores the Ascendant in signs.

Chapter 11 When forces clash within oneself

As the forces of intimacy unfold, a reality emerges: they do not always move in the same direction. Desire can arise when the need for security calls for restraint. Momentum can assert itself while sensitivity retreats.

These contradictions are neither errors nor dysfunctions. They are part of the inner experience. They arise when several psychic forces coexist in the same space.

This chapter does not seek to resolve these tensions, but to make them conscious. For what is not recognised tends to manifest itself in the form of conflict, both within oneself and in relationships.

One of the most common oppositions is between Mars and Venus. Mars pushes for initiative and the direct expression of desire. Venus seeks harmony, gentleness and emotional security.

When these two forces interact, desire becomes both alive and relational. When they ignore each other, tension arises: enthusiasm can be experienced as too abrupt, restraint as rejection.

This opposition indicates neither excess nor deficiency. It simply reveals that momentum and connection have not yet been integrated into the same experience.

Another tension runs through intimacy: that of desire and the need for security. Desire calls for openness and closeness. Security requires structure and continuity.

When one is prioritised at the expense of the other, the experience becomes fragile. One can desire without feeling secure, or feel secure without being open to desire. This dissociation creates an inner ambivalence that is often difficult to articulate.

Desire needs security in order to deepen. Security needs desire in order to remain alive.

Another line of tension opposes spontaneity and restraint. Spontaneity seeks immediate expression. Restraint seeks to preserve inner balance.

When restraint becomes rigid, spontaneity freezes. When spontaneity is experienced without awareness, restraint is reinforced by fear of losing control.

This opposition is not a flaw. It simply indicates that two forces are seeking to coexist without yet recognising each other.

The first step in integration is to recognise one's own tensions. Not to correct them, but to observe them as they are.

It is a matter of identifying:

- what drives you to act,
- what requires waiting,
- what seeks connection,
- what demands protection.

When these forces are judged or confused, they come into conflict. When they are recognised as legitimate, an inner space opens up where they can coexist without neutralising each other.

Integration is not about choosing one pole over the other, but about holding them together in consciousness.

This chapter marks a turning point. It is no longer just a matter of understanding the forces at work, but of seeing how they confront each other within each of us.

The rest of the book will show how these internal tensions are replayed in relationships, and how our partner becomes a living mirror of these dynamics.

This is what we will discuss in the next chapter.

Chapter 12 Internal contradictions and lived desire

Internal contradictions are not abstract ideas. They are experienced concretely, in the body, in the impulse that arises and then is held back, in the desire that asserts itself and clashes with another inner need.

When several psychic forces coexist without being recognised, intimacy becomes a place of tension. Not because something is not working, but because several movements are seeking to exist at the same time.

The following configurations are not models, but mirrors. They illustrate universal tensions that everyone can recognise, in different forms, in their own experience.

Mars in Aries / Venus in Capricorn

Immediate momentum and need for permanence

Mars in Aries experiences desire as a spontaneous impulse. It arises, asserts itself, and seeks to be lived in the moment. Desire is direct, frank, and unwilling to wait.

Venus in Capricorn, on the other hand, needs time and reliability. Pleasure only opens up when an inner framework is in place: continuity of the bond, a sense of seriousness, implicit or explicit commitment.

Tension arises when the impulse wants to move quickly, while pleasure requires time. If this contradiction is not recognised, Mars feels held back, Venus feels rushed.

Integration begins when momentum accepts that it cannot get everything immediately, and when restraint accepts that it does not have to defend itself against desire. Pleasure can then become a conscious response, rather than resistance.

Mars in Scorpio / Venus in Libra

Intensity and the search for agreement

Mars in Scorpio engages desire in a deep and total way. It does not seek a light experience, but complete involvement. Desire engages something existential.

Venus in Libra, on the other hand, seeks balance in relationships. Pleasure comes through reciprocity, gentleness, and the right atmosphere. Any tension in the relationship can hinder openness.

Contradiction arises when intensity is experienced as too heavy, and when the search for harmony is perceived as distancing.

Here, integration does not consist of diminishing intensity or sacrificing balance, but of recognising that intensity needs form, and that harmony needs depth so as not to become a mere surface adjustment.

Sensitive Moon / Impatient Mars

Emotional rhythm and urgency of desire

A sensitive Moon needs emotional security. The body opens up when the climate is reassuring, stable, and unpressing. Any perceived tension can cause immediate withdrawal.

Impatient Mars, on the other hand, seeks a quick response. Desire arises and wants to be experienced without delay. Prolonged waiting is experienced as frustration, sometimes as rejection.

Tension arises when momentum does not take emotional rhythm into account, and when sensitivity interprets urgency as pressure.

Recognising this contradiction allows us to resolve the misunderstanding: Mars is not insensitive, the Moon is not closed off.

They simply respond to different temporalities.

These contradictions require neither correction nor arbitration. They require recognition.

Judging oneself for impatience, restraint, intensity or sensitivity adds unnecessary tension. Understanding these forces as legitimate allows us to ease the inner conflict.

Integration begins when we stop trying to be consistent at all costs. It arises from the ability to embrace multiple inner truths without trying to silence them.

Desire is not unambiguous. It is traversed by forces that are sometimes opposed, which do not need to be resolved, but consciously inhabited.

Chapter 13 Aspects as places of integration

After identifying the forces of intimacy and their possible contradictions, aspects show where and how these forces meet. An aspect is neither a verdict nor a difficulty to be corrected. It refers to an inner place where two dynamics seek to coexist in consciousness.

In intimacy, these places become particularly sensitive. They activate desire, security, identity and the relationship with the other. The aspect then indicates the precise place where attention is required, not the place where something is not working.

Aspects of tension bring together forces that do not spontaneously move in the same direction. They create internal friction, experienced as alternation, tension or ambivalence.

In intimate relationships, these aspects often manifest themselves as:

- thwarted impulses,
- desires that arise and then recede,
- disproportionate emotional reactions,
- recurring conflicts around the same themes.

The tension does not come from the forces themselves, but from the difficulty of experiencing them simultaneously. The ego then attempts to favour one at the expense of the other, which reinforces the conflict.

When an aspect of tension is not recognised internally, it is easily projected onto the partner. The other person seems to be the cause of what is in reality a source of internal tension.

Aspects of tension⁶ connect forces that cooperate more naturally. They give a feeling of fluidity, of inner harmony, sometimes experienced as obvious.

In intimacy, they promote:

- a simpler flow of desire,
- coherence between emotion, impulse and speech,
- a spontaneous capacity for adjustment.

However, relaxation is not automatic integration. What is fluid can remain unconscious. A relaxing aspect provides support, but it only broadens consciousness if it is recognised as such.

Reading an aspect does not consist of analysing it mentally, but of observing what is being replayed. An aspect can be recognised by what recurs, persists, and requires repeated adjustment.

In intimacy, it appears through:

- recurring situations,
- surprising reactions,
- disagreements that always touch on the same sensitive point.

⁶ Relaxation aspects are discussed in Appendix J.

The aspect indicates where consciousness is called upon to open up. It does not refer to a fault or a dysfunction, but to a place of maturation.

The integration of an aspect does not come about through control or suppression of a force. It comes about through the simultaneous recognition of the two dynamics at play.

When these forces are welcomed without hierarchy or judgement, the tension changes in nature. It ceases to be experienced as a conflict and becomes a field of expanded consciousness.

In intimacy, this translates into:

- greater tolerance for variations in desire,
- a reduction in projections onto the other,
- an increased ability to remain present in contradiction.

Transforming tension into awareness means accepting that unity does not lie in uniformity, but in the lively coexistence of opposites.

The aspects thus reveal that intimacy is not a place of perfect resolution, but a space of gradual integration. What seemed to be an obstacle then becomes a point of deepening.

The following chapter will show how these aspects, already active in themselves, resonate between two people, and how the relationship becomes the privileged place for bringing them to light.

Chapter 14 From frustration to presence

Frustration is rarely welcomed. In private, it is perceived as a failure, an anomaly, something that should not be there. It arises when desire goes unfulfilled, when the other person's pace does not match ours, when momentum hits a wall.

Yet frustration is not a mistake along the way. It is the threshold.

This chapter invites us to make a radical shift: to stop trying to suppress frustration, but to learn to remain present at the precise moment when it arises.

Frustration reveals a lack. But this lack is not only the absence of the other or of their desire. It is often the gap between what is alive within us and what reality allows at that moment.

Accepting the lack does not mean resigning oneself to it. It means ceasing to fight it. When the lack is recognised without judgement, it loses its dramatic charge. It becomes a sensation, an inner movement, rather than a wound to one's identity.

In this acceptance, desire ceases to be a complaint. It becomes a felt energy once again.

When faced with frustration, two opposing movements arise almost mechanically.

One pushes us to demand. Desire turns into a demand, sometimes into silent pressure. The other becomes responsible for appeasement or reparation. The relationship becomes tense.

The other pushes us to deny ourselves. Desire is minimised, stifled, distanced so that we no longer feel the lack. The relationship is drained of its vitality.

Conscious presence opens up a narrower path. It allows us to remain with desire without imposing it, and with limits without effacing ourselves. This posture is not comfortable, but it is right.

Frustration marks the precise moment when the ego wants to obtain, and when consciousness can choose to remain.

Staying with what is there, without an immediate solution. Staying with an unfinished feeling, without projecting it onto the other person.

Staying with the momentum, without forcing it.

This threshold is uncomfortable because it offers no quick fix. But this is precisely where something shifts. The energy stops seeking an external outlet. It collects itself.

Frustration then becomes a place of passage, not a blockage.

Conscious desire is not defined by its satisfaction. It is defined by presence.

It does not seek to discharge itself or justify itself. It is experienced as a clear, sensitive energy, capable of containing both momentum and limitation.

In an intimate relationship, this desire transforms the encounter. It demands nothing, but it is fully present. It does not withdraw, but it does not force itself.

This desire is no longer a void to be filled. It becomes a quality of being.

This chapter marks a decisive transition. It shows that conscious intimacy does not arise from the disappearance of frustration, but from the ability to inhabit this threshold without turning away from it.

When this threshold is crossed, the relationship ceases to be a place of compensation. It can become a space of shared presence.

It is this movement that we will explore in the next chapter.

Chapter 15 Interactions in intimate relationships

An intimate relationship does not simply bring two desires together. It confronts two rhythms, two sensibilities, two ways of experiencing momentum and restraint. It is in this space that differences become visible — and sometimes painful.

Relational tensions arise not so much from differences as from the way they are experienced. When they are interpreted as mistakes to be corrected, the relationship becomes tense. When they are recognised as realities to be embraced, a space of awareness can open up.

It is rare for two partners to desire with the same intensity and at the same time. These differences become problematic when desire is confused with personal value or proof of love.

Desiring more does not mean loving more. Desiring less does not mean loving less.

Desire is a shifting energy, sensitive to the inner context. When it becomes an indicator of recognition, it takes on issues that go far beyond the moment being experienced.

Recognising this distinction can alleviate much of the suffering in relationships.

Beyond intensity, partners differ in their internal rhythms. One opens up in the moment, the other needs time. One moves forward in bursts, the other in gradual steps.

When these rhythms clash, each may feel misunderstood: one feels held back, the other feels rushed.

These tensions do not signal incompatibility, but rather a lack of synchronisation. The challenge is not to impose a common rhythm, but to create a space where both temporalities can coexist without negating each other.

Emotional needs are not symmetrical. Some people need closeness, reassurance and frequent contact. Others need space, silence and retreat in order to remain available.

When these needs are not recognised, the relationship oscillates between closeness and distance. One feels invaded, the other feels abandoned.

Recognising these differences means giving up the idea that the other person should feel the same way as you. This renunciation opens up a space for mutual respect.

When one wants and the other does not

This is often where everything is at stake. One is enthusiastic, the other is reserved. One moves forward, the other stops.

This moment is a relational threshold. If it is experienced in terms of demands or guilt, the relationship becomes rigid. If it is experienced in terms of presence, something can open up.

When one wants and the other does not, the question is not who is right. The question is: *how does each person remain present to what is happening within them?*

If the one who desires can recognise their impulse without imposing it, if the one who does not desire can recognise their limit without closing themselves off, then the relationship is no longer reduced to refusal or frustration.

It becomes a space of shared awareness.

This chapter shows that intimacy is not a place of permanent agreement, but a place of living adjustment. What matters is not the absence of tension, but the ability to remain connected without constraining or denying oneself.

When this posture is possible, the relationship ceases to be a battleground. It can become a space of mutual presence, where each person learns to recognise themselves through the other.

It is this shift that we will explore in the next chapter.

Chapter 16 The couple as a space for integration

The couple is often experienced as a place where something should work. When tensions arise — unequal desire, different rhythms, unshared expectations — a logic almost immediately imposes itself: *who is wrong? Who is hurting? Who should change?*

This logic of blame is deeply rooted. It transforms the relationship into a space of justification or defence. However, in intimacy, it rigidifies positions and prevents any real transformation.

This chapter proposes an essential shift: to consider the couple not as a place of mutual correction, but as a space for conscious integration.

Blame implies that there is a right way to love, desire or respond. Experience shows, however, that differences are inevitable. They are not mistakes, but points of revelation.

When the logic of fault is abandoned, the nature of the relationship changes. The question is no longer: *who is right?* It becomes: *what is being revealed here, in each of us?*

This shift does not excuse anything or impose anything. It simply opens up a space where the relationship ceases to be a field of tension and becomes a place of presence. Moving away from fault does not mean relinquishing all responsibility. On the contrary, it invites a more demanding inner responsibility.

This responsibility consists of recognising what is happening within oneself — desire, fear, frustration, expectation — without placing the burden on the other person. It requires clearly distinguishing between what belongs to me and what belongs to the relationship.

In intimate relationships, this stance is uncomfortable. It prevents easy projections. But it frees the relationship from a burden: that of having to repair what can only be transformed from within.

When each person takes on this inner responsibility, a new quality can emerge: co-consciousness.

Co-consciousness does not mean agreeing or feeling the same way. It refers to the ability to be aware together of what is being experienced, even when the experiences are different.

In intimacy, this can take a simple yet demanding form: *this is what is happening inside me*, without asking the other person to adapt to it, and hearing: *this is what is happening inside you*, without trying to change it.

This shared presence transforms the relationship. It allows tensions to exist without being dramatised, and differences to remain alive without becoming threatening.

Co-awareness does not resolve differences. It contains them.

One of the foundations of this integration is respect for each person's rhythm. The couple does not demand uniformity, but mutual recognition of each other's timelines.

Respecting the other's rhythm does not mean forgetting oneself. It means accepting that intimacy is not always experienced at the same time or in the same way. This recognition protects the relationship from pressure, guilt and resentment.

When rhythms are respected, desire can be expressed without being forced, and restraint without turning into closure.

The couple then becomes a space for living integration. Not because tensions disappear, but because they can be navigated without breaking presence.

In this space, the other is no longer the one who prevents or who is lacking. They become the one with whom consciousness deepens.

Chapter 17 Desire over time

Time is often experienced as the enemy of desire. As the years pass, momentum changes, rhythms shift, bodies evolve. Desire no longer appears in the same way, nor with the same obviousness.

This transformation is frequently interpreted as a loss. But this view confuses disappearance with change.

Desire

Desire does not necessarily wear out over time. It is bound to change form.

The desire of the beginning is carried by the unknown, projection, the impulse to discover. It arises quickly, sometimes independently of the depth of the bond. It is sustained by the excitement of what is not yet known.

The desire for duration arises in another space. It is no longer fuelled by the unknown, but by the real presence of the other. It is no longer triggered, it is welcomed.

Comparing these two forms is like measuring two incomparable realities. One stems from the impulse towards the unknown, the other from an intimacy that deepens in reality.

Growing old together confronts desire with the body as it becomes. Impulses become less impulsive, rhythms slower, needs more differentiated. This evolution can be experienced as frustration or as an invitation to a different relationship with intimacy.

When desire is reduced to performance or frequency, ageing is experienced as a threat. When desire is recognised as a quality of presence, time becomes an ally.

Growing old together requires letting go of certain images of desire. It invites a less demonstrative sexuality, more sensitive to nuances, silences, and the micro-movements of the body and the bond.

Over time, sexuality can become a place of inner maturation. It is no longer just a response to a lack or an urge, but an experience of shared presence.

Desire no longer needs to be constant to be alive. It can appear, withdraw, return, without being interpreted as a sign of falling out of love or breaking up.

Inner maturation allows us to welcome these variations without dramatisation. It opens up an intimacy where pleasure no longer depends solely on intensity, but on the quality of attention, touch and gaze.

When time is no longer experienced as an adversary, something relaxes. Desire ceases to be monitored, compared, evaluated. It becomes an expression of life, changing, sometimes discreet, but profound.

Desire over time is not a weakened desire. It is a desire unburdened by urgency, performance and the illusion of permanence.

It becomes a space where the self can recognise itself, with the other, in the very movement of life passing by.

This chapter shows that ageing together is not the end of desire, but its shift towards a more conscious form. When desire is integrated in this way, it ceases to be opposed to time. It becomes its most intimate expression.

It naturally leads to the conclusion of this journey: an intimacy where desire, connection and consciousness are part of the same living continuum.

Chapter 18 Intimacy, sacredness and mindfulness

The sacred is often kept at a distance from intimacy. It is thought to be elsewhere, higher, separate from the body, desire and sexuality. Intimacy, on the other hand, is relegated to the realm of the profane, the instinctive, the ordinary.

This separation does not come from experience. It arises from a lack of attention. Conscious intimacy does not seek to sacralise sexuality. It reveals that the sacred appears when the experience is fully inhabited, without escape or idealisation.

The body is not the opposite of the sacred. It is the place of access to it.

It is in the body that desire arises, that limits are felt, that encounters take place. When the body is experienced as an object to be used or controlled, presence withdraws. When it is experienced as a space of conscious sensation, something opens up.

Mindfulness begins here: in sensation experienced without commentary, in impulse perceived without haste, in limits welcomed without resistance.

The body then becomes a place of simple presence, without added symbolism, without sought-after elevation.

The sacred does not appear because we seek it. It arises when our attention is stable enough for the experience to reveal itself.

In intimacy, this translates into a presence that seeks nothing. Desire is no longer a tension towards an object, but an energy that is felt. Pleasure is no longer a goal, but a consequence.

At this point, sexuality ceases to be a release or compensation. It becomes an experience of unity, often brief, sometimes silent, where the separation between oneself and the other is diminished.

This is not a higher state. It is a moment of truth.

The sacred is not the opposite of the profane. The profane is the experience lived without attention. The sacred is that same experience when it is fully present.

The division between the two is not real. It appears when attention is withdrawn, when we judge, compare or instrumentalise the moment.

When intimacy is experienced without escape — neither towards performance nor towards a spiritual ideal — it ceases to be mundane without becoming sacred in the religious sense. It becomes just right.

Where presence is whole, there are no longer two worlds.

Intimacy can become a path. Not a path of elevation, but a path of conscious embodiment.

It confronts the ego, expectations, attachments. It reveals closures as well as moments of openness. Nothing is hidden for long.

Experienced with full awareness, intimacy becomes a place of learning: remaining present in desire, remaining open within limits, loving without losing oneself.

This path does not require withdrawal from the world. It only requires sincere attention to what is experienced, here, in the body and in the relationship.

This chapter does not propose a spiritualisation of sexuality. It reminds us that the sacred is never absent — only forgotten.

When intimacy is fully inhabited, desire ceases to be a lack, the bond ceases to be an expectation, and the relationship becomes a place of reminiscence of unity.

Not as an ideal to be attained, but as an obvious fact that reveals itself whenever attention is whole.

Chapter 19 General method for interpreting a birth chart from the perspective of intimate and relational astrology

In intimate and relational astrology, the astrological chart is not approached as a description of personality or as a series of potential events. It is read as a living map of the inner dynamics that unfold in the relationship with oneself, with others and with the world.

Each planet is understood as a fundamental psychic force. Each sign describes how this force is coloured, channelled or deflected. Each aspect shows how these forces interact with each other, either fluidly or tensely.

The aim is not to answer the question 'who am I?', but to answer more subtle and relevant questions in the private sphere: how the inner impulse seeks to be lived, how the bond is created, maintained or weakened, how emotional security is built, how desire, attachment and speech are articulated, how meaning authorises or hinders the relational experience.

In this approach, we do not look for fixed traits, but for inner movements. These are processes, often contradictory, sometimes complementary, which coexist and need to be recognised rather than resolved.

The planets are approached according to their relational function:

The Sun describes the axis of inner coherence, that towards which intimate experience seeks to unify, giving a sense of harmony with oneself in the relationship.

The Moon provides information about emotional security, the need for protection, continuity and emotional regulation in the relationship.

Mars indicates how momentum, desire and initiative manifest themselves, but also how conflicts are addressed or avoided.

Venus reveals the capacity for attraction, the way of loving, creating bonds, seeking harmony or fusion.

Mercury shows how the relationship is expressed, thought about and named, and how words are spoken or withheld.

Jupiter indicates inner permission, trust in experience, and the ability to give meaning to what is experienced in the relationship.

Saturn represents limits, restraint, duration, and the ability to sustain the bond over time without exhausting it.

The Ascendant describes the immediate relational posture, the way of entering into a relationship even before intimate content is engaged.

Aspects are central to this reading. They show how these forces interact with each other. Aspects of tension signal inner contradictions that the ego has ly difficult to

reconcile. Aspects of relaxation indicate natural cooperation between psychic functions.

In intimate and relational astrology, tension is never interpreted as a flaw, but as a place of possible awareness. Relaxation is not a guarantee of ease, but a foundation on which experience can deepen.

Astrological houses are used not as event sectors, but as fields of relational experience, i.e. places where certain dynamics are experienced more intensely.

The 1st house describes how the relationship begins, the threshold of contact, the first impression, the visible posture before intimate engagement.

The 2nd house concerns the feeling of inner security, which allows one to feel stable enough to enter into a relationship without losing oneself.

The 3rd house refers to the relationship of closeness, daily exchanges, and simple words that connect or weaken the bond.

The 4th house relates to deep intimacy, the feeling of belonging, and emotional security in the private and familiar sphere.

The 5th house describes the relationship as a space for expression, shared pleasure, play and mutual recognition.

The 6th house concerns daily adjustments, the way in which the bond is regulated in concrete reality, imbalances and their correction.

The 7th house is the place of committed relationships, face-to-face encounters, and the other person recognised as a full partner.

The 8th house refers to transformative bonds, relationship crises, mergers, separations and necessary transitions.

The 9th house concerns the meaning given to the relationship, the shared vision, the common horizon that goes beyond the immediate bond.

The 10th house relates to the exposure of the relationship, to what is shown, recognised or assumed in the social sphere.

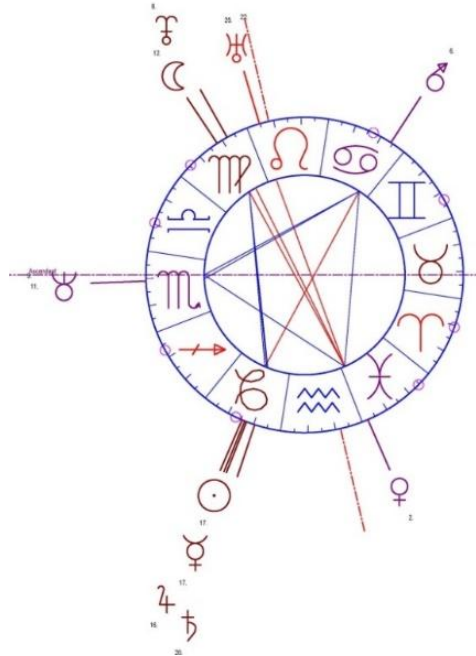
The 11th house describes the relationship within the collective, affinity bonds, shared projects and chosen affiliations.

The 12th house refers to the invisible dimensions of the bond, to what acts in silence, to unconscious attachments, to necessary dissolutions.

Finally, a chart is always read as a coherent whole. No planet, sign or house makes sense in isolation. It is the circulation between forces, their agreements and contradictions, that shapes the intimate dynamics specific to each chart.

Intimate and relational astrology does not seek to correct, improve or normalise. It aims to bring to light what is hidden in the shadows, so that tensions can be integrated rather than endured, and so that relationships become a space of presence rather than a place of unconscious repetition.

Chapter 20 Reading an astrological chart from the perspective of intimate and relational astrology



This theme highlights a relational dynamic deeply marked by porosity, transformation and the need for constant adjustment between emotional immersion and inner structuring.

The relationship begins under the sign of Scorpio, with Neptune close to the Ascendant. From the very first contact, the relationship is established in a climate of subtle resonance. The bond does not begin with a clear

affirmation of self, but with a silent openness to what circulates between oneself and the other. The presence is immediately sensitive, receptive, permeable to the surrounding inner states. There is little separation between what is perceived and what is felt. The relationship often begins before it is named.

This proximity to Neptune colours the relational approach with a fertile blur. The bond can be woven on a feeling of intuitive recognition, sometimes on an impression of obviousness or unexplained familiarity. The other is welcomed without filter, in an inner availability that promotes depth, but which can also make relational boundaries more difficult to discern at first.

The harmonious aspects between Neptune, Mars in Cancer and Venus in Pisces form a coherent whole where desire, emotional connection and sensitivity flow smoothly. The relational impulse is not triggered by confrontation, but by a climate of emotional security. Initiative is fuelled by feelings. When the emotional framework is sufficiently supportive, the movement towards the other becomes natural, almost obvious.

Desire is not experienced as a separate force, but as an extension of attachment and tenderness. Loving, desiring and protecting belong to the same movement here. This unity fosters relationships where emotional fusion, gentleness and attention to the other person occupy a central place. The intimate bond becomes an enveloping, sometimes restorative space where one feels welcomed in one's vulnerability.

Venus in Pisces, located in the fourth house, reinforces this orientation. The emotional bond seeks an inner place, protected from outside eyes. Intimacy is experienced in discretion, withdrawal and depth. The relationship becomes a space for rejuvenation, but also a place where old emotional memories are reactivated. Here, loving consists as much in welcoming the other as in rediscovering a sense of inner belonging.

However, this dynamic clashes with a significant tension between the Moon and Pluto in Virgo, opposite Venus. Emotional security here is closely linked to control, lucidity and a form of inner vigilance. Emotions are observed, analysed and sometimes contained in order to avoid any loss of control. There is great emotional acuity, but also a difficulty in allowing feelings to unfold freely when they become too intense.

This opposition highlights a tension between two ways of experiencing intimacy. On the one hand, there is a need for a close, protective, sheltered bond. On the other, there is a demand for clarity, emotional restraint and control of outbursts. The relationship can then oscillate between deep immersion and distancing, between abandonment and control.

The tenth house, activated by the Moon and Pluto, indicates that this emotional management concerns not only the intimate sphere, but also what is exposed. There is a sensitivity to the way emotions are perceived, understood or judged. The relationship is thus permeated

by a constant attention to what can be shown without undermining inner balance.

The trine connecting the Moon-Pluto conjunction to the planetary cluster in Capricorn brings a valuable capacity for integration. Intense emotions do not remain raw. They can be structured, contained, transformed into understanding. This configuration allows tensions to be navigated without rupture, provided that time and reflection are respected.

The planetary concentration in Capricorn in the third house shows that the relationship relies heavily on measured, thoughtful, committed speech. Speaking becomes a responsible act. Communication is neither impulsive nor demonstrative. It aims to stabilise the bond, to give lasting form to the experience. Words are chosen, weighed, sometimes delayed, but rarely empty.

This structured speech can sometimes inhibit the spontaneous expression of emotions, but it also allows crises to be weathered without breaking down. The bond is thought of as something that is built over time, through successive adjustments and gradual mutual understanding.

The conjunction of Jupiter and Saturn in Capricorn, located in the 3rd house, describes a very specific way of containing, authorising and structuring speech in close relationships. Here, broadening one's meaning and inner restraint are not opposed: they coexist in the same movement.

In intimacy, this configuration shows that openness to others is achieved neither through excess nor through closure. The bond is built through measured, committed speech that seeks to be fair before being expansive. What is said must have weight, coherence and real usefulness in the relationship. The exchange then becomes a space of shared responsibility, where speech is neither light nor intrusive, but carries meaning and continuity.

Jupiter brings the need to understand, to connect, to give greater scope to what is exchanged. Saturn, in conjunction, introduces constant vigilance: not everything can be said, not everything should be said just any old how or at any old time. This integrated tension allows the relationship to be part of a long-term temporality, where trust is built through the reliability of words and the consistency of exchanges.

In close relationships, this conjunction encourages communication that supports the bond without diluting it. It promotes relationships where we can talk about what really matters, without getting sidetracked, and where dialogue becomes a foundation of security rather than a place of emotional one-upmanship. Meaning flows, but through a containing form that preserves intimacy.

This dynamic also supports the articulation between desire and responsibility. The desire to speak, share, explain or transmit is always confronted with the question of the impact on the other. Thus, speech becomes a conscious relational act, inscribed in an ethic of connection, where

expansion and restraint cooperate in the service of a stable, lively and lasting relationship.

The theme as a whole highlights a central dynamic of relational intimacy: a great capacity for openness, compassion and fusion, supported by an equally strong demand for control, lucidity and structure. The challenge is not to choose between these two poles, but to bring them into dialogue with each other.

When this articulation becomes conscious, the relationship ceases to be a place of tension. It becomes a space of shared transformation, where emotional depth can be expressed without dissolving reference points, and where structure can support life without stifling it. It is in this subtle balance that this theme finds its full intimate and relational coherence.

Conclusion

This book has not sought to explain sexuality. It has sought to shed light on what is at stake through it.

Behind desire, frustration, expectation or restraint, deeper forces are revealed: the need for recognition, the quest for security, the fear of loss, the zest for life, the call for unity. Intimacy is never just a matter of the body. It is a place of inner truth.

Throughout this journey, one thing became clear: what is recognised no longer needs to be fought against.

When desire is seen for what it is—a living energy—it ceases to be a problem. When restraint is recognised—not as refusal, but as an inner limit—it ceases to be a threat. When contradictions are welcomed, they lose their power to divide.

Integration does not eliminate tensions. It transforms the way we experience them.

What was experienced as conflict becomes a space of awareness.

A relationship is not a place where we should be in constant agreement. It is a place where differences are revealed, expressed and rubbed together.

When experienced through the lens of blame, it becomes a space of defence and demands. When experienced

through inner responsibility, it becomes a place of mutual learning.

Your partner is not the one who must fill or repair. They are the one who reveals, sometimes despite themselves, the areas of tension and closure that are still active within us.

From this perspective, the couple ceases to be an ideal to be attained. It becomes a path of lucidity and presence.

Sexuality, when experienced consciously, is neither a duty nor a performance. It is a language. A language through which the body expresses what words cannot say. A language where desire, tenderness, limits and presence meet. When lived without escape — neither towards demands nor towards ideals — sexuality becomes a place where separation is attenuated. Not because it disappears, but because it is permeated by consciousness.

In this place, the sacred is no longer elsewhere. It is there, in the moment lived fully, in the present body, in the inhabited relationship.

Experiencing intimacy as a journey does not mean striving for a successful relationship. It means accepting to encounter oneself in it, again and again.

This path does not promise permanent harmony or constant desire. It offers something simpler and, in a way, more demanding: being present to what is, in the body, in the bond, in time.

When this presence is there, desire ceases to be a tension to be resolved, the couple ceases to be a place of repair, and intimacy becomes what it has always been: a living space of shared consciousness.

Appendix A: Mars in a sign

With Mars in Aries, desire arises immediately, often in the body even before it is formulated. It expects neither justification nor prolonged preparation. The impulse is direct, instinctive, driven by a need to approach, to take the initiative and to assert oneself in the encounter.

The initiative manifests itself in the form of a first movement: starting, daring, taking the plunge. In intimacy, desire seeks to be experienced in the moment, with intensity and frankness. It favours direct experience over waiting, spontaneous momentum over distancing.

This energy is expressed through a need for relational conquest and immediate affirmation. Desire is a driving force, sometimes urgent, animated by the desire to feel life fully through direct engagement with the other. However, momentum can become hastiness when consciousness does not keep pace with impulse.

The challenge is not to curb desire, but to consciously inhabit it within the relationship. When initiative is recognised without being imposed, desire gains in accuracy. It can then be expressed without burning up all its resources, and integrate the other person's time as an ally rather than an obstacle.

Mars in Aries thus invites us to experience a lively, courageous and assertive desire, which finds its full expression when it is connected to presence in the

moment, rather than to the urgency of satisfying the impulse.

With Mars in Taurus, desire sets in slowly but surely, often starting with the body and feelings. It does not arise urgently, but builds over time. The impulse needs emotional security, continuity and trust to fully unfold in the relationship.

Initiative manifests itself gradually and methodically. In intimacy, Mars in Taurus does not rush: it moves forward step by step, investing its energy in a bond or situation that can last over time. Desire seeks to anchor itself, to consolidate what has been committed to, rather than to multiply experiences.

This energy confers a great capacity for perseverance in relationships. Once the momentum is set in motion, desire is maintained, resists the vagaries of life and is expressed through constancy, presence and fidelity to the shared experience, rather than through intensity or rupture.

The challenge is not to accelerate the movement, but to remain present to the living momentum. When continuity becomes an end in itself, desire can become rigid and turn into attachment or resistance to change. Integration then consists of recognising when stability still nourishes desire, and when it immobilises it.

Mars in Taurus thus invites us to experience an embodied, patient and reassuring desire, which finds its rightful place

when it is rooted in the relationship without closing itself off to the evolution of the bond.

With Mars in Gemini, desire first manifests itself in the form of mental and relational momentum. It arises from curiosity about the other person, from exchange, from the need to understand, to provoke a response or interaction. In intimacy, affirmation comes primarily through speech, verbal play, intellectual stimulation and lively exchange.

Initiative is expressed through movement and diversity. Mars in Gemini likes to explore several relationship avenues, test approaches, discuss, and seduce with words. Desire seeks less direct conquest than circulation, interaction, and the feeling of being in a living connection with the other person.

This energy confers great relational agility. Desire adapts quickly, bounces back, and changes form according to the response received. Momentum can be very present in dialogue, humour, light provocation, or debate, even when physical or emotional commitment is slow to follow.

The challenge is not to force action, but to connect the exchange to lived experience. When desire remains confined to mental or verbal stimulation, it can become scattered. Integration then consists of recognising which words truly open up a space for encounter, and which are simply a game of the mind.

Mars in Gemini thus invites us to experience a curious, lively and communicative desire, which finds its rightful

place when it is embodied in the relationship without losing its lightness.

With Mars in Cancer, desire is intimately linked to emotional and relational security. It does not spontaneously project itself outward, but is primarily mobilised to protect, preserve and secure what is experienced as essential: intimacy, emotional connection, and a sense of belonging.

The initiative is reactive rather than offensive. In intimacy, Mars in Cancer acts when the bond is threatened or weakened, or when an inner space needs to be contained. Desire does not seek direct confrontation; it is expressed through attention, vigilance, temporary withdrawal or protection of the emotional climate.

This energy confers a great capacity for protective presence. The impulse is strengthened when it comes to defending what is loved or maintaining a secure emotional framework. On the other hand, when inner security falters, desire can withdraw, contain itself or manifest itself indirectly, through intense or fluctuating emotional reactions.

The challenge is not to transform this energy into a conquering force, but to recognise desire where it takes shape. When Mars in Cancer is consciously inhabited, affirmation no longer comes through closure or defensive reaction, but through action adjusted to feelings, respectful of the vulnerability at stake.

Mars in Cancer thus invites us to experience a sensitive, enveloping and protective desire, which finds its rightful place when it acts from a place of inner security, rather than from a fear of losing connection.

With Mars in Leo, desire manifests as a radiant energy. It seeks to express itself fully, to show itself, to leave a visible mark. The impetus is driven by the need to feel alive, recognised and engaged in something meaningful and valuable.

Initiative is expressed with enthusiasm and confidence. Mars in Leo acts from a strong inner centre. Desire drives one to take action that allows one to stand out, create, lead or inspire. Assertion comes through self-presentation, not through calculation, but through the need to shine.

This energy gives a great capacity for commitment. Desire unfolds with generosity and conviction, supported by the intimate certainty of having something to offer. The momentum is powerful when it is recognised, welcomed and valued in relationships or actions.

The challenge is not to reduce one's radiance, but to connect it to a conscious intention. When desire depends exclusively on the external gaze, momentum can become rigid or dramatic. When it comes from within, affirmation becomes naturally inspiring.

Mars in Leo thus invites us to experience a creative, assertive and warm desire, which finds its rightful place when it radiates without needing to prove itself.

With Mars in Virgo, desire manifests itself in a measured and internalised way. It does not arise urgently, but seeks to express itself in a clear, reassuring and coherent framework. In private, the impulse needs to understand how to act appropriately before it can be set in motion.

Initiative is deployed through discreet attention to the other person and the situation. Mars in Virgo acts by observing, adjusting and refining gestures and words. Desire is directed towards what can be improved in the relationship, repaired in the bond or made more fluid in the exchange. Assertion comes through precision, care taken with the experience and a delicate approach.

This energy confers a great capacity for intimate discernment. Desire is placed at the service of the quality of the bond rather than its intensity. Momentum is built step by step, with constant attention to feelings, reactions and shared limits.

The challenge is not to let down one's guard, but not to delay the momentum of desire indefinitely. When analysis takes over, desire can be excessively restrained and remain in a state of potentiality. Integration then consists in recognising that the encounter does not need to be perfect in order to be experienced accurately.

Mars in Virgo invites us to experience desire in an attentive, delicate and conscious way, which finds its rightful place when expressed without getting lost in the need for control or correction.

With Mars in Libra, desire manifests itself through the relationship itself. It does not seek direct confrontation, but agreement, reciprocity and a shared balance. In intimacy, the impulse arises from the need for harmony and the feeling that desire can only be expressed by taking the other person into account.

Initiative is expressed in a diplomatic and concerted manner. Mars in Libra acts by observing reactions, assessing the common ground, and seeking to reconcile impulses rather than imposing a direction. Desire is mobilised when it comes to preserving the bond, repairing tension, or restoring balance in the relationship.

This energy confers a great capacity for intimate mediation. Assertion comes through measured speech, mutual adjustment, and the search for common ground. Desire is directed towards actions that connect, soothe, or harmonise, rather than unilateral gestures.

The challenge is not to give up on harmony, but to recognise one's own momentum in the relationship. When the desire to preserve harmony takes over, initiative can be suspended and assertiveness diluted by hesitation. Integration then consists of accepting that true balance sometimes includes taking a stand and clearly expressing one's desires.

Mars in Libra thus invites us to experience a relational, sensitive and adjusting desire, which finds its accuracy when it dares to express itself without losing itself in the search for permanent agreement.

With Mars in Scorpio, desire manifests itself in a deep, concentrated and exclusive way. In intimacy, it does not disperse: it is directed towards what is totally engaging, towards an encounter that touches the heart of being. The impetus is driven by a need for inner transformation through connection.

The initiative is expressed strategically and often discreetly. Mars in Scorpio acts deeply, sometimes away from the outside gaze. Desire does not need to be shown to be powerful. It moves forward with determination, guided by an inner will capable of traversing the emotional intensity, fusion and grey areas of the relationship.

This energy confers a great capacity for emotional and sexual resilience. Once the momentum is engaged, it becomes difficult to divert. Desire goes all the way, weathering crises in the bond, confronting what is hidden, taboo or disturbing. Assertion comes through inner mastery and fidelity to lived experience, rather than through visible confrontation.

The challenge is not to make the initiative more apparent, but to remain aware of the power involved in the relationship. When desire becomes excessively secretive, exclusive or possessive, it can become rigid. Integration then consists of allowing the intensity to flow, accepting vulnerability, without closing oneself off or seeking to control the other person.

Mars in Scorpio thus invites us to experience a deep, committed and transformative desire, which finds its

rightful place when it surrenders to the encounter without seeking to dominate or protect itself from loss.

With Mars in Sagittarius, desire manifests itself as a drive for expansion in the relationship. In intimacy, it needs meaning, horizon and perspective to fully commit. Initiative arises from an inner conviction and an ideal that gives direction to the encounter.

The initiative is expressed with enthusiasm and confidence. Mars in Sagittarius acts when it feels carried by a shared vision, an experience to be lived together or a common path to explore. Desire pushes us to go beyond known limits, to broaden the relational space, to open up to new dimensions of the encounter.

This energy confers a great capacity to mobilise the bond. Desire is easily communicated, expressed with frankness and fervour. Affirmation comes through sharing a vision, reaching out to others and consistency between inner values and the way one relates to others.

The challenge is not to reduce enthusiasm, but to remain present to the other in the momentum. When desire is identified entirely with a single truth or a fixed ideal, the initiative can lose its relational flexibility. Integration then consists of letting meaning guide the experience without confining the relationship to a single certainty.

Mars in Sagittarius thus invites us to experience an open, confident and meaningful desire, which finds its rightful

place when it explores intimacy as a space for shared expansion, without becoming fixed in the ideal pursued.

With Mars in Capricorn, desire manifests itself in a restrained manner and is oriented towards a specific goal. It seeks neither immediacy nor brilliance. The momentum is inscribed in time, supported by a desire for construction, stability and long-term consistency.

Initiative is expressed with discipline and strategy. Mars in Capricorn acts after assessing the conditions, weighing the stakes and clarifying the direction. Desire is mobilised when a goal is perceived as serious, viable and promising lasting fulfilment.

This energy confers great endurance. Desire advances step by step, with consistency and without distraction. Assertion comes through rigour, perseverance and the ability to sustain effort over time, even when the action is discreet or unrewarding in the moment.

The challenge is not to rush the initiative, but to recognise desire where it is expressed. When momentum is too conditioned by utility or future success, it can be excessively restrained. Integration then consists of allowing desire to exist without waiting for it to be perfectly legitimised.

Mars in Capricorn thus invites us to experience a solid, patient and focused desire, which finds its rightful place when it commits itself without closing itself off to the need for control.

With Mars in Aquarius, desire manifests itself as a drive for emancipation in relationships. In intimacy, it seeks to preserve autonomy, personal space and the freedom to be oneself. The drive arises from the need not to feel trapped in roles, expectations or fixed relationship patterns.

Initiative is expressed in an original and independent way. Mars in Aquarius breaks with conventional relationship patterns. Desire is mobilised when it comes to inventing another way of connecting, exploring forms of intimacy that are freer, more egalitarian or less possessive. Assertion comes through uniqueness and fidelity to one's own vision of the relationship.

This energy confers a strong capacity for collective or shared action. Desire is not limited to personal expression: it can be part of a dynamic between two people based on common ideals, deep friendship or a shared vision of the relationship. The momentum finds its strength in the possibility of a bond that respects each person's individuality.

The challenge is not to curb independence, but to recognise the need for a living bond. When desire is defined solely by distance, opposition or the rejection of all constraints, it can become rigid. Integration then consists of allowing relational innovation to express itself without cutting oneself off from presence, commitment and reciprocity.

Mars in Aquarius thus invites us to experience a free, inventive and conscious desire, which finds its rightful

place when it opens up new possibilities in the relationship without defining itself against attachment or commitment.

With Mars in Pisces, desire manifests itself in a sensitive, fluid and permeable way to the other. In intimacy, it arises from empathy, intuition and a deep sense of connection. Assertiveness does not seek confrontation or power, but rather support, presence and relief from tension perceived in the other person or in the relationship.

Initiative is expressed discreetly and indirectly. Mars in Pisces often acts in the background, without needing recognition. Desire is directed towards situations where it is possible to listen, support or be emotionally available, sometimes silently. Action is guided by the feeling of the moment rather than by a formalised intention.

This energy confers a great capacity for devoted presence in intimacy. Desire can be entirely at the service of the other, carried by a keen sensitivity to atmospheres, implicit emotions and unspoken needs. Affirmation then comes through the ability to be there, to welcome, to make oneself available to what is seeking to be said or experienced.

The challenge is not to make the action more assertive, but to give conscious form to desire. When the momentum disperses or dissolves into boundless empathy, the initiative can lose its coherence. Integration then consists of recognising what really calls for commitment, without losing oneself in sacrifice, confusion or self-effacement.

Mars in Pisces thus invites us to live an empathetic, inspired and deeply connected desire, which finds its rightness when it is embodied in the relationship without dissolving into the other.

Appendix B: Venus in Signs

With Venus in Aries, pleasure arises from the excitement of the encounter. It is experienced in the moment, in the freshness of the beginning, in the sensation of a connection that ignites quickly. Emotional openness comes through enthusiasm, spontaneity and the feeling of being immediately engaged in something alive.

In intimacy, Venus in Aries needs dynamism and immediate reciprocity to feel secure. Pleasure is closely linked to the feeling of being desired, chosen and welcomed without delay. It is not so much the duration that nourishes Venus here, but the intensity of the first contact and the sincerity of the shared impulse.

The emotional bond is built on movement. When the exchange is fluid, direct and without excessive restraint, pleasure flows naturally. On the other hand, when the pace slows down too soon or expression becomes too cautious, Venus in Aries can feel held back, not by a lack of attachment, but by a lack of vitality in the relationship.

The challenge is not to hold back the momentum, but to let pleasure evolve without losing its spontaneity. When the intensity of the beginning is recognised as a gateway—and not as an end in itself—Venus in Aries can discover a bond that transforms without fading away.

Venus in Aries thus invites us to experience pleasure as a living impulse to encounter, which finds its true meaning

in pleasure when it can remain true, direct and present, while opening up to an intimacy that is built step by step.

With Venus in Taurus, pleasure is anchored in the concrete presence of the other. It arises from contact, voice, gaze, physical closeness and the continuity of the bond. Emotional openness comes through what is tangible, sensitive and reassuring for the body.

In intimacy, Venus in Taurus needs time and consistency to feel secure. Pleasure does not happen quickly: it settles in slowly, as trust is built. This gradual pace allows the bond to take root and the body to open up without tension.

Here, pleasure is inseparable from emotional stability. When the relationship offers a reliable, regular and attentive presence, Venus in Taurus can relax completely and enjoy intimacy in its depth. Simple, repeated gestures shared in everyday life then become essential supports for pleasure.

The challenge is not to intensify the experience, but to allow pleasure to remain alive over time. When security becomes too rigid a framework, pleasure can lose its spontaneity. Integration then consists of preserving the gentleness and constancy of the bond while allowing desire and movement to flow.

Venus in Taurus thus invites us to experience pleasure as an embodied, stable and nourishing experience, which finds its accuracy when it combines emotional security with the ability to renew itself.

With Venus in Gemini, pleasure arises from exchange. It is awakened through speech, dialogue and shared curiosity. Emotional openness comes through the feeling of a living, mobile bond, where the other is perceived as an interlocutor with whom something flows.

In intimacy, Venus in Gemini needs relational stimulation to feel secure. Pleasure is built on lightness, playfulness and responsiveness in exchange. The right words, shared laughter and spontaneous complicity can create a climate of openness as strong as a gesture or physical contact.

The emotional bond is nourished by flexibility and movement. When the relationship allows for variety, freedom of expression and the flow of ideas and emotions, pleasure remains fluid. Conversely, when the atmosphere becomes too heavy or too static, Venus in Gemini can close up, not because of a lack of attachment, but because of a need for inner breathing space.

The challenge is not to deepen the relationship at all costs, but to allow the bond to remain alive. When the relationship retains a space for play, curiosity and renewal, Venus in Gemini can commit without feeling trapped. Pleasure then finds its continuity in the quality of the exchange rather than in emotional intensity.

Venus in Gemini thus invites us to experience pleasure as a fluid and communicative relational experience, which finds its rightful place when it combines lightness, sincerity and shared presence.

With Venus in Cancer, pleasure is intimately linked to emotional security. It is not experienced in immediate exposure, but in a climate of trust, gentleness and emotional continuity. Opening the heart requires a protected space where emotions can be welcomed without fear.

In intimacy, Venus in Cancer needs time and emotional closeness to feel secure. Pleasure is built on delicacy, attention to the other person, and the feeling of a bond that protects as much as it connects. The body opens up when the heart feels recognised and protected.

The emotional bond here takes the form of a shared refuge. When the relationship offers a stable, reassuring and empathetic presence, pleasure becomes deep, tender and lasting. Acts of care, signs of attention and moments of retreat together nourish intimacy as much as the impulse of desire.

The challenge is not to intensify emotion, but to remain present in the living bond. When security is threatened or the emotional climate becomes unstable, Venus in Cancer can close off, not out of a refusal of pleasure, but out of a need for protection. Integration then consists of recognising that pleasure can only flourish in a space where vulnerability is respected.

Venus in Cancer thus invites us to experience pleasure as a deep and enveloping emotional experience, which finds its rightful place when rooted in trust, tenderness and the continuity of the bond.

With Venus in Leo, pleasure arises from shared emotional radiance. It awakens in the warmth of the bond, in the feeling of being recognised, chosen and welcomed with generosity. Emotional openness occurs when the bond allows each person to feel unique and fully present in the relationship.

In intimacy, Venus in Leo needs emotional recognition to feel secure. Pleasure flows when attention is given and received in a visible, sincere and lively manner. Gestures of affection, signs of consideration and mutual appreciation directly nourish the ability to open up and share.

The emotional bond is built around a sense of shared dignity. When the relationship offers a space where each person can express their heart without diminishing or hiding themselves, pleasure becomes warm, creative and engaging. Intimacy is then experienced as a celebration of the bond, where emotional momentum can be expressed freely.

The challenge is not to seek intensity or admiration, but to connect pleasure with authentic presence. When recognition depends solely on image or external perception, pleasure can lose its depth. Integration then consists of allowing emotional radiance to arise from the real quality of the bond, rather than from its staging.

Venus in Leo thus invites us to experience pleasure as a warm, expressive and shared experience, which finds its

rightful place when rooted in mutual recognition and sincerity of heart.

With Venus in Virgo, pleasure manifests itself in the rightness of the bond. It does not arise from excess or passion, but from an atmosphere of trust, simplicity and emotional consistency. Opening the heart comes through the feeling that the relationship is clear, reliable and respectful of the sensitivities involved.

In intimacy, Venus in Virgo needs security through attention to detail. Pleasure is built through concrete, often discreet gestures that demonstrate a real presence to the other person. It is the little attentions, the constancy and the care given to the relationship that allow the body and heart to open up without tension.

The emotional bond is woven through a quality of adjusted presence. When the relationship allows one to feel welcomed without excess, understood without emotional exaggeration, pleasure becomes subtle, delicate and deeply sincere. Intimacy is then nourished by a silent agreement rather than visible demonstrations.

The challenge is not to intensify emotional expression, but to let pleasure express itself in its own way. When emotion becomes too vague, too overwhelming or too imprecise, Venus in Virgo can close up, not out of emotional restraint, but out of a need to preserve inner clarity. Integration then consists of recognising that pleasure can be simple, measured and yet profound.

Venus in Virgo thus invites us to experience pleasure as an attentive, sober and authentic experience, which finds its rightful place when expressed through caring for relationships and fidelity to what is truly experienced.

With Venus in Libra, pleasure is intimately linked to the balance of the relationship. It only unfolds in a peaceful relational climate, where everyone feels respected, listened to and recognised. Emotional openness comes through the feeling of a right balance between oneself and the other.

In private, Venus in Libra needs reciprocity and clarity in relationships to feel secure. Pleasure flows when exchanges are fluid, intentions are clear, and the shared space creates neither tension nor inner imbalance. A gentle relationship climate is essential for openness to pleasure.

The emotional bond is built through a search for mutual adjustment. When the relationship allows each person to feel that they have their place, that their impulses are taken into account and that differences can be discussed, pleasure naturally becomes harmonious and shared.

The challenge is not to avoid all tension, but not to lose oneself in constant agreement. When the need for harmony takes over, pleasure can become dependent on the absence of conflict. Integration then consists of recognising that true balance also includes the sincere expression of disagreements and desires.

Venus in Libra thus invites us to experience pleasure as a balanced and shared relational experience, which finds its rightful place when it is based on a living harmony, capable of embracing both agreement and difference.

With Venus in Scorpio, pleasure is linked to deep emotional involvement. It is not satisfied with a superficial or partial connection, but seeks a fully engaging encounter, where emotion, body and connection are experienced with intensity. Emotional openness comes through the feeling of a real connection, without masks or half-measures.

In intimacy, Venus in Scorpio needs depth and emotional truth to feel secure. Pleasure awakens when the relationship allows for the exploration of what is usually hidden: strong emotions, intense desires, areas of vulnerability. It is not lightness that is reassuring here, but the feeling that the bond can accommodate the whole person, including sensitive or obscure areas.

The emotional bond is built on a dynamic of shared transformation. When the relationship offers a space where each person can show themselves without excessive protection or over-control, pleasure becomes powerful, committed and deeply experienced. Intimacy then takes the form of a shared journey, where the bond is strengthened as it confronts what is intense or uncomfortable.

The challenge is not to contain the intensity, but to let the bond transform it. When emotional depth becomes rigid in exclusivity or tension, pleasure can close off. Integration

then consists of allowing intensity to flow in trust, without freezing in the fear of loss or the need to control.

Venus in Scorpio thus invites us to experience pleasure as an intense, engaging and transformative experience, which finds its rightful place when it is anchored in a bond capable of embracing depth without closing in on itself.

With Venus in Sagittarius, pleasure arises from a spirit of openness and shared meaning. It awakens when the relationship offers a perspective, a horizon, a dynamic that transcends the immediate everyday. Emotional openness comes through the feeling that the bond allows one to grow, explore and connect with something greater.

In intimacy, Venus in Sagittarius needs inner freedom and consistency with its values in order to feel secure. Pleasure flows when the relationship does not confine, but supports the impulse to discover, enthusiasm and the possibility of remaining true to what makes sense. Intimacy is then nourished by lively, sincere and inspiring sharing.

The emotional bond is built around a shared or compatible vision. When the relationship allows for the expression of ideals, convictions and deep aspirations, pleasure naturally becomes expansive and joyful. The bond gains depth when it supports exploration rather than restricting it.

The challenge is not to limit momentum, but to anchor it in presence. When pleasure is projected solely towards an ideal or elsewhere, it can become detached from the experience itself. Integration then consists of allowing

openness to nourish the bond without losing touch with what is truly shared.

Venus in Sagittarius thus invites us to experience pleasure as an open, enthusiastic and meaningful experience, which finds its rightful place when it connects expansion with a sincere presence in the relationship.

With Venus in Capricorn, pleasure is part of the duration and reliability of the bond. It does not reveal itself immediately, but is built gradually, as the relationship offers clear reference points, continuity and consistency over time. Emotional openness comes through the feeling that the bond is solid and worthy of commitment.

In intimacy, Venus in Capricorn needs security through stability in order to feel confident. Pleasure awakens when the relationship is experienced as a reliable space, where words and actions are aligned. It is not immediate intensity that reassures here, but the constancy and persistence of the bond.

The emotional bond is built through gradual commitment. When the relationship allows you to move forward step by step, without rushing or pressure, pleasure gains depth and intensity. Intimacy is strengthened by repeated gestures, the keeping of implicit promises and the recognition of time as an ally.

The challenge is not to force openness, but to let pleasure unfold at its own pace. When the bond becomes too conditioned by control or the expectation of absolute guarantees, pleasure can be excessively restrained.

Integration then consists of recognising that emotional security can also deepen through lived experience, without waiting for everything to be perfectly assured.

Venus in Capricorn thus invites us to experience pleasure as a patient, structured and lasting experience, which finds its rightful place when it is anchored in a reliable bond while remaining open to sensitivity and sharing.

With Venus in Aquarius, pleasure arises in a space of shared freedom. It awakens when the relationship allows each person to remain themselves, without constraints or emotional assignments. Opening the heart comes through the feeling that the bond respects inner autonomy and does not require giving up one's uniqueness.

In intimacy, Venus in Aquarius needs breathing space and just the right amount of distance to feel secure. Pleasure flows when the relationship allows for exchange, friendship, sharing of ideas and a complicity that is not based solely on emotional fusion. Intimacy is then built on mutual recognition of each person's individuality.

The emotional bond develops in a dynamic of free reciprocity. When the relationship allows for equality, respect for differences and the flow of impulses without appropriation, pleasure becomes fluid, lively and inventive. The bond gains depth when it is based on renewed choice rather than implicit obligation.

The challenge is not to strengthen attachment, but to allow the bond to exist without freezing it. When freedom

becomes a protection against emotional commitment, pleasure can be kept at a distance from the experience. Integration then consists of recognising that relational freedom can include vulnerability without losing its integrity.

Venus in Aquarius thus invites us to experience pleasure as an open, egalitarian and conscious relational experience, which finds its rightful place when it connects inner autonomy with real presence in the bond.

With Venus in Pisces, pleasure is experienced with sensitivity and empathy. It does not arise from a structured or clearly defined exchange, but from an overall feeling, an atmosphere, a subtle communion with the other person. Emotional openness comes through a sense of continuity between oneself and the relationship.

In intimacy, Venus in Pisces needs gentleness and emotional resonance to feel secure. The pleasure- s awakens when the relationship allows one to let oneself be touched without defences, in a climate of kindness, acceptance and tacit understanding. The body and heart open up when separation seems to fade away in favour of a feeling of unity.

The emotional bond takes the form of a sensitive fusion. When the relationship offers a space where emotions can flow freely, without being named or rationalised, pleasure becomes enveloping, inspired and deeply connected. Intimacy is then experienced as an immersion in a shared

space, rather than a structured exchange between two distinct individuals.

The challenge is not to intensify the fusion, but to give it a conscious form. When the bond remains too diffuse or undifferentiated, pleasure can become diluted or lose its bearings. Integration then consists of recognising that union can be experienced without erasing the boundaries necessary for an embodied presence.

Venus in Pisces thus invites us to experience pleasure as an empathetic, inspired and unifying experience, which finds its accuracy when it connects the fusion of feelings to a conscious presence in the relationship.

Appendix C: The Moon in sign

With the Moon in Aries, emotional security is linked to the immediacy of the emotional response. A sense of security arises when emotions can be felt and expressed without delay, without prolonged waiting or excessive restraint. Attachment is experienced through movement, responsiveness and the feeling of being alive in the exchange.

In intimacy, the Moon in Aries needs emotional spontaneity to feel confident. The body relaxes when impulses are direct, feelings can be expressed immediately, and the atmosphere does not inhibit emotional impulses. Any excessive waiting or perceived restraint can trigger a form of inner insecurity.

Emotional memory is marked by the intensity of the moment. Experiences are recorded as vivid reactions, rapid impulses, immediate responses to what is felt. In intimacy, this memory can manifest itself in a need for clear and quick responses to prevent emotion from turning into tension or withdrawal.

The challenge is not to slow down the emotion, but to provide a space where it can be expressed without conflict. When the emotional impulse is welcomed without being contained or judged, the Moon in Aries can access a simple and direct sense of security. Conversely, when emotion feels hindered, the body may react by closing down or becoming defensively agitated.

The Moon in Aries thus invites us to experience intimacy as a space of immediate presence, where emotional security arises from the possibility of being oneself, here and now, without having to defer or justify what one feels.

With the Moon in Taurus, emotional security is built on stability and continuity. A sense of security arises when the emotional environment is predictable, constant and free from abruptness. Attachment is rooted in what lasts, repeats itself and can be felt as reliable over time.

In intimacy, the Moon in Taurus needs calm and regularity to feel confident. The body relaxes when the rhythm is steady, the gestures are familiar, and the bond does not impose haste or sudden change. Emotional closeness deepens when the experience can be savoured without urgency.

Emotional memory is primarily sensory. It records the feelings of comfort, gentleness and security experienced in the relationship. These memories are integrated slowly but permanently, forming an inner foundation on which intimacy can be built. What has been experienced as soothing tends to be sought out again.

The challenge is not to accelerate the emotional process, but to respect the time needed for integration. When experiences are imposed too quickly or the framework becomes unstable, inner security can be undermined. Conversely, when the bond offers reassuring continuity, it becomes possible to let go without fear.

The Moon in Taurus thus invites us to experience intimacy as a space of anchoring and physical presence, where emotional security is built slowly, steadily and faithfully on what is felt to be nourishing.

With the Moon in Gemini, emotional security is built through the circulation of feelings. A sense of security arises when emotions can be understood, named or shared in the form of words, exchanges or stories. Attachment develops through intellectual connection and the possibility of freely discussing what is being experienced.

In intimacy, the Moon in Gemini needs communication and relational flexibility to feel confident. The body relaxes when the atmosphere allows for exchange, mutual curiosity and emotional mobility. Closeness becomes reassuring when it leaves room for speech and understanding rather than silent emotional immersion.

Emotional memory is organised mainly in the form of ideas, words and associations. Experiences are recorded through what has been said, understood or recounted. In intimacy, this can translate into a need to make sense of what is being felt before being able to let go completely.

The challenge is not to deepen the emotion through density, but to let the emotion flow without freezing. When communication is interrupted or the atmosphere becomes too heavy, inner security can be undermined. Conversely, when communication flows freely, attachment can be experienced with lightness and continuity.

The Moon in Gemini thus invites us to experience intimacy as a space for lively exchange, where emotional security arises from mutual understanding and the freedom to put words to what is felt.

With the Moon in Cancer, emotional security is based on the feeling of being welcomed and protected. The fundamental need is for an emotional space where feelings can be expressed without fear, in an atmosphere of gentleness, closeness and continuity.

In intimacy, the Moon in Cancer needs emotional warmth and familiarity to feel secure. The body opens up when the relationship evokes a refuge, a place where it is possible to relax, let go and feel connected without threat. Closeness becomes reassuring when it is marked by care and delicacy.

Emotional memory is deeply affective and contextual. It retains traces of experiences lived in intimacy, family ties, gestures of protection or, conversely, situations perceived as insecure. In intimacy, the body can thus react to old resonances, sometimes with no apparent connection to the present.

The challenge is not to protect oneself further, but to recognise the need for inner refuge. When the emotional environment is unstable or overly stimulating, the sense of security can be undermined. Conversely, when the bond offers a reassuring framework, it becomes possible to let go without withdrawal or excessive vigilance.

The Moon in Cancer thus invites us to experience intimacy as a space of comfort and emotional continuity, where emotional security allows the body and heart to open up with confidence.

With the Moon in Leo, emotional security is linked to the feeling of being recognised and welcomed in one's emotional expression. The fundamental need is for a space where emotion can be freely expressed, without being minimised or ignored, and where the presence of the other confirms the value of the bond experienced.

In intimacy, the Moon in Leo needs relational warmth and emotional recognition to feel confident. The body relaxes when emotional expression is received with attention, valued by the presence of the other and integrated into a lively dynamic of sharing. Closeness becomes reassuring when it allows one to feel fully seen and chosen.

Emotional memory retains above all those experiences where the opening of the heart has been recognised. Moments of intimacy associated with appreciation, shared generosity and the free expression of feelings leave a lasting impression. Conversely, situations where emotion has been ignored or minimised can undermine the sense of inner security.

The challenge is not to seek admiration, but to recognise the need for recognition. When this need is met without excess or rejection, surrender becomes possible. When recognition is lacking, sensitivity can protect itself by

creating emotional distance, even if the desire for connection is present.

The Moon in Leo thus invites us to experience intimacy as a warm and lively space, where emotional security arises from mutual recognition and the freedom to express what is felt with the heart.

With the Moon in Virgo, emotional security is built on inner clarity and emotional order. A sense of security arises when emotions can be understood, located and integrated into a clear framework. Attachment develops when the bond offers precise reference points and consistency between what is felt and what is experienced.

In intimacy, the Moon in Virgo needs simplicity and reliability to feel confident. The body relaxes when the atmosphere is clear, without emotional outbursts or confusion. The right gestures, concrete attentions and consistency in daily life contribute directly to the feeling of security.

Emotional memory is selective and functional. It mainly retains experiences related to usefulness, service rendered, and situations where emotion has found a concrete form of expression. In intimacy, this memory-ports a need for precision: knowing where one stands, what is expected, what is possible.

The challenge is not to control emotion, but to provide it with a reassuring framework. When the environment becomes unclear, unpredictable or overly emotionally

charged, inner security can be undermined. Conversely, when the bond is experienced as clear and structured, it becomes possible to let go without worry.

The Moon in Virgo thus invites us to experience intimacy as a space for attentive adjustment, where emotional security arises from clarity, simplicity and attention to the details of the relationship.

With the Moon in Libra, emotional security is linked to the balance of the relationship. A feeling of security arises when the relationship is experienced as fair, peaceful and free of open tensions. Attachment is built in a climate of reciprocity, where each person feels recognised and taken into account.

In private, the Moon in Libra needs peace in relationships and gentle exchanges to feel confident. The body relaxes when the atmosphere is harmonious, when gestures and words do not create emotional dissonance, and when closeness is not imposed by force. Security comes from the quality of the shared environment.

Emotional memory retains above all experiences associated with harmony, the beauty of connection, and the absence of conflict or . Moments when communication has been fluid, balanced, and respectful leave a lasting impression. Conversely, situations of tension, rejection, or imbalance can undermine the sense of inner security.

The challenge is not to avoid confrontation altogether, but to preserve harmony without effacing oneself. When the

need for balance becomes an excessive constraint, emotion can be contained or silenced. Integration then consists of recognising that emotional security can include the measured expression of disagreements, without breaking the bond.

The Moon in Libra thus invites us to experience intimacy as a space of agreement and delicacy, where emotional security arises from reciprocity, mutual respect and the quality of the relational climate.

With the Moon in Scorpio, emotional security is based on the intensity of the bond and the depth of shared experiences. A feeling of safety arises when emotions can be experienced fully, without being watered down or kept at a distance. Attachment is built on the feeling that the bond can accommodate what is strong, sensitive or vulnerable.

In intimacy, the Moon in Scorpio needs emotional truth and affective commitment to feel secure. The body relaxes when the relationship allows feelings to be explored deeply, without superficiality or avoidance. Closeness becomes reassuring when it allows intense emotions to be explored without breaking the bond.

Emotional memory retains above all experiences of crisis, transformation and regeneration. Intimate experiences leave a lasting impression when they have allowed for a real emotional journey. Conversely, situations perceived as ambiguous, hidden or unacknowledged can trigger inner vigilance.

The challenge is not to amplify the intensity, but to provide a safe space for it. When emotional depth is experienced without a sense of trust, security can be undermined. Integration then consists of recognising that surrender is possible when the intensity is supported by a reliable and conscious presence.

The Moon in Scorpio thus invites us to experience intimacy as a space of shared transformation, where emotional security arises from the ability of the bond to withstand intensity without breaking.

With the Moon in Sagittarius, emotional security is linked to inner space and freedom of movement. A sense of safety arises when emotion can breathe, expand and connect to a broader perspective. Attachment is built on the feeling that the bond supports the impulse to explore rather than constraining it.

In intimacy, the Moon in Sagittarius needs emotional freedom and shared meaning to feel secure. The body relaxes when the relationship allows for the expression of enthusiasm, curiosity and deep aspirations, without confining emotion within overly narrow, un e frameworks. Closeness becomes reassuring when it opens horizons rather than closing them.

Emotional memory retains experiences associated with inspiration and broadening one's vision. Moments of intimacy are integrated when they nurture a sense of growth, consistency with values, and connection to something greater than oneself.

The challenge is not to flee from attachment, but to allow emotion to remain alive. When the bond becomes too restrictive or meaningless, inner security can be undermined. Integration then consists of recognising that letting go is possible when the relationship respects the need for openness and evolution.

The Moon in Sagittarius thus invites us to experience intimacy as a space for conscious expansion, where emotional security arises from inner freedom and the sharing of a meaningful direction.

With the Moon in Capricorn, emotional security is built through inner stability and control of the emotional framework. A sense of security arises when the emotional environment is structured, predictable and contained. Attachment develops over time, as the bond proves its strength and constancy.

In intimacy, the Moon in Capricorn needs time and clear guidelines to feel confident. The body relaxes when the relationship does not require immediate emotional exposure and respects a gradual pace. Closeness becomes reassuring when it is part of a reliable commitment rather than the intensity of the moment.

Emotional memory retains experiences associated with endurance, sustained effort and responsibility. Situations where emotions have been contained, worked through and integrated without overflowing leave a lasting impression. Conversely, contexts perceived as unstable or unpredictable can undermine feelings of inner security.

The challenge is not to deny emotion, but to provide a framework in which it can be integrated without overwhelming us. When a relationship allows for gradual emotional expression that respects inner boundaries, it becomes possible to let go without losing control. Security is strengthened when the bond proves its reliability over time.

The Moon in Capricorn thus invites us to experience intimacy as a space of built trust, where emotional security arises from the strength of the bond, continuity, and the recognition of time as an ally.

With the Moon in Aquarius, emotional security is based on inner freedom and emotional non-appropriation. A feeling of safety arises when emotions can be experienced without constraint, without demands for conformity or fusion. Attachment is built in a space where everyone can remain fully themselves.

In intimacy, the Moon in Aquarius needs just the right amount of distance and emotional autonomy to feel confident. The body relaxes when the relationship does not impose a rigid emotional framework and respects the uniqueness of feelings. Closeness becomes reassuring when it leaves room for air, breathing and the freedom to be different.

Emotional memory retains above all experiences related to authenticity and respect for individuality. Situations where emotions could be experienced without pressure, without roles to play or implicit expectations, leave a soothing

impression. Conversely, contexts perceived as restrictive or normative can trigger a protective withdrawal.

The challenge is not to create distance, but to recognise the need for space as a condition for security. When the relationship accepts that attachment does not necessarily involve emotional fusion or repetition, letting go becomes possible. Inner security is strengthened when the bond respects emotional autonomy.

The Moon in Aquarius thus invites us to experience intimacy as a space for free and conscious encounter, where emotional security arises from mutual respect, equality and the possibility of being connected without being confined.

With the Moon in Pisces, emotional security is based on the ability to blend into a caring and empathetic atmosphere. The feeling of safety arises from emotional freedom when emotions can flow freely, without rigid boundaries, in a climate of gentleness and tacit understanding. Attachment is built through the feeling of being connected, welcomed and understood beyond words.

In intimacy, the Moon in Pisces needs emotional resonance and delicacy to feel confident. The body relaxes when the emotional environment is peaceful, inspiring and free of aggression. Closeness becomes reassuring when it allows one to surrender to feelings without having to constantly protect or define oneself.

Emotional memory is diffuse and imbued with atmospheres. It retains traces of emotional states experienced, shared atmospheres and moments of sensitive communion. In intimacy, the body can thus react strongly to emotional climates, even subtle ones, without their origin being clearly identifiable.

The challenge is not to cut oneself off from sensitivity, but to maintain a conscious presence in the fusion. When emotion becomes too overwhelming or undifferentiated, inner security can be undermined. Integration then consists of recognising that surrender is possible without dissolution, and that gentleness can coexist with implicit boundaries.

The Moon in Pisces thus invites us to experience intimacy as a space of sensitive communion, where emotional security arises from kindness, empathy and the ability to surrender without losing oneself.

Appendix D: The Sun in sign

With the Sun in Aries, identity is experienced as a direct and committed presence. The feeling of existence arises in the moment when one can be oneself without detours, without restraint or prior justification. Inner recognition comes through the experience of a lively impulse that can express itself freely.

In intimacy, the Sun in Aries needs to feel chosen and welcomed in its movement. Presence is strengthened when personal momentum is recognised as it manifests itself, without being held back or questioned. Being desired, here, means being allowed to exist fully, without having to slow down or restrain oneself in order to preserve the bond.

The intimate relationship activates a dynamic of immediate visibility. When the other responds to the presence without excessive hesitation, the identity feels confirmed. Conversely, doubt, prolonged waiting or indecision can be experienced as a distancing from existence itself, not as a simple relational adjustment.

The challenge is not to impose one's presence, but to feel it recognised without struggle. When recognition is absent or ambiguous, presence can become tense, assert itself defensively or withdraw abruptly. Integration then consists of allowing identity to remain alive without having to prove itself.

The Sun in Aries thus invites us to experience intimacy as a space of frank and immediate presence, where identity can shine without delay, and where recognition manifests itself by welcoming the impulse as it is, here and now.

With the Sun in Taurus, identity is experienced in continuity and stability. The feeling of existing arises when presence can be established over time, without haste or constant questioning. Inner recognition is based on the feeling of being accepted as one is, in a relationship that threatens neither consistency nor personal anchoring.

In intimacy, the Sun in Taurus needs to feel recognised in its constancy. Being desired does not mean being constantly sought after, but being chosen for the long term. Presence is strengthened when the bond offers a form of reliability, regularity and simplicity, allowing identity to relax without fear of rupture or instability.

The intimate relationship here involves a dynamic of value and identity security. When presence is recognised in its calm way of existing, trust naturally develops. Conversely, sudden changes, unpredictability or repeated questioning can be experienced as undermining the feeling of having a legitimate place in the relationship.

The challenge is not to become rigid in permanence, but to feel secure enough to remain present. When recognition is absent or unstable, identity can withdraw, not through emotional withdrawal, but to preserve inner balance. Integration then consists of allowing presence to remain open without having to protect oneself by closing off.

The Sun in Taurus thus invites us to experience intimacy as a space of calm and lasting recognition, where identity can take root, unfold and shine without urgency, carried by the confidence that the bond can accommodate slowness, constancy and fidelity to oneself.

With the Sun in Gemini, identity is experienced through exchange and circulation. The feeling of existence arises when presence can be expressed, shared, heard and recognised in dialogue. Recognition comes less through constancy or fusion than through the quality of the living bond between two interacting consciousnesses.

In intimacy, the Sun in Gemini needs to feel recognised in its words. Here, being desired means being listened to, taken into account, welcomed in what is expressed spontaneously. When the exchange is fluid, presence is strengthened; when words are ignored, frozen or judged, identity can feel sidelined.

The intimate relationship then becomes a space for mental and relational mirroring. Recognition is not only played out in gestures or silences, but in the other person's ability to respond, to revive, to keep the bond flowing. The other person's gaze supports identity when it validates the legitimacy of what is expressed, even in its lightness or mobility.

The challenge is not to scatter oneself in the exchange, but to feel fully present in what is being shared. When recognition is absent, identity can fragment, disperse or

withdraw inwardly, not out of disinterest, but out of a lack of resonance. Integration then consists of allowing speech to be a place of anchoring rather than a simple movement.

The Sun in Gemini thus invites us to experience intimacy as a space of living recognition, where identity unfolds in the relationship, carried by exchange, mutual curiosity and freedom of speech. Presence finds its stability not in fixity, but in the quality of the bond that renews itself without breaking.

With the Sun in Cancer, identity is built around a sense of belonging. Feeling that one exists requires having a clear, secure and recognised emotional place in the intimate relationship. Presence is not experienced through exposure or external affirmation, but through the possibility of being accepted as one is, with one's sensitivity and vulnerability.

In intimacy, the Sun in Cancer needs to feel chosen in a lasting way. Recognition is not played out in the intensity of desire at a given moment, but in the continuity of the bond. Being desired here means being important, mattering to the other person, being integrated into their affective and emotional world. When this continuity is perceived, presence relaxes and can open up fully.

The solar identity thrives on a climate of trust. When the intimate environment is perceived as stable and protective, the Sun in Cancer can shine with gentleness and simplicity. Conversely, when the bond seems uncertain, changeable or threatening, the identity may withdraw, not because of

a lack of desire, but because of a need to preserve essential inner security.

Recognition then comes through signs of emotional reliability. Gestures, attentions and the memory of the bond carry more weight here than spectacular displays. Feeling recognised means feeling that the other person remembers, takes into account, protects the bond and values it in the long term.

The challenge is not to close oneself off in order to protect oneself, but to recognise one's own sensitivity as a foundation of identity. When this sensitivity is welcomed without judgement, one's presence becomes more confident. Intimacy ceases to be a place of vigilance and becomes a space where identity can settle without fear.

The Sun in Cancer thus invites us to experience intimacy as a place where identity takes root. Presence is affirmed there through fidelity to the bond, emotional continuity and the silent but profound recognition of what unites us. Identity finds its strength not in exposure, but in the inner certainty of having a secure place in the other's heart.

With the Sun in Leo, identity is experienced through radiance in intimate relationships. To exist fully is to be seen, recognised and desired in one's uniqueness. Presence seeks not only security or continuity, but also the inner confirmation that who we are matters, touches and has value in the eyes of the other.

In intimacy, the Sun in Leo needs to feel visibly chosen. Recognition is not only about the constancy of the bond, but also about the quality of the gaze directed at them. Being desired means being looked at with admiration, respect and warmth. When this recognition is present, the presence becomes expansive, confident and generous.

The solar identity is expressed through the need to shine without justification. The Sun in Leo does not seek to dominate, but to exist fully in the exchange. When intimacy allows for this free and confident expression, desire flows naturally. Conversely, when recognition is absent or ambiguous, the identity can become tense, seeking either to over-assert itself or to withdraw to protect its dignity.

Vulnerability is a central issue here. Opening up intimately exposes one's self-image. The Sun in Leo may then hesitate between showing its light or hiding it for fear of not being accepted. Pride becomes a protection when recognition is lacking, not out of arrogance, but out of a need to preserve fragile self-esteem.

Integrating the Sun in Leo means recognising one's value regardless of the intensity of the outside gaze. When identity no longer depends entirely on the validation of others, one's presence becomes simpler. Radiance becomes natural, without excessive expectations, and intimacy ceases to be a place of identity testing.

The Sun in Leo thus invites us to experience intimacy as a space for mutual recognition. The relationship then becomes a place where each person can shine without

eclipsing the other, where desire supports identity rather than testing it. Presence is asserted with warmth, dignity and confidence, carried by the inner certainty of having one's own value, recognised but not conditioned by the gaze of others.

With the Sun in Virgo, identity is built through the feeling of being fair, useful and legitimate in the intimate relationship. To exist fully requires the ability to contribute something concrete, reliable and careful. Presence does not seek to impose itself or shine, but to be recognised for its relevance, quality and accuracy.

In private, the Sun in Virgo needs to feel at home. Recognition is less about admiration than about feeling useful, respected and taken into account in the details of everyday relationships. Being desired here means being recognised for what one brings, for the attention one pays, for the ability to adjust one's presence to the needs of others.

Solar identity is expressed through constant inner vigilance. The gaze cast upon oneself is demanding. Every gesture, every intimate reaction can become a point of silent evaluation. When intimacy is experienced in a climate of trust, this demand nourishes the quality of the relationship. When it is fragile, it can turn into self-criticism or excessive restraint.

The vulnerability of the Sun in Virgo lies in the fear of not being good enough. Intimate exposure can trigger a discreet but deep doubt: is it enough? Is it right? Is it

appropriate? When this doubt dominates, one's presence can become cautious, restrained, sometimes distant, not because of a lack of desire, but because of a fear of doing wrong or disturbing others.

Integrating the Sun in Virgo means recognising its value beyond perfection. When identity no longer depends solely on absolute correctness or constant usefulness, presence becomes more relaxed. Intimacy then becomes a space where one can be imperfect, spontaneous, simply present, without having to constantly adjust or correct oneself.

The Sun in Virgo thus invites us to experience intimacy as a place of sober and sincere recognition. The relationship supports identity when it welcomes presence as it is, without subjecting it to a constant demand for perfection. Desire can then flow more freely, carried by an attentive, humble presence that is deeply committed to the quality of the bond rather than the fear of error.

With the Sun in Libra, identity is built within the relationship. To exist fully requires the feeling of being recognised through agreement, exchange and reciprocity. Presence is not asserted through solitude or raw self-assertion, but through the ability to feel right and legitimate within a balanced bond.

In intimacy, the Sun in Libra needs to feel recognised in the eyes of the other. Recognition takes the form of harmonious dialogue, mutual listening, and an atmosphere where everyone feels valued. Being desired here means

being chosen in a reciprocal movement, where one does not take precedence over the other.

The solar identity is expressed through a constant search for adjustment. Each intimate interaction becomes a space where the balance of the relationship is assessed: am I respected? Does the other person have their place? Are we in agreement? When this balance is perceived, presence unfolds gently and confidently. When it is weakened, discomfort can arise, often silently.

The vulnerability of the Sun in Libra lies in the fear of breaking harmony. Identity can then become diluted in the desire to preserve the bond, at the risk of silencing one's own needs. Withdrawal or indecision do not reflect a lack of desire, but an inner hesitation between asserting oneself and maintaining the relationship.

Integrating the Sun in Libra means recognising that true harmony includes self-assertion. When identity no longer depends exclusively on the approval or consensus of others, one's presence becomes more stable. Intimacy ceases to be a constant exercise in adjustment and becomes a space for authentic encounter.

The Sun in Libra thus invites us to experience intimacy as a place of mutual recognition. The relationship supports identity when it allows each person to exist without denying themselves. Desire then flows in a climate of fairness and respect, where agreement is not achieved at the cost of self-effacement, but through the mutual recognition of two distinct and connected presences.

With the Sun in Scorpio, identity is built on the intensity of the bond. To exist fully means feeling committed, involved and recognised in a relationship that goes beyond the surface. Presence is not satisfied with a partial or agreed exchange: it needs depth, truth and real contact with what is essential.

In intimacy, the Sun in Scorpio needs to feel recognised in its entirety. Here, being desired means being accepted beyond appearances, including in one's sensitive, vulnerable or contradictory areas. Recognition does not come through social spotlighting, but through the feeling that the other person sees and accepts what is usually hidden.

Solar identity is expressed through a need for inner consistency. Any intimate relationship becomes a space of truth where masks come off. When the bond allows for this authenticity, the presence intensifies and stabilises. When intimacy remains superficial or avoids sensitive areas, identity can close off, not through lack of desire, but through a protective instinct.

The vulnerability of the Sun in Scorpio lies in the fear of being betrayed or exposed. Opening up intimately involves a real risk: that of losing control over what is precious. When this risk is poorly contained, presence can become distrustful, reserved or overly vigilant. This withdrawal is not emotional distance, but an attempt to preserve inner integrity.

Integrating the Sun in Scorpio means recognising that strength of identity does not come from control, but from the ability to navigate intimacy without losing oneself. When identity accepts to reveal itself without seeking protection through control or secrecy, the presence gains quiet power. Intimacy then becomes a place of shared transformation rather than a field of defence.

The Sun in Scorpio thus invites us to experience intimacy as a space for deep commitment. The relationship supports identity when it allows for a true encounter, without pretence, where desire is rooted in trust and loyalty. Presence asserts itself with intensity, carried by the certainty that the depth of the bond is not a threat, but a place of recognition and regeneration.

With the Sun in Sagittarius, identity is built around meaning and inner drive. To exist fully in an intimate relationship means feeling free to be oneself, aligned with one's values and recognised in one's worldview. The presence of the Sun in Sagittarius is not experienced in fusion or constraint, but in a space where one can breathe, grow and remain faithful to what gives meaning to one's life.

In intimacy, the Sun in Sagittarius needs to feel recognised in its inner freedom. Here, being desired means being chosen without being confined, welcomed without being limited. Recognition comes through respect for personal space, through the possibility of sharing convictions, aspirations and a common direction without renouncing one's own truth.

Solar identity is expressed through the need for a shared horizon. An intimate relationship becomes a place of expansion when it supports a vision, a project or a quest for meaning. When the bond is reduced to emotional or security issues without a broader perspective, the presence can become strained, not through a lack of desire, but through a feeling of inner suffocation.

The vulnerability of the Sun in Sagittarius lies in the fear of losing one's freedom or coherence. Committing oneself intimately can give rise to the fear of being limited, judged or constrained in one's impulses. In such moments, presence can become distant, elusive or excessively idealising, as if to preserve a vital inner space.

Integrating the Sun in Sagittarius means recognising that true freedom can be experienced within a relationship. When identity no longer pits commitment against autonomy, presence becomes more stable. Intimacy ceases to be perceived as a hindrance and becomes a space where meaning can be shared, embodied and nurtured by both partners.

The Sun in Sagittarius thus invites us to experience intimacy as a shared journey. The relationship supports identity when it allows each person to remain true to their quest while moving forward together. Desire then flows in a climate of trust, carried by the joy of exploring, understanding and growing without losing one's inner integrity.

With the Sun in Capricorn, identity is built on the duration and reliability of the bond. To exist fully in intimacy means feeling recognised for one's commitment, constancy and ability to endure over time. Presence is not experienced in the immediate moment, but in the solidity of what is built and maintained despite trials and tribulations.

In intimacy, the Sun in Capricorn needs to feel legitimate. Here, being desired means being respected, taken seriously, and recognised for one's deep value. Recognition does not come through spectacular displays, but through the trust given, the stability of the bond, and the feeling that the commitment is mutual and lasting.

The solar identity is expressed through a keen sense of relational responsibility. The intimate relationship becomes a space where one shows oneself to be reliable, present, capable of assuming the bond without shirking. When this reliability is recognised, the presence relaxes and can open up with sobriety and depth. When it is questioned, the identity may close up, not out of coldness, but out of a need to preserve its inner dignity.

The vulnerability of the Sun in Capricorn lies in the fear of not being recognised for one's commitment. Intimacy then exposes a silent doubt: is what I give seen, respected, considered? When this doubt sets in, one's presence can become distant or overly controlled, as if to avoid damaging one's identity.

Integrating the Sun in Capricorn means recognising that personal value does not depend solely on effort or restraint. When the identity accepts to show itself without constantly having to prove its solidity, the presence gains in simplicity. Intimacy then becomes a space where one can be serious without being closed, committed without being rigid.

The Sun in Capricorn thus invites us to experience intimacy as a place of shared construction. The relationship supports identity when it recognises patience, fidelity and depth of commitment. Desire then flows in a climate of quiet confidence, carried by the certainty that the bond is based on solid foundations that respect each person's inner time.

With the Sun in Aquarius, identity is built on the freedom to be oneself within the bond. To exist fully in intimacy means feeling recognised in one's uniqueness, without having to conform to predefined expectations. The presence of the Sun in Aquarius is not experienced in fusion or dependence, but in a relational space that respects inner autonomy.

In intimacy, the Sun in Aquarius needs to feel recognised in its difference. Being desired here means being accepted as one is, with one's ideas, vision and unique way of relating. Recognition does not come through emotional exclusivity or possession, but through respect for personal rhythm and independence of thought.

Solar identity is expressed through a need for non-restrictive bonds. Intimate relationships become a place of exchange and sharing when they allow each person to remain free internally. When the bond is perceived as limiting, normative or overly laden with implicit expectations, the presence may become distant, not through a lack of desire, but through a need to preserve personal integrity.

The vulnerability of the Sun in Aquarius lies in the fear of losing autonomy in the relationship. Committing intimately can bring up the fear of being locked into a role, function or fixed definition. In these moments, the presence can become detached or intellectual, as if to maintain a protective distance from the emotional.

The integration of the Sun in Aquarius consists in recognising that inner freedom can coexist with emotional commitment. When identity no longer opposes connection and autonomy, presence becomes more embodied. Intimacy ceases to be experienced as a constraint and becomes a space where each person's uniqueness can be expressed without being lost.

The Sun in Aquarius thus invites us to experience intimacy as a place of recognition of uniqueness. The relationship supports identity when it allows us to be connected without being captive, committed without being limited. Desire then flows in a climate of mutual respect, carried by the confidence that each person's freedom is not a threat to the bond, but a condition of its vitality.

With the Sun in Pisces, identity is built on the porosity of the bond. To exist fully in intimacy means feeling recognised in one's sensitivity, receptivity and ability to open up without hardening. Presence is not experienced through self-affirmation or clear self-definition, but through a quality of welcome and inner availability.

In intimacy, the Sun in Pisces needs to feel recognised in its vulnerability. Here, being desired means being welcomed without the demand for immediate clarity, without the obligation to define or fix oneself. Recognition comes through the gentleness of the bond, through the absence of judgement and through the possibility of existing in a space where one can be swept away by changing emotions without being questioned.

Solar identity is expressed through a sensitive and empathetic presence. The intimate relationship becomes a place of union when the other is perceived as a safe space, capable of containing inner movements without constraining them. When this security is absent, the presence can dissolve, withdraw or merge with that of the other, not through lack of desire, but through difficulty in maintaining clear boundaries.

The vulnerability of the Sun in Pisces lies in the fear of losing oneself in the bond. Opening up intimately exposes one to the risk of confusion between oneself and the other. When this risk is not recognised, identity can become blurred, hesitant, or take refuge in avoidance. This distance is not rejection, but an attempt to preserve a minimum of inner coherence.

Integrating the Sun in Pisces means recognising that sensitivity does not exclude the existence of boundaries. When identity accepts itself without dissolving, presence gains stability. Intimacy then becomes a space for conscious communion rather than a place of sacrifice or erasure.

The Sun in Pisces thus invites us to experience intimacy as a space of shared compassion. The relationship supports identity when it allows us to be present without defining ourselves, connected without losing ourselves. Desire then flows in an atmosphere of gentleness and trust, carried by the silent recognition of a sensitive, open and deeply human presence.

Appendix E: Mercury in sign

With Mercury in Aries, words arise in the moment. What is thought immediately seeks to be said. In intimacy, expression does not come through restraint or gradual elaboration, but through spontaneous, direct, sometimes abrupt formulation. Speaking becomes a way of existing in the relationship.

Communication comes from an inner impulse. Desire, agreement or refusal are expressed as soon as they are felt, without detours or prior preparation. This immediacy allows for great clarity: the other person quickly knows where they stand. It limits what is left unsaid, but can be surprising when the other person's emotional rhythm is slower.

In intimacy, Mercury in Aries favours frankness over caution. Words are chosen for their effectiveness rather than their gentleness. Speech seeks to initiate movement, to start an exchange, sometimes to provoke a reaction. When received without defence, it can be invigorating and liberating. When perceived as too quick or too blunt, it can be experienced as intrusive.

Expressing desire with Mercury in Aries means stating it as it is, without preparation. There is no implicit expectation of a response, but rather an affirmation of what is going through one's mind. These words gain accuracy when they are connected to listening to the other person, so that the impulse does not become unintentional pressure.

Saying no is generally easier than keeping quiet. Refusal is expressed clearly, sometimes bluntly, not out of rejection of the other person, but out of a need to preserve the inner coherence of the moment. The challenge then is to add a form of presence to the clarity, so that the no is not perceived as a break in the relationship.

The vulnerability of Mercury in Aries lies in the difficulty of slowing down speech. When emotions are running high, words can precede listening. In these moments, communication benefits from being mindful, so that expression remains a sharing and not a forceful imposition.

The integration of Mercury in Aries consists of recognising that spontaneity does not exclude relationship. When verbal momentum is accompanied by attention to the other person's rhythm, speech becomes a living, clear and respectful act.

Mercury in Aries thus invites direct and lively intimate communication. The relationship is then nourished by words that dare to say, initiate and clarify, while learning to give the other person the space they need to respond freely to what is expressed.

With Mercury in Taurus, speech is rooted in security. In intimacy, what is expressed needs time to form internally before it can be said. Communication does not spring forth in the moment: it matures, stabilises, and then is expressed when one feels sufficiently sure of what is being felt.

Expressing what one is experiencing requires a calm and reliable environment. Words flow more easily when the atmosphere is calm, without urgency or pressure. Exchanges that are too rapid, insistent questions or sudden changes in tone can block expression, not because of a refusal to communicate, but because of a need to preserve inner continuity.

In private, Mercury in Taurus favours consistency over spontaneity. Words are chosen carefully, sometimes few in number, but meaningful. What is said is binding, and what is not said is not necessarily hidden: it may simply be in the process of being integrated. Silence is not an escape, but a necessary time for elaboration.

Expressing desire with Mercury in Taurus means feeling that it is firmly established. The impulse is expressed when it is stable enough to be assumed without fear. When it comes, this expression is often clear, calm and reassuring. It gains in accuracy when it is not rushed by the expectations of the other person.

Saying no can be more difficult than keeping quiet. When the boundary is not yet fully recognised internally, it can remain implicit. The body or attitude then takes over from words. The challenge is to dare to put this withdrawal into words, in order to avoid misunderstandings associated with prolonged silence.

The vulnerability of Mercury in Taurus lies in the fear of upsetting the balance. Saying something that could destabilise the relationship may be held back for too long.

In these moments, communication benefits from being accompanied by a simple statement: saying that you need time is already a form of clarity.

Integrating Mercury in Taurus means recognising that relational security can also come through speech. When expression no longer threatens inner stability, communication becomes more fluid, without losing its depth.

Mercury in Taurus thus invites calm and embodied intimate communication. The relationship is then nourished by rare but reliable words and a meaningful silence that does not exclude the other person, but prepares for a more accurate and grounded exchange.

With Mercury in Gemini, communication is a constant movement. In intimacy, words flow easily, spontaneously, sometimes continuously. Expressing what is being experienced involves exchange, putting things into words, lively dialogue. Thinking and speaking are often simultaneous: talking allows us to clarify what we are feeling.

The intimate relationship becomes a space for conversation. The bond is nourished by questions, sharing, and verbal confidences. Desire, doubt, or discomfort are more easily expressed when they can be discussed. Prolonged silence can be experienced as a break or a loss of connection, not out of fear of emptiness, but out of a need to maintain a mental and relational connection.

In intimacy, Mercury in Gemini favours exchange over silent depth. Words are used to explore, test and understand what is happening between oneself and the other. This flexibility allows delicate subjects to be approached with lightness, but can also lead to remaining on the surface if the exchange replaces feelings rather than accompanying them.

Expressing desire with Mercury in Gemini often involves words. Desire is evoked, commented on, suggested. It can take the form of a verbal game, an allusion, an expressed curiosity. This way of expressing oneself opens up the space for intimacy when it remains connected to the body and emotion, without limiting itself to ideas or discourse.

Saying no can be expressed in roundabout ways. Rather than stating a clear refusal, Mercury in Gemini can multiply explanations, justifications or changes of subject. The challenge then is to recognise when words are used to avoid a clear boundary, and to dare to simply name what is not available.

The vulnerability of Mercury in Gemini lies in the dispersion of speech. When too many words circulate without emotional anchoring, the other person may feel lost or insecure. In these moments, communication benefits from slowing down, so that what is said can be truly felt and integrated.

The integration of Mercury in Gemini consists of connecting words to presence. When words are used to

accompany the experience rather than replace it, communication becomes fluid, lively and adjusted.

Mercury in Gemini thus invites open and mobile intimate communication. The relationship is nourished by a lively, curious and adaptive exchange, provided that speech remains connected to feeling and that silence can also have its place without breaking the bond.

With Mercury in Cancer, speech is closely linked to emotional security. In intimacy, what is said is never neutral: words carry an emotional charge, whether conscious or not. Communication opens up when the climate is perceived as protective; it closes as soon as the relationship seems threatened.

Mercury in Cancer expresses what is experienced through feelings and memory. Speaking often evokes a past experience, a familiar emotion, a memory that echoes the present situation. Speech does not seek to explain, but to connect. It aims to create emotional continuity, a reassuring thread between oneself and the other.

In intimacy, speech serves to verify the security of the bond. What is said, and especially how it is received, confirms or undermines the feeling of being welcomed. A response perceived as cold, distant or abrupt can cause withdrawal, not out of a refusal to communicate, but out of a protective instinct.

Expressing desire with Mercury in Cancer requires an atmosphere of trust. Desire is rarely expressed directly. It

manifests itself through signs, attentions, gestures, or indirect words that test the other person's emotional availability. When security is present, speech becomes more fluid and committed.

Saying no is often delicate. Refusal may be withheld, softened, or delayed to avoid hurting or breaking the bond. When no is not clearly stated, it may be expressed through withdrawal, moodiness, or emotionally charged silence.

With Mercury in Cancer, silence is rarely empty. It is often filled with unspoken emotions, implicit expectations or reactivated memories. This silence becomes problematic when it is interpreted as a lack of connection rather than as an inner protection.

The integration of Mercury in Cancer consists of securing speech. When emotions can be named without fear of rejection, communication becomes a space for repair and reconciliation. Saying what is felt, even with restraint, prevents emotional memory from turning silence into misunderstanding.

Mercury in Cancer thus invites gentle, grounded, protective speech. Intimate communication that respects emotional rhythms, recognises the sensitivity of the bond and transforms speech into a refuge rather than a zone of risk.

With Mercury in Leo, speech directly touches on recognition and self-presence in intimate relationships. What is said engages identity: to speak is to show oneself,

to be heard, to exist fully in the exchange. Communication becomes a space where the unspoken question is played out: am I seen, am I recognised in what I express?

In intimacy, Mercury in Leo seeks lively and embodied speech. Words are not only informative; they carry a charge of presence. Expressing a desire, a need or a limit is tantamount to exposing oneself. When speech is welcomed, it reinforces the feeling of belonging. When it is ignored, minimised or interrupted, it can cause inner withdrawal.

Expressing desire with Mercury in Leo often implies feeling desired in return. Words flow easily when the exchange confirms mutual recognition. Conversely, a lack of response, a lack of listening or silence perceived as indifference can directly affect self-esteem and inhibit expression.

Saying no can be tricky, not because of an inability to set boundaries, but because refusal can be experienced as an attack on the relationship. When no is not clearly stated, it can be expressed through dramatisation, distancing, or emotionally charged speech, intended to restore some form of recognition.

With Mercury in Leo, silence is rarely neutral. It can be experienced as exclusion or a loss of visibility in the relationship. This silence becomes a source of tension when it is interpreted as disinterest rather than a simple momentary withdrawal.

Integrating Mercury in Leo involves dissociating speech from validation. When speech can be expressed without depending on the other person's reaction, communication becomes more accurate. It then becomes possible to say what is present without seeking to shine or protect oneself.

Mercury in Leo thus invites warm, confident, but unconditional speech. It is intimate communication where self-expression nourishes the bond without demanding constant recognition in return, and where being heard becomes a space for sharing rather than an identity issue.

With Mercury in Virgo, intimate communication is organised around the need for clarity, precision and accuracy. What is said is primarily aimed at understanding, adjusting and avoiding grey areas where misunderstandings can arise. In relationships, speech seeks to be useful, coherent and reassuring through its very structure.

Expressing a desire, a need or a limit often requires careful wording. Before speaking, an internal sorting process takes place: is it relevant, is it accurate, is it the right time? This caution protects the relationship from emotional excesses, but can also delay expression, leaving certain things implicit for longer than necessary.

Expressing desire with Mercury in Virgo can take the form of attention to detail. It is not always direct speech, but an observation, a suggestion, a subtle adjustment. The risk is that the other person will not perceive what is implied, especially if the expectation is that understanding will occur without having to name it explicitly.

Saying no is often easier than saying yes. The boundary is clear when it is identified internally, but it can be expressed in a very rational way, sometimes at the expense of the emotional dimension. No protects balance, but can be perceived as cold if it is not accompanied by putting feelings into words.

In intimate relationships, Mercury in Virgo may seek to improve what is not working. Speech then becomes corrective: explaining, adjusting, clarifying. When this approach is shared, it supports the relationship. When it is experienced as constant analysis, it can be perceived as distancing or implicit questioning.

Silence, with Mercury in Virgo, often arises when words seem inadequate or incomplete. Rather than saying something awkward, it is sometimes preferable to remain silent, waiting until things become clearer. This silence can be soothing, but it can also be interpreted as withdrawal if the context is not made explicit.

Integrating Mercury in Virgo into an intimate relationship means letting go of the need for perfection in speech. It means accepting that saying something imperfectly is often better than not saying anything at all, and that intimacy is nourished as much by sincerity as by precision.

Mercury in Virgo thus invites sober, attentive and conscious communication, where speech supports the bond without constantly seeking to correct it, and where expression becomes a space for lively adjustment rather than an exercise in control.

With Mercury in Libra, intimate communication seeks above all balance and reciprocity. Speech is constructed through dialogue, through attention to the other person, and through a concern for preserving a harmonious relationship. What is said is often weighed, nuanced, and adjusted so as not to hurt or upset the balance of the relationship.

Expressing desire or need involves finding the right form. Words are chosen carefully in order to remain respectful, open and non-constraining. This delicacy promotes an atmosphere of trust, but it can also make expression less direct. The risk is that the message becomes diluted in nuance, leaving the other person uncertain about what is really expected or felt.

Saying no can be a sensitive issue. Refusal is rarely expressed directly, as it can be perceived as a disruption of harmony. It sometimes takes the form of a compromise, a postponement or an expression of hesitation. When no is not clearly stated, misunderstandings can arise, with each person thinking they are preserving the balance when in fact there is a lack of clarity.

In intimate relationships, Mercury in Libra seeks to maintain a fluid relational space. Speech becomes a tool for regulation: easing tension, re-establishing dialogue, restoring balance where emotions are running high. This ability supports the bond when it allows for mutual listening, but it can become limiting if it systematically avoids the expression of real disagreement.

Silence often arises when words might disturb the harmony. It can be experienced as a pause for reflection, but also as a way of putting aside what is disturbing. If this silence is not shared or explained, it can be interpreted as emotional withdrawal rather than a relational precaution.

Integrating Mercury in Libra into an intimate relationship means accepting that harmony does not come solely from avoiding tension, but also from consciously working through it. Saying what is, even if it creates a slight temporary imbalance, often allows for a deeper and more authentic harmony to be restored.

Mercury in Libra thus invites communication based on reciprocity and accuracy, where words connect without erasing, and where clarity becomes a form of mutual respect rather than a threat to the bond.

With Mercury in Scorpio, intimate communication takes place in depth, through implication and emotional truth. Words are never insignificant: they engage, they probe, they set in motion what is buried. This spoken rarely touches the surface; it goes straight to the heart of the experience, sometimes directly, sometimes through meaningful silences.

In intimacy, expressing a desire or a need often amounts to exposing something vulnerable. Words are chosen for their accuracy, but also for their power to transform. There may be initial restraint, not because there is nothing to say, but because what is felt is intense and requires a safe

environment in which to be expressed. Until trust is fully established, certain thoughts remain unspoken, observed, and mulled over internally.

Saying no is rarely easy. Refusal engages a profound dimension of the exchange, as it can be experienced as a breaking of ties or emotional distancing. When no is not clearly expressed, it can manifest itself in other ways: through withdrawal, intensified silence, or diffuse tension. These indirect forms often speak louder than words, but they also expose us to misunderstandings.

Mercury's words in Scorpio can be incisive when they emerge. They do not seek to spare feelings, but to tell the truth. In an intimate setting, this can lead to powerful, healing exchanges that can dissolve old unspoken issues. But if these words come without preparation, they can be perceived as intrusive or destabilising, especially when they bring to light something the other person was not ready to face.

Silence plays a central role here. It is not empty, but inhabited. It serves to observe, to feel, to gauge the significance of what could be said. When this silence is shared and understood, it supports the depth of the bond. When it is interpreted as withdrawal or deliberate restraint, it can generate anxiety or a feeling of being left out.

Integrating Mercury in Scorpio into an intimate relationship means recognising that clarity is not always immediate, but that it benefits from being conscious. Expressing what you feel, even intensely, prevents words

from becoming a place of unconscious power or control. Naming things honestly, without seeking to test or provoke, opens up a space for mutual transformation.

Mercury in Scorpio thus invites true, deep and committed communication, where words are used neither to mask nor to dominate, but to work through together what needs to be brought to light.

With Mercury in Sagittarius, intimate communication spontaneously focuses on meaning, global vision and inner coherence. What is said seeks less to describe precisely what is being experienced than to give it a broader meaning. In relationships, words serve to signify, illuminate and connect experience to values, orientation and a broader understanding of what is at stake.

Expressing a desire, a need or a difficulty often involves putting things into perspective. It may be more natural to talk about what the relationship represents, what it opens up or questions, than to name immediate feelings or concrete details. This way of speaking creates a climate of momentum and openness, but it can sometimes leave the other person in the dark if the words remain too general or too idealised.

Saying no takes on a dimension of meaning here. Refusal is rarely expressed in a closed manner; it is often accompanied by an explanation, a principle, or a broader reason. This can help preserve the bond and avoid misunderstandings, but it can also give the impression that the no is negotiable or temporary, when it is not really. It

then becomes essential to clarify what is a matter of principle and what is a matter of the moment.

Mercury's speech in Sagittarius is carried by sincerity. It tends to be direct, frank, sometimes spontaneous, with a desire to remain honest. In private, this frankness can be liberating, as it avoids implicit games. But it also requires restraint, because a truth expressed without attention to the emotional context can hurt, even when it is meant to be constructive.

Silence is often less familiar than speech. When it appears, it can reflect a moment of doubt, a loss of meaning, or a difficulty in formulating a clear vision. In these moments, communication benefits from returning to simple, concrete words, anchored in the present, so as not to leave the other person facing a distance that is difficult to interpret.

Integrating Mercury in Sagittarius into an intimate relationship means connecting meaning to lived experience. Naming values, aspirations, and direction is valuable, provided that we do not bypass what is being felt in the here and now. When vision and listening to the present moment are in harmony, words become a true support for the bond.

Mercury in Sagittarius thus invites open, sincere and growth-oriented communication, where words are used to broaden the relationship without losing touch with each person's emotional reality.

With Mercury in Capricorn, intimate communication is organised around restraint, responsibility and time. What is said is binding. Words are not spoken lightly, as they are perceived as having consequences. In relationships, speech is less about relieving the moment than about preserving lasting consistency. It is often more natural to remain silent than to speak too soon or imprecisely.

Expressing a desire or a need requires inner maturity. Before being articulated, what is being experienced is evaluated: is it legitimate, appropriate, sustainable over time? This inner requirement can give the other person the impression of distance or coldness, when in fact it is mainly a concern for accuracy and reliability. Speaking becomes a deliberate, thoughtful act, rarely impulsive.

Saying no is generally easier than saying yes. Refusal is expressed clearly, sometimes concisely, without unnecessary detours or un . It aims to protect the integrity of the relationship as much as one's own. On the other hand, saying yes can take more time, as it implies a real commitment. A promise made must be kept over time, which makes any promise internally demanding.

Mercury in Capricorn often speaks soberly. It avoids emotional excesses, grand declarations or vague formulations. In private, this sobriety can be reassuring, as it creates a stable framework. But it can also leave the other person waiting for a more explicit sign of presence or emotional resonance. Learning to simply name what is there, without dramatisation but without withdrawal, then becomes essential.

Silence plays an important role. It can be a space for reflection and inner consolidation, rather than disengagement. However, when it is not shared or explained, it can be interpreted as closed-mindedness. Putting into words the need for time or perspective can help avoid unnecessary misunderstandings.

Integrating Mercury in Capricorn into an intimate relationship means recognising that words are a fundamental commitment. Say little, but say it truthfully. Speak when necessary, without putting it off indefinitely. When restraint is combined with simple clarity, communication becomes a pillar of trust, capable of sustaining the bond over time.

Mercury in Capricorn thus invites responsible, grounded, structured speech, where respect for each person's inner time allows intimacy to develop without haste or rigidity.

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Mercury in Capricorn often speaks soberly. It avoids emotional excesses, grand declarations or vague formulations. In private, this sobriety can be reassuring, as it creates a stable framework. But it can also leave gaps, leaving the other person waiting for a more explicit sign of presence or emotional resonance. Learning to simply name what is there, without dramatisation but without withdrawal, then becomes essential.

Silence plays an important role. It can be a space for reflection and inner consolidation, rather than disengagement. However, when it is not shared or explained, it can be interpreted as closure. Putting into words the need for time or distance can help avoid unnecessary misunderstandings.

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When restraint is combined with simple clarity, communication becomes a pillar of trust, capable of sustaining the bond over time.

Mercury in Capricorn thus invites responsible, grounded, structured speech, where respect for each person's inner time allows intimacy to develop without haste or rigidity.

With Mercury in Aquarius, intimate communication plays out in the realm of inner freedom and the accuracy of the bond. Here, speaking is not a means of coming closer through fusion, but a way of staying in touch without losing oneself. Speech aims above all to preserve each person's autonomy, to create a space where two individuals can exchange without constraint or emotional pressure.

Expressing what is being experienced often involves distanced, sometimes offbeat formulations that seek to take a step back from the experience. It may be more natural to talk about ideas, principles or visions than raw emotions. This detour is not a refusal of intimacy, but a way of not feeling trapped in an overly heavy emotional burden. Putting what is happening into words allows us to clarify, understand and become more aware of the relationship.

Expressing desire can take an indirect form. It is often expressed as a suggestion or an opening, never as an expectation or an implicit request. This way of speaking gives the other person a great deal of freedom to respond, but can also create a grey area if it is not made explicit.

The other person may hesitate about what is really wanted, as the words avoid any form of pressure.

Saying no is generally simpler. Refusal is expressed in the name of personal freedom, without excessive guilt. It protects one's inner space and reminds us that relationships should not be built at the cost of giving up one's self. However, when no is expressed in too abstract or detached a manner, it can be experienced as impersonal rejection. Putting a few words to the underlying feelings helps to maintain the warmth of the relationship.

With Mercury in Aquarius, silence is not necessarily a withdrawal. It may correspond to a need for distance, mental breathing space, or a moment when the relationship is thought about rather than felt. When this silence is not named, it can be misinterpreted. Simply saying the word "space" or "time" prevents the other person from projecting disinterest onto it.

Integrating Mercury in Aquarius into intimacy means learning to connect freedom and presence. Speech benefits from remaining clear, even when it is unconventional. Saying what is there, without taking refuge solely in ideas or principles, allows the relationship to remain alive, flexible, and respectful of each person's needs.

Mercury in Aquarius thus invites communication that liberates rather than binds, that enlightens without confining, and that makes exchange a space of air, awareness and mutual respect.

With Mercury in Pisces, intimate communication takes place primarily on a sensitive, implicit and intuitive level. Words are not always the main vehicle for exchange. What is experienced often comes through silence, looks, atmospheres, gestures, or a shared emotional tone. Mutual understanding arises more from resonance than from precise formulation.

Expressing what is present internally can be tricky. Feelings are numerous, shifting, and sometimes difficult to distinguish from one another. Putting clear words to an emotion or need requires a special effort, because the inner experience is global, diffuse, and rarely divided into clear categories. There may then be a tendency to suggest rather than say, to hope that the other person will feel or understand without the need for explanation.

Expressing desire often takes the form of availability, openness, or surrendering to the moment. Desire is not always named as such, but manifests itself through a gentle presence, attention, and welcome. This way of communicating creates an enveloping atmosphere, but it can also leave the other person in uncertainty if they are expecting more explicit cues. Desire exists, but it circulates in a subtle, sometimes silent way.

Saying no is one of the sensitive points of this position. Refusal can be avoided for fear of hurting, disrupting harmony or causing suffering. When it is not clearly expressed, saying no manifests itself in other ways: through distance, fatigue, confusion or a form of emotional withdrawal. Learning to say no gently, without

dissolving into empathy, preserves both the relationship and personal integrity.

Silence, with Mercury in Pisces, is rarely empty. It is charged with perceptions, emotions and inner movements. When shared consciously, it can be deeply connected and nourishing. When filled with unspoken expectations or fear of speaking, it can become a source of misunderstanding. Putting a few simple words to what is being experienced helps to clarify without breaking the delicate bond.

Integrating Mercury in Pisces into intimacy means learning to connect intuition and clarity. It is not a question of rationalising the experience, but of offering words that are simple enough to be shared without losing their meaning. Saying what you feel, even in an imperfectly way, allows the other person to enter your sensitive world without having to guess.

Mercury in Pisces thus invites compassionate and inspired communication, where words support the relationship without ever overwhelming the subtlety of the inner experience.

Appendix F: Jupiter in sign

With Jupiter in Aries, desire is allowed to exist through immediate impulse. Inner permission does not come through prolonged reflection or external validation, but through the intimate feeling that it is right to act when a movement arises. Desire finds its meaning in initiative, in daring to manifest itself without waiting for the context to be perfectly secure.

In intimacy, this position promotes a relationship with desire that is experienced as a fundamental right. Desire does not need to be justified by a long history, an established framework or a promise of permanence. The impulse is legitimate because it is felt to be alive. When this permission is respected, desire is expressed with frankness and spontaneity, without ulterior motives or guilt.

The sense of connection is then built through shared action. It is not so much the projection into the future that fuels expansion, but the immediate experience of a common movement. Desire is strengthened when it can be experienced as a present, clear, assumed commitment, rather than as a deferred expectation.

When this permission is hindered, desire can clash with inner frustration. Not because it is excessive, but because it cannot find space to assert itself freely. Doubt can then arise: do I have the right to initiate? To express? To want now? These questions do not stem from a lack of desire, but from a limitation of its inner permission.

Jupiter in Aries invites us to recognise that desire can be meaningful as soon as it arises. It reminds us that impulse is not necessarily escapism or immaturity, but sometimes the right way to relate to life and to others.

When this dynamic is integrated, desire becomes a force for confident expansion. It does not seek to dominate or convince, but to open up a living space where initiative, assumed and shared, becomes a source of relational growth.

With Jupiter in Taurus, the inner permission of desire is rooted in security and continuity. Desire is experienced as legitimate when it can be part of a stable, tangible framework that respects the rhythms of the body and time. Expansion does not come through immediate risk-taking, but through the gradual trust placed in what lasts.

In intimacy, desire is allowed when it is felt to be nourishing. It needs reliable ground to unfold: a regular presence, emotional consistency, a feeling of constancy. Pleasure and momentum find their meaning when they can be welcomed without haste, in a climate where nothing is snatched or forced.

The bond becomes meaningful when it can be built step by step. Jupiter in Taurus supports expansion through inner accumulation: each experience strengthens confidence, each commitment kept broadens the ability to open up further. Desire deepens as it stabilises, rather than renewing itself without anchorage.

When this inner permission is weakened, desire can close off. Not because of a lack of momentum, but out of fear of losing what has already been gained. Expansion is then conditioned by fear of loss or instability, which can slow down the expression of desire without extinguishing it.

This position invites us to recognise that desire can grow through fidelity. Expansion is not necessarily synonymous with outward movement; it can be experienced as a deepening, an intensification of the bond over time.

When integrated, Jupiter in Taurus allows desire to fully express itself when it is embodied, respectful of the body and of time. Meaning then arises from lived continuity, and the bond becomes a space of quiet abundance, where expansion is measured by the quality of presence rather than the intensity of impulses.

With Jupiter in Gemini, the inner permission of desire comes through speech, exchange and the circulation of meaning. Desire is allowed when it can be named, shared, put into words, without being frozen in a single definition. It is not a stable truth that legitimises the impulse, but the possibility of circulating it, of exploring it through dialogue.

In intimacy, desire finds its rightful place when it can be expressed freely. Talking about what is felt, asking questions, adjusting mutual understanding, nourishes inner expansion. The bond becomes meaningful when it remains open, alive, capable of evolving through exchange.

Expansion does not come through emotional intensity, but through inner mobility. Every conversation, every clarification, every perspective allows desire to unfold without becoming rigid. Expansion is experienced through flexibility, through the ability to welcome multiple points of view without having to make a definitive decision.

When this permission is weakened, desire can become scattered. Not because it lacks depth, but because it is constantly seeking new support to express itself. Integration then consists in recognising that diversity of expression does not exclude continuity of connection.

When integrated, Jupiter in Gemini allows desire to expand through mutual understanding. Meaning arises from the lively circulation of words and ideas, and intimacy becomes a space for shared exploration, where desire is renewed without being lost.

With Jupiter in Cancer, the inner permission for desire is built on emotional connection and a sense of security. Desire allows itself when it can exist in a protective space, where vulnerability is not exposed but welcomed. It is not the impulse itself that gives meaning to the experience, but the quality of the emotional container in which it can unfold.

In intimacy, desire expands when it is connected to a sense of belonging. Feeling at home in the bond, recognised in one's sensitivity, allows the impulse to relax and deepen. Expansion comes through emotional continuity, through

the confidence that what is shared will not be rushed or threatened.

Meaning is not constructed through external exploration, but through the deepening of inner experience. Desire gains legitimacy when it is part of a history, a shared memory, a reassuring relational framework. It expands by taking care of what has been touched, by honouring the needs for protection and reassurance.

When this permission is undermined, desire can close up. Not because of a lack of momentum, but because of a fear of emotional exposure. Integration then consists of recognising that expansion does not require us to abandon our sensitivity, but to offer it a sufficiently safe framework in which it can open up.

When integrated, Jupiter in Cancer allows desire to grow gently and faithfully within the bond. Meaning arises from the ability to contain, welcome and connect the impulse to a shared emotional security, making intimacy a space for protective and deeply humanising growth.

With Jupiter in Leo, the inner permission for desire is built on the right to exist fully within the relationship. Desire is allowed when it can be experienced without hiding, without minimising oneself, in a mutual recognition of each other's value. It is not exhibitionism that nourishes and expands, but the intimate feeling of having a legitimate and recognised place.

In intimacy, desire expands when it is connected to the joy of being seen and accepted as one is. Feeling chosen, appreciated, and recognised in one's personal expression allows the impulse to become generous rather than defensive. Expansion comes through a warm presence, through the ability to give and receive without justification.

Meaning does not arise from domination or performance, but from consistency between what is felt and what is expressed. Desire finds its legitimacy when it can be expressed wholeheartedly, without having to prove its worth. It expands when it becomes a living sharing, bringing joy and mutual recognition.

When this permission is undermined, desire may seek to overassert itself or, conversely, hold back for fear of not being welcomed. Integration then consists in recognising that expansion does not depend on the gaze of others, but on the ability to inhabit one's own light without imposing it.

When integrated, Jupiter in Leo allows desire to grow in generosity and dignity. Meaning arises from the ability to shine without overwhelming, to offer one's presence as a warmth that brings people together, making intimacy a space where personal momentum becomes a shared and living force.

With Jupiter in Virgo, inner permission for desire is built through accuracy, consistency and respect for real rhythms. Desire is allowed when it can be experienced

without excess or confusion, in a setting where every gesture has meaning and finds its place. Expansion does not come through intensity, but through adjustment.

In intimacy, desire expands when it is connected to a keen awareness of what is present. Taking care of the bond, being attentive to concrete needs, respecting limits and fragilities allows desire to unfold without worry. Trust comes from precision and reliability rather than promises.

Meaning is built on consistency between what is felt and what is done. Desire finds its legitimacy when it is part of a dynamic of mutual service, where each person feels supported by the quality of the other's presence. Expansion then becomes a gradual process, based on continuous improvement rather than the pursuit of a distant ideal.

When this inner permission is weakened, desire can become excessively restrained, for fear of doing wrong or disturbing others. Integration then consists in recognising that desire does not need to be perfect to be right, and that attentive simplicity is already a form of expansion.

When integrated, Jupiter in Virgo allows desire to grow in sobriety and awareness. Meaning arises from the ability to honour small adjustments, to make intimacy a space where precision, respect and care become lasting sources of inner expansion.

With Jupiter in Libra, inner permission for desire is built through relationship and mutual recognition. Desire is allowed when it can be experienced in an atmosphere of

fairness, respect and mutual listening. Expansion does not come through isolated affirmation, but through the ability to feel legitimate within the bond.

In intimacy, desire expands when each person feels valued and recognised in their place. Meaning arises from the quality of the agreement, from the feeling that the impulse is shared and that it creates neither imbalance nor silent constraint. Desire then becomes a space for cooperation rather than a power struggle.

Inner permission is supported by dialogue and the search for common ground. Saying what is right for oneself while allowing the other the freedom to exist allows desire to flow without guilt. Expansion is built on clear communication and awareness of the necessary adjustments.

When this dynamic is weakened, desire can be suspended in anticipation of perfect agreement or diluted by fear of breaking the harmony. Integration then consists of recognising that a living balance sometimes includes taking a stand, and that expressing disagreement can be more appropriate than accommodating silence.

When integrated, Jupiter in Libra allows desire to grow in relational accuracy. Meaning expands when intimacy becomes a place of mutual recognition, where individual momentum and shared connection support each other without cancelling each other out.

With Jupiter in Scorpio, inner permission for desire is built through intensity, depth and the ability to go through what transforms. Desire allows itself when it can go to the end of the experience, without remaining on the surface or settling for watered-down forms. Expansion does not come through accumulation, but through metamorphosis.

In intimacy, meaning arises when the bond allows us to explore what is usually kept at a distance: strong emotions, fears, deep attachments. Desire grows when it is experienced as a process of truth, capable of revealing what was buried and releasing energy that was previously contained.

Inner permission is based on trust in the cycles of loss and renewal. Allowing oneself to desire implies accepting that it can disrupt, challenge and transform established reference points. This movement is not experienced as a threat, but as a necessity for accessing a more authentic relationship.

When this dynamic is hindered, desire can become rigid or be experienced under the sign of control and mistrust. Integration then consists of allowing intensity to flow without closing in on itself, recognising that depth requires neither domination nor constant testing.

When integrated, Jupiter in Scorpio allows desire to expand through conscious transformation. Meaning is renewed when intimacy becomes a space for regeneration, where the vital impulse can die to certain forms in order to be reborn freer, more accurate and more alive.

With Jupiter in Sagittarius, the inner permission of desire is anchored in the search for meaning and in the broadening of lived experience. Desire allows itself when it can be part of a broader perspective, connected to a vision, a value or a global understanding of the relationship.

In intimacy, desire unfolds when it is carried by a fundamental trust. It seeks not only immediate satisfaction, but also an experience that opens, elevates and gives the feeling of moving forward together towards something greater than oneself. The bond nourishes desire when it allows for the sharing of a direction, a quest, a common horizon.

Inner permission is based on the conviction that desire has meaning when it broadens consciousness. Allowing oneself to desire means allowing oneself to explore, to learn, to go beyond known limits without feeling guilty. Intimacy then becomes a space for mutual growth, where each person can remain true to their freedom while participating in a shared adventure.

When this dynamic is weakened, desire can be experienced in excess or idealism, always seeking elsewhere what may already be present. Integration then consists in recognising that meaning is not only found in the distant horizon, but also in the depth of the experience lived here and now.

When integrated, Jupiter in Sagittarius allows desire to expand without dispersing. Intimacy becomes a place of

conscious enthusiasm, where connection nourishes freedom and where the quest for meaning supports a living, confident desire focused on shared expansion.

With Jupiter in Capricorn, the inner permission of desire is part of duration, consistency and a sense of commitment. Desire allows itself when it can be experienced in a reliable framework that brings continuity and inner responsibility. It does not seek immediate expansion, but legitimacy built over time.

In intimacy, desire unfolds when it is based on a feeling of solidity. It needs to know where it is going, to feel that the bond is based on clear and accepted foundations. The relationship nourishes desire when it offers a structure that is stable enough that letting go is not experienced as a risk, but as a conscious choice.

Inner permission is based on the idea that desire becomes right when it is committed. Allowing oneself to desire means accepting its implications, placing it on a trajectory, giving it a real place in life rather than experiencing it as a parenthesis. Intimacy then becomes a space for maturation, where desire is strengthened by constancy and fidelity to the bond.

When this dynamic is weakened, desire can become excessively restrained. It may wait to be perfectly legitimised, secured or justified before expressing itself, at the risk of becoming rigid. Integration then consists of recognising that solidity is not built by indefinitely deferring the impulse, but by allowing it to take shape gradually.

When integrated, Jupiter in Capricorn allows desire to grow with restraint and depth. Intimacy becomes a place where commitment nourishes expansion, where responsibility supports trust, and where desire finds its rightful place by becoming part of a long-term process that brings meaning and stability.

With Jupiter in Aquarius, inner permission for desire comes through freedom, openness and respect for autonomy. Desire allows itself when it can be experienced without rigid constraints, without being confined to fixed roles or models. It needs a space where everyone can remain fully themselves while still being connected.

In intimacy, desire unfolds when it is connected to a broader vision of the bond. It seeks not only fusion or security, but a form of relational fairness based on equality, reciprocity and mutual recognition of singularities. Intimacy comes alive when the bond does not negate inner freedom.

Inner permission is based on the idea that desire is legitimate when it contributes to an evolutionary dynamic. Allowing oneself to desire means accepting that it transforms frameworks, introduces something new and opens up unexpected possibilities. Desire is nourished by the feeling that the relationship is not a repetition, but a space for conscious experimentation.

When this dynamic is weakened, desire can keep its distance. It may fear becoming frozen, losing its freedom,

or being absorbed by implicit expectations. Integration then consists of recognising that relational freedom is not built on avoidance, but on the ability to remain present while remaining free.

When integrated, Jupiter in Aquarius allows desire to expand without dissolving. Intimacy becomes a place of lively cooperation, where the bond supports emancipation rather than dependence, and where desire finds its rightful place by contributing to an open, conscious and forward-looking relationship.

With Jupiter in Pisces, inner permission for desire comes through surrender, trust and the ability to let oneself be carried away by something greater than personal will. Desire allows itself when it can be experienced without excessive control, without having to be justified, explained or directed towards a specific goal. It needs a climate of gentleness and acceptance in order to unfold.

In intimacy, desire connects to a dimension of sensitive fusion. It does not seek form, coherence or performance first and foremost, but emotional resonance and communion. The intimate experience becomes meaningful when it allows us to dissolve the usual boundaries, to feel connected, understood and welcomed unconditionally.

Inner permission here rests on the ability to trust the movement. Desire is experienced as legitimate when it is perceived as a natural expression of life itself, and not as a transgression or a fault. It expands when it can flow freely,

without being constrained by overly rigid frameworks or predefined expectations.

When this dynamic is weakened, desire can become diluted. It can be lost in sacrifice, self-effacement, or confusion between giving and forgetting oneself. Integration then consists of recognising that openness does not imply the disappearance of the self, and that compassion also includes fidelity to one's own feelings.

Integrated, Jupiter in Pisces allows desire to expand into a deeply unifying dimension. Intimacy becomes a space of resonance and shared presence, where desire finds its fulfilment not in control or intensity, but in the ability to love, feel and surrender without losing oneself.

Appendix G: Saturn in sign

With Saturn in Aries, inner restraint lies at the threshold of action. The desire to initiate, to respond immediately, to decide or to move forward is met with a need to control time and momentum. There is a sensitive area between the impulse to act and an inner caution that slows us down, not to prevent us from acting, but to avoid loss of control or rushing into things.

In both private life and relationships, this configuration introduces a particular vigilance in the face of direct assertiveness. The momentum is there, sometimes very strong, but it can be held back by the fear of a poorly controlled confrontation, an overly harsh reaction or a commitment that would exceed what can be sustained over time. Desire does not disappear; it is suspended, contained, kept in a state of tense anticipation.

Saturn in Aries requires learning to find the right rhythm. It is not a question of giving up momentum, but of recognising that every right action needs a moment of silence beforehand. This silence is not inhibition, but an inner space where the impulse can become clear before being translated into action. Action then arises from a conscious choice rather than a reaction.

In intimate relationships, this dynamic can manifest itself in a difficulty in immediately expressing a desire or a refusal. The impulse arises, then is held back, as if it were necessary to verify internally the legitimacy of the act, its scope, its consequences. When this self- al restraint is not

recognised, it can turn into physical or emotional tension, or even contained anger.

Anger, here, acts as a signal. It indicates that the impulse has not found an appropriate outlet. Saturn then invites us to recognise the early signs of this inner surge: contraction, acceleration, agitation. Taking a break, creating a momentary distance, allows the energy to subside and find a more conscious direction.

Saturn in Aries teaches active restraint. It is not a question of blocking energy, but of channelling it. Desire gains accuracy when it is preceded by a period of inner listening. This restraint avoids impulsive commitments and sudden withdrawals, and supports a more stable affirmation over time.

This position also questions the place of boundaries. Recognising the limits of a relational context allows us to discern when momentum can be expressed freely and when it requires some form of restraint. Boundaries are then no longer experienced as a constraint, but as a protection that makes action possible without excess.

When discipline and spontaneity cease to be opposed, another quality of action emerges. Momentum is no longer dispersed or held back by fear. It becomes a simple, determined action, adjusted to the moment. This moment arises in an inner silence, just before movement.

Saturn in Aries thus invites us to recognise the value of this threshold. Where action has not yet been taken, but is

being prepared internally. It is in this silence of imminent action that desire finds a lasting form, capable of entering into the relationship without violence or withdrawal.

With Saturn in Taurus, inner restraint settles in the body, needs and relationship to security. The desire to enjoy, to possess, to savour is very much present, but it is often accompanied by silent vigilance: fear of losing, fear of missing out, difficulty in fully abandoning oneself to pleasure as long as conditions do not seem stable or guaranteed.

In intimacy, this configuration can create a disconnect between the need for sensuality and a deep restraint when it comes to letting go. Desire does not disappear, but it waits. It observes. It goes into standby mode until the inner or relational climate provides a sufficient sense of security. The body then becomes a place of vigilance rather than spontaneous relaxation.

Saturn in Taurus confronts us with the question of value. The value of what is received, the value of what is given, the value of what is shared. When the fear of loss dominates, pleasure can be limited, deferred or reduced to a minimum, as if enjoying it fully might jeopardise a fragile balance. Desire becomes discreet, contained, sometimes unsatisfied, not through lack of desire, but through excessive caution.

This position invites us to recognise that security is not built solely through accumulation or conservation, but through the ability to inhabit the present. True pleasure

does not come from possession, but from paying attention to what is there. Saturn asks us here to consciously slow down: to feel before wanting, to welcome before consuming, to taste before accumulating.

In intimate relationships, this translates into a need for continuity and reliability so that desire can blossom. The body needs time to allow itself to feel. Touch, closeness and sensory exchanges gain depth when they take place over a reassuring period of time. Pleasure does not arise from haste, but from a patient and stable presence.

Saturn in Taurus teaches measured sensuality. Not an impoverished sensuality, but a conscious sensuality, capable of discerning what truly nourishes from what excites without fulfilling. Pleasures then become rarer, but deeper. Each sensation is welcomed as an event, not as consumption.

Silence plays an essential role here. It is in withdrawing from the tumult, in calming excessive demands, that the senses are refined. The body ceases to be on defensive alert and becomes a space of reception. Textures, flavours, scents and sounds regain their nourishing power when experienced without urgency.

When Saturn in Taurus is integrated, desire ceases to chase immediate satisfaction. It takes root. It waits for the right moment. It learns that true pleasure is not a release, but a lasting presence in pleasure. It is in this silence of awakened senses that the body regains its ability to enjoy

without fear, in an inner stability that makes pleasure both deep and peaceful.

With Saturn in Cancer, inner restraint is exercised in the realm of emotional security, attachment and belonging. The desire for connection, closeness and protection is very much present, but it is subject to a requirement for inner stability. Before giving oneself fully or opening up, it becomes necessary to feel that the emotional framework is sufficiently secure and reliable.

In intimacy, this position highlights a cautious approach to expressing emotions. What is felt is not immediately shared. Emotional movements go through a period of silence, withdrawal or introspection in order to be understood and integrated. This silence is not a refusal of connection, but a way of protecting what is sensitive and vulnerable.

Saturn in Cancer confronts us with the fundamental need for inner security. The desire for relationships can only develop sustainably if it is part of an emotional continuity, a feeling of reliability in the bond. When this foundation is present, a deep sense of calm can set in. Silence then becomes one of complete inner satisfaction and fulfilment, a state where emotions find their rightful place without overflowing or causing tension.

This silence is not empty. It corresponds to a feeling of completeness, a feeling of being sufficiently nourished on an emotional level. Emotions are neither stifled nor overwhelming. They flow in a contained, stable and

integrated manner. The intimate relationship can then become a shared refuge, where presence counts as much as words.

When this inner security is not in place, silence can become charged with anxiety or excessive restraint. The desire for protection can take precedence over the momentum of the relationship, and emotional expression may be delayed or contained for fear of losing the fragile balance of the bond. It then becomes important to recognise this need for security rather than denying or compensating for it.

Saturn in Cancer invites gradual emotional maturation. It is not a question of cutting oneself off from sensitivity, but of learning to welcome it with responsibility. Intimate relationships gain depth when each person can recognise their emotional needs without imposing them on the other, and when silence becomes a space for regulation rather than a defensive refuge.

When integrated, Saturn in Cancer allows desire to become part of lasting emotional stability. The bond is no longer based on urgency or fear of loss, but on a quiet presence. Satisfaction then arises from the continuity of the relationship, the care taken to nurture the bond, and the ability to inhabit a safe emotional space together.

The silence of Saturn in Cancer is thus that of calm fulfilment. A fulfilment that does not depend on fusion, but on trust. A fulfilment where desire can settle, renew itself, and become part of time without being exhausted.

With Saturn in Leo, inner restraint plays out in the realm of self-expression, charisma and recognition. The desire to be seen, recognised and fully present in relationships is confronted with a need for accuracy and inner consistency. The impulse to express oneself can only be sustained if it is based on a solid inner foundation.

The silence associated with Saturn in Leo is not a withdrawal. It corresponds to a period of maturation of presence, a necessary retreat to verify the alignment between what seeks to be expressed and what is truly integrated. Intimate expression cannot be immediate or demonstrative: it first requires inner consolidation.

In relationships, this position raises the question of recognition. The desire to be loved, chosen or valued cannot be based solely on the gaze of the other. Saturn in Leo invites us to shift the source of validation inward. When this inner recognition is lacking, expression can become rigid or restrained for fear of not being accepted.

Silence then becomes a space for refocusing. It allows one to experience the value of one's presence independently of external response. This silence prepares for a more accurate expression, less dependent on approval and more stable over time.

When this restraint is integrated, one's radiance gains depth. Expression no longer needs to be forced or demonstrative. It imposes itself naturally, through the coherence between what is experienced internally and

what is shared. The desire for relationship can then manifest itself without excess or withdrawal, in a dignified and contained presence.

Saturn in Leo questions the balance between structure and creativity in intimacy. Excessive control can freeze the expression of desire, while a lack of structure can make it unstable. Maturation comes through accepting a rhythm: allowing what is ready to be expressed to emerge, without haste or excessive restraint.

When this balance is found, silence becomes a vehicle for magnificence. It is no longer a defensive silence, but a full, inhabited silence that precedes or accompanies an aligned expression. Presence then becomes a source of inspiration for the other, without seeking to impose itself.

When integrated, Saturn in Leo allows desire to become part of a creative continuum. Intimate expression no longer depends on fear of rejection or the need to shine, but on a quiet confidence in one's own worth. The bond can then wel , a lively creativity supported by a stable inner structure.

Silence at the zenith of magnificence is thus a silence of maturity. A silence where expression no longer needs to prove itself, because it is based on an inner recognition that has already been acquired.

With Saturn in Virgo, the restraint of desire and relational momentum plays out in the realm of adjustment, accuracy and discernment. The need for purity, clarity and

inner coherence profoundly influences the way intimacy is experienced, expressed and allowed. Desire can only unfold freely if it is perceived as legitimate, appropriate and respectful of a precise inner order.

The silence associated with Saturn in Virgo is not an emotional void. It corresponds to a time of observation, sorting and inner clarification. Before giving oneself over, something must be verified, cleaned up, brought into line with a requirement for accuracy. This silence protects intimacy from confusion, invasion or excess.

In relationships, this position questions the boundary between attention and control. Desire can be held back by fear of doing wrong, of disturbing, of not living up to expectations — or to internal demands. When the demands become too strong, the momentum freezes and intimacy is experienced as silent tension rather than lively circulation.

The silence of Saturn in Virgo then becomes a space for self-observation. It invites us to recognise the mechanisms of inner judgement that inhibit the expression of desire. As long as intimate experience is subject to an ideal standard of purity or perfection, it struggles to unfold naturally.

When this restraint is integrated, the silence changes in nature. It becomes a peaceful silence of discernment, capable of distinguishing the essential from the incidental. Desire can then be expressed in a simple, precise manner, without overload or excessive interpretation. Intimacy gains in sobriety and authenticity.

Saturn in Virgo confronts us with the question of accepting imperfection in relationships. Living desire is never perfectly controlled or totally predictable. Integration comes through accepting this element of imprecision, without experiencing it as a fault or a threat. When imperfection is welcomed, adjustment becomes lively rather than rigid.

The silence of an immaculate psyche is not the absence of emotion, but a clarified presence. It does not seek to suppress inner movements, but to offer them a space where they can be recognised without being judged. This silence allows for attentive intimacy, respectful of each person's rhythm and limits.

When integrated, Saturn in Virgo gives desire an inner stability. It supports conscious intimacy, where attention to detail is not used to control the other person, but to be present to what is really happening. The bond then becomes a space for mutual adjustment, based on clarity, simplicity and respect for life.

The silence of the immaculate psyche is thus a silence of discernment. A silence that does not demand perfection, but allows desire to take on a fair form, stripped of excessive judgement and open to a sober, real and lasting intimacy.

With Saturn in Libra, the restraint of desire and relational momentum is organised around the search for the right agreement. Intimacy can only be fully committed if an inner balance is sensed, if the conditions for real

reciprocity seem possible. Desire does not rush: it observes, it evaluates, it waits for a sufficiently stable relational ground to express itself.

The silence associated with Saturn in Libra is a silence of preliminary adjustment. It corresponds to that moment when nothing has yet been formulated, but much has already been weighed internally. This silence is not an emotional withdrawal, but a conscious suspension, a time given to the relationship for positions to align without constraint.

In intimacy, this position questions the notion of fair commitment. Desire can be held back until an implicit agreement is felt: agreement on the pace, on expectations, on each person's place. What slows down the momentum is not a lack of desire, but the fear of asymmetry, imbalance or relational injustice.

When this restraint is not recognised, it can turn into silent expectation. The bond then remains suspended, fuelled by tacit but unexpressed hopes. Instead of paving the way for understanding, silence becomes a source of frustration or inner loneliness, because the expected adjustment has not been named.

When integrated, Saturn in Libra transforms this silence into a space for the relationship to mature. It allows the conditions for a fair relationship to be clarified, without haste or forced compromise. Desire can then take on a respectful form, conscious of mutual limits and needs.

The silence at the beginning of a cordial agreement is a silence of mutual recognition. It does not seek to avoid conflict at all costs, but to create a space where words can emerge without upsetting the balance of the relationship. This silence paves the way for dialogue based on fairness rather than fear of losing the bond.

Saturn in Libra thus invites us to distinguish between harmony and compromise. Living intimacy does not arise from self-effacement, but from the ability to remain present while respecting the other. When this distinction is integrated, desire can engage without betraying itself, and the relationship gains in solidity.

Silence then becomes a threshold. A threshold where one does not rush, but where one makes oneself available for a real understanding. An understanding that is based neither on implicit expectation nor on sacrifice, but on a conscious, adjusted and shared agreement.

With Saturn in Scorpio, the restraint of desire and commitment is organised around confronting what is unstable, shifting and irreversible. In intimacy, this position introduces an acute awareness of impermanence: nothing is guaranteed, nothing is fixed, and every relationship involves potential loss. Desire cannot therefore be taken lightly. It is approached with gravity, depth and a form of inner vigilance.

The silence associated with Saturn in Scorpio is a threshold silence. It appears where desire touches sensitive areas: attachment, dependence, fear of loss, fear of

dissolving into the bond. This silence is not a refusal of intimacy, but a necessary pause before fully committing to it.

In intimate relationships, Saturn in Scorpio confronts us with the relationship between control and letting go. Desire can be held back as long as the fear of loss or transformation has not been acknowledged. What slows down the momentum is not a lack of intensity, but the awareness that opening up means accepting that we no longer have complete control over what will happen.

When this tension is not integrated, it can result in silent withdrawal. The relationship then becomes a place of implicit mistrust, where intensity is contained, monitored, sometimes held back for fear that it will overflow or radically alter the inner balance. The silence becomes charged, dense, sometimes opaque.

When integrated, Saturn in Scorpio transforms this silence into a space for self-investigation. It allows us to recognise the deep fears associated with attachment, betrayal and finitude. Desire can then be experienced without the need for control, with a clear awareness of what it entails: a journey, not possession.

The silence of the mystery of impermanence is a silence of acceptance. It recognises that all true intimacy involves risk, possible loss, inevitable transformation. When this reality is accepted, desire gains authenticity and depth, without seeking protection behind defensive strategies.

Saturn in Scorpio thus invites lucid intimacy. An intimacy that neither denies intensity nor fear, but passes through them without freezing. The bond then becomes a place of shared transformation, where each person accepts that they will not remain the same.

Silence is no longer a closure, but a passage. A passage to a relationship where desire is neither controlled nor endured, but welcomed as a living movement, conscious of its fragility and power.

With Saturn in Sagittarius, the restraint of desire is organised around the question of meaning. In intimacy, this placement confronts us with an inner demand: desire must have a direction, a coherence, a justification that goes beyond the moment. It is not just a question of living, but of understanding why we commit ourselves, and to what.

The silence associated with Saturn in Sagittarius is a silence of orientation. It appears when desire stops to check its trajectory. Before rushing forward, something within you seeks alignment between your intimate impulse and a broader truth, a value, a vision of the relationship or of life. Desire cannot be fully expressed until it has found this point of inner agreement.

In an intimate relationship, this can translate into restraint in the face of what seems to lack meaning or perspective. Desire is not absent, but it is waiting for clear direction. When it cannot find a symbolic or moral framework to support it, it can be suspended, giving way to a silent distance.

When this requirement becomes too rigid, the bond can become frozen in unquestioned principles. Intimacy then risks being experienced under certain conditions: it must correspond to a correct idea, a correct vision, an idealised form of the relationship. Silence then becomes that of constant verification, where momentum is slowed down by the fear of straying or betraying an inner truth.

When integrated, Saturn in Sagittarius transforms this silence into a space for clarification. It allows us to distinguish inherited beliefs from truly living values, and to relax our demands without renouncing meaning. Desire can then move in a chosen direction, without becoming dogma or moral constraint.

The silence of the archer in the celestial cathedral is a silence of accuracy. It does not aim for immobility, but precision. It recognises that momentum needs a horizon, but that this horizon must remain open, evolving, alive. Desire can then surge forward without getting lost, because it is neither subject to fixed rules nor abandoned to excess.

Saturn in Sagittarius thus invites a focused but not confined intimacy. An intimacy where desire is expressed consciously, connected to a vision of connection, without becoming rigid in definitive certainties. Meaning becomes a support, not a barrier.

Silence is no longer an anxious suspension, but a moment of alignment. A moment when intimate momentum finds its direction, not in constraint, but in lucid confidence in the chosen path.

With Saturn in Capricorn, the restraint of desire is part of a particular relationship with time. In intimacy, this placement introduces a suspension, a voluntary slowing down where desire is not immediately given, but is measured, tested and confronted with duration.

The silence associated with Saturn in Capricorn is a silence of consolidation. It appears when desire pauses to check whether it can stand the test of time, whether it can be part of a real continuity. Before committing fully, something in you seeks inner strength, a foundation stable enough not to dissolve or weaken at the first obstacle.

In an intimate relationship, this can translate into caution in the face of impulses that are too rapid or too idealised. Desire is not denied, but deferred. It waits until it feels that it is based on something reliable: consistency, shared responsibility, an ability to navigate the constraints of reality together.

When this requirement becomes too rigid, intimacy can freeze into excessive restraint. Desire then risks being experienced as a heavy responsibility, or even as a challenge to be mastered, rather than as a living movement. Silence becomes that of a time suspended indefinitely, where momentum is held back for fear of weakening the structure that has been built.

When integrated, Saturn in Capricorn transforms this silence into a space for maturation. It allows desire to take shape without fading away, to become denser without hardening. Time is no longer an obstacle, but an ally: it

gives the bond depth, strength and the ability to endure beyond emotional fluctuations.

The silence of suspended time is not an absence of desire. It is a time of refocusing, where intimate momentum detaches itself from urgency to connect with a form of inner commitment. Desire can then express itself without haste, carried by a calm confidence in the solidity of the bond.

Saturn in Capricorn thus invites a patient intimacy, rooted in reality. An intimacy where desire accepts not getting everything immediately, in order to build itself up ly in conscious continuity. Restraint is no longer a closing off, but a way of preserving what is valuable.

Silence then becomes a foundation. A space where time ceases to press, allowing desire to find its rightful place, not in tension or performance, but in a stable and lasting presence.

With Saturn in Aquarius, the restraint of desire lies at the boundary between freedom and commitment. In intimacy, this placement introduces a time of suspension where the question is not so much about loving or desiring, but about knowing how to remain free while being connected.

The silence associated with Saturn in Aquarius appears at a crossroads. It arises when desire hesitates between the impulse for emancipation and the need to fit into a shared framework. This silence is not an emotional withdrawal, but an inner space for discernment: how far can I go

without losing myself, how far can I commit without feeling trapped?

In intimate relationships, this can translate into vigilance towards forms of attachment that are perceived as restrictive. Desire seeks to remain alive, open, and fluid. It rejects automatisms, imposed roles, and implicit obligations. But at the same time, it feels the need for consistency and a minimal structure so as not to dissolve into abstract freedom.

When this tension is not recognised, intimacy can oscillate between distance and intermittent commitment. Desire draws closer and then withdraws, not because of a lack of interest, but because of the difficulty of reconciling individuality and connection. Silence then becomes that of an inner crossroads where no path seems entirely satisfactory.

When integrated, Saturn in Aquarius transforms this silence into a space for conscious choice. It allows us to redefine the rules of connection rather than suffer or reject them. Desire can then take the form of a freely consented commitment that respects each person's autonomy.

Silence at the crossroads of freedom is not an escape. It is a time of clarification where desire learns to connect without submitting, to commit without becoming rigid. Structure is no longer experienced as an external constraint, but as a chosen, adjustable, evolving framework.

Saturn in Aquarius thus invites an intimacy that is conscious of collective and individual issues. The bond becomes a space of shared responsibility, where each person can remain themselves while contributing to a common construction.

In this silence, desire no longer seeks to oppose or conform to the norm. It explores a third way: that of embodied freedom, capable of fitting into reality without renouncing the essential.

With Saturn in Pisces, the restraint of desire manifests itself in a subtle relationship to time, fusion and limits. In intimacy, this placement confronts us with a delicate question: how to connect deeply without dissolving, how to love without losing oneself.

The silence associated with Saturn in Pisces is that of a moment of eternity. It arises when desire touches something greater than the relationship itself: a need for unity, communion, and transcending the ordinary boundaries of the self. This silence is neither emptiness nor absence, but a suspension of time, a moment when experience seems to escape its usual reference points.

In intimate relationships, this silence can arise when words are no longer enough, when desire is not seeking to be defined but to be felt. The bond is then experienced in a diffuse, sometimes unsettling closeness, where the boundaries between oneself and the other become blurred. Saturn introduces a need for discernment here: recognising

what is a matter of deep sharing and what is a matter of confusion of roles.

When this restraint is not integrated, desire can be lost in the undefined. It can be accompanied by a feeling of vagueness, silent waiting or implicit sacrifice, as if intimacy required merging entirely with the other or with the relationship. Silence then becomes charged, not with peace, but with a gradual erasure of the self.

When integrated, Saturn in Pisces gives desire a rare depth. It teaches us to set limits where everything seems to want to dissolve, not to close off the experience, but to make it livable. Silence becomes a space of conscious presence, where unity does not erase singularity.

The silence of a moment of eternity then allows us to enjoy an intimacy stripped of excessive projections. Desire no longer needs to be fulfilled or explained. It can exist as an inner movement, connected to something larger, without losing its anchor in reality.

Saturn in Pisces invites us to recognise that true fusion is not the disappearance of boundaries, but their conscious crossing. In this restraint, desire finds a form of wisdom: that of remaining open, sensitive and connected, while remaining embodied and present.

Intimacy then becomes a place of shared contemplation, where silence is no longer an escape, but an encounter.

Appendix H: Ascendant in sign

With an Ascendant in Aries, relationships are entered into with momentum. Contact is established instantly, without detours, as if the encounter called for an immediate response. The approach is direct, frank, driven by the need to feel that something is starting, that the bond is taking shape through initiative rather than waiting.

In intimacy, this relational posture manifests itself in a movement towards the other, sometimes even before the situation has been fully assessed. The relationship opens through action, through a gesture, a word or a presence that engages. It is not a quest for domination or self-assertion for its own sake, but an instinctive way of verifying that the bond is alive.

The Ascendant in Aries often gives the other person the impression of great confidence from the very first contact. This impression can create an expectation of consistency in momentum or immediate clarity in commitment. However, what is going on internally may be more nuanced. The spontaneity of the first movement does not prejudice the duration or depth of the bond.

This way of entering into a relationship can sometimes lead to misalignment. The other person may feel drawn into a fast pace, even though the inner adjustment has not yet been made. Conversely, the absence of an immediate response may be experienced as a hindrance or disagreement, when in fact it is simply a matter of a different timing.

Recognising the Aries Ascendant in intimate relationships helps us understand that the first move is primarily aimed at creating a lively connection. It is a relational threshold based on momentum, not on the projection of a definitive direction.

When this dynamic is consciously integrated, entering into a relationship becomes more accurate. The momentum can then be adjusted, slowed down if necessary, without losing its strength. The bond ceases to be a race and becomes a space where initiative meets receptivity.

The Ascendant in Aries thus shows a way of opening up the relationship through movement and immediate engagement. It invites us to recognise that this initial impulse is not an injunction to go faster and faster, but a unique way of saying to the other person: the bond can begin now.

With an Ascendant in Taurus, the way to enter into a relationship is through presence and continuity. The bond is not established in haste, but through a gradual approach, where time plays an essential role. The relationship begins when trust can take root, when contact becomes tangible, stable, perceptible in the body as well as in the exchange.

In intimacy, this relational posture manifests itself in a reassuring manner. The first contact is often marked by a form of calm, restraint, even silence, which allows the other person to feel that they can settle in without urgency. The relationship opens up through constancy, through the

repetition of simple gestures, through a reliable presence rather than through sudden declarations or impulses.

The Ascendant in Taurus gives the other person an immediate impression of solidity. This perception can create an expectation of lasting stability, as if the bond, once established, should no longer be questioned. However, this initial slowness does not exclude desire or depth; it simply reflects an instinctive way of verifying that the relationship is based on something real and sustainable.

This way of entering into a relationship can sometimes cause misunderstandings. The other person may interpret the initial reserve as a lack of interest, when in fact it is a necessary period of time to assess whether the bond can last. Conversely, rapid changes or unpredictable movements can be experienced as destabilising, not because of a refusal to commit, but because of a need for continuity.

Recognising the Taurus Ascendant in intimate relationships helps us understand that the first step in a relationship is primarily about securing the bond. It is a threshold based on gradually building trust, not on immediate intensity.

When this dynamic is consciously integrated, entering into a relationship becomes more fluid. Stability ceases to be inertia and becomes a living support, capable of welcoming change without losing its anchorage. The

relationship can then develop at its own pace, respecting the need for continuity while leaving room for movement.

The Ascendant in Taurus thus shows a way of opening up the relationship through rootedness and presence. It reminds us that, for some, the bond begins when something can be felt, shared and built over time.

With an Ascendant in Gemini, the way to enter into a relationship is through mental contact and exchange. The bond opens up through speech, a curious gaze, a question asked or a word shared. The relationship often begins with a flow of ideas, a setting of attention in motion, as if the first relational threshold must first be crossed through communication.

In intimacy, this posture manifests itself in a light, mobile, adaptable approach. The first contact seeks to establish common ground through conversation, humour, and spontaneous exchange. The relationship rarely begins in prolonged silence; it needs a back-and-forth, a lively dialogue that allows you to feel if something is flowing between the two of you.

The Gemini Ascendant gives others the impression of great relational availability. This openness can be perceived as an ease in forming bonds, sometimes even as immediate closeness. However, this initial movement does not presume the depth of the commitment: it corresponds above all to an instinctive, way of testing the relationship through speech and intellectual reciprocity.

This way of entering into a relationship can lead to misunderstandings. The other person may believe that the bond has already been established when it is still in the exploratory phase. Conversely, an expectation of immediate stability or depth can create a feeling of constraint, because the bond needs to breathe and remain fluid in order to become clearer.

Recognising Gemini Ascendant in intimate relationships helps us understand that the first step is to connect intellectually before connecting emotionally. It is a relational threshold based on shared curiosity and flexibility in communication.

When this dynamic becomes conscious, entering into a relationship becomes clearer. Communication ceases to be a simple surface game and becomes a real space for encounter, capable of evolving towards greater depth without losing its lightness.

The Ascendant in Gemini thus shows a way of opening up the bond through dialogue and movement. It reminds us that, for some, the relationship begins when words flow freely and the exchange becomes a living ground for mutual discovery.

With Cancer Ascendant, the way to enter into a relationship is through the search for security and emotional resonance. The first contact is not made through affirmation or direct speech, but through a sensitive, in e attention to the atmosphere, the emotional climate, and what reassures or worries. The relationship opens up from

a need to feel welcome and to check whether the space is sufficiently protective to settle into it.

In private, this attitude manifests itself in a cautious, often indirect approach. The bond is built little by little, through signs of trust, care and emotional availability. Before committing further, it is important to sense whether the other person respects rhythms, silences and areas of vulnerability.

The Cancer Ascendant gives the other person the impression of an attentive, sometimes reserved presence that observes before opening up. This attitude can be perceived as restraint or a certain distance, when in fact it corresponds to a necessary phase of protection. The first relational movement aims above all to create a safe space where emotions can flow without feeling exposed.

This way of entering into a relationship can cause misunderstandings. The other person may expect a more explicit or quicker expression, whereas here the bond is built through immersion and gradual familiarity. Conversely, too direct an intrusion can be perceived as a threat, causing withdrawal rather than openness.

Recognising Cancer Ascendant in intimate relationships allows us to understand that the bond begins with feelings before words are spoken. It is a relational threshold based on emotional trust and the ability to offer a space of mutual security.

When this dynamic is recognised, entering into a relationship becomes more fluid. Initial caution is no

longer interpreted as rejection but becomes an invitation to slow down, listen and respect the time needed to open up.

The Cancer Ascendant thus shows a way of entering into relationships through warmth and sensitivity. It reminds us that, for some, the relationship begins when a climate of security is established and emotions can be expressed without fear.

With Leo Ascendant, the way to enter into a relationship is through an immediately perceptible presence. The first contact is made through charisma, through an energy that shows itself, occupies space and seeks to establish a lively and warm connection. The relationship opens up through a form of assumed visibility: being seen, recognised and welcomed in one's expression is a central need from the initial approach.

In intimacy, this posture manifests itself in a direct, expressive way of entering into relationships, often marked by the desire to create a powerful, memorable moment. The bond begins with a spontaneous presentation of oneself, not as a strategy, but as a natural way of making oneself present to the other. It is a matter of capturing attention, eliciting a response, feeling that the exchange is lively and reciprocal.

The Leo Ascendant gives others the impression of frank and generous openness. This way of entering into a relationship can be perceived as great self-confidence or as an implicit expectation of reciprocity, when in fact it

corresponds above all to a need for immediate resonance. The first relational movement seeks to establish an exchange in which each person feels recognised in their presence.

Discrepancies may arise when this visibility is not met. The absence of a response, a glance or a warm return may be experienced as a withdrawal from the bond, even if this is not the other person's intention. Conversely, overly rapid or superficial recognition can create an illusion of closeness that will then need to be adjusted.

Recognising the Leo Ascendant in intimate relationships allows us to understand that the bond begins here by highlighting presence. It is not a question of dominating the relational space, but of entering it fully, with warmth and intensity, so that the encounter can take shape.

When this dynamic becomes conscious, entering into a relationship becomes more flexible. Visibility ceases to be an implicit requirement and becomes an invitation to a lively exchange, where recognition flows in both directions.

The Leo Ascendant thus shows a way of entering into relationships through charisma and confident presence. It reminds us that, for some, the relationship begins when the exchange allows everyone to feel seen, recognised and fully engaged in the shared moment.

With an Ascendant in Virgo, the way to enter into a relationship is through observation, attention and gradual

adjustment. The first contact is often discreet, measured, based on a careful reading of the situation and the other person. Before committing fully, you take the time to perceive the context, to identify what is expected, what is appropriate, what allows for a smooth and respectful encounter.

In intimate relationships, this approach translates into a cautious and attentive way of forming relationships. The bond is established through small gestures, concrete signs of presence, and practical availability rather than immediate emotional displays. You approach the relationship by first seeking to be fair, not to disturb, and to find the right place. Attention to detail, implicit needs, and necessary adjustments becomes a relational language in its own right.

The Virgo Ascendant can give others the impression of initial reserve or distance. This restraint is not emotional withdrawal, but a way of securing the relationship by avoiding excess, intrusion, or confusion. The first relational move aims to establish a clear, functional framework where everyone can feel respected in their own rhythm and limits.

Misunderstandings can arise when this caution is interpreted as a lack of interest or warmth. Conversely, an implicit expectation of fairness or reciprocity can form without being expressed, creating a disconnect if the other person does not pick up on these subtle signals.

Integrating the Virgo Ascendant into an intimate relationship means recognising that the bond begins here,

with the care taken in the encounter itself. The relationship is built on what is appropriate, useful and fitting, before opening up to more spontaneous or emotional dimensions.

When this dynamic becomes conscious, entering into a relationship becomes more flexible. Attention to detail ceases to be a silent protection and becomes a lively relational quality, capable of supporting the encounter without making it rigid.

The Ascendant in Virgo thus shows a way of entering into relationships through discretion, a sense of fairness and gradual adjustment. It reminds us that, for some, the relationship begins when everyone feels welcomed with respect, precision and delicacy.

With an Ascendant in Libra, the way to enter into a relationship is through the immediate search for common ground. The first contact is made under the sign of balance, listening and mutual adjustment. You introduce yourself to the other person by instinctively seeking to create a pleasant, fluid atmosphere where the relationship can develop smoothly.

In intimate relationships, this attitude translates into paying particular attention to the dynamics of the bond. You enter into relationships by taking the other person into account, their pace, their implicit expectations, with a concern that everyone feels recognised and respected. The bond is opened through dialogue, through a form of relational courtesy, which aims to avoid unnecessary tensions and preserve the harmony of the moment.

The Ascendant in Libra often gives a welcoming and open image. This disposition promotes attraction, as it offers the other person a space where they immediately feel taken into consideration. However, this search for balance can also lead to deferring the expression of what is really felt, so as not to disturb the emerging harmony. The relationship then begins with a desire for peace, sometimes at the cost of temporarily putting your own impulses on hold.

Misunderstandings can arise when this restraint is perceived as a lack of position or commitment. The other person may project total availability where there is above all a need for fairness and reciprocity. On your side, a silent expectation of balance may set in without being made explicit.

Integrating Libra Ascendant into an intimate relationship means recognising that the bond begins here with concern for the other person and the relationship itself. When you become aware of this stance, it allows you to gradually introduce more clarity about your own needs without disrupting the harmony you seek.

The Ascendant in Libra thus shows a way of entering into a relationship through agreement, mutual consideration and dialogue. It reminds you that the relationship opens up for you when everyone can find their place in a living, equal balance, where harmony does not erase inner truth but offers it a space to express itself.

With an Ascendant in Scorpio, relationships are entered into with intensity and depth, even when nothing has yet been said. The first contact is neither light nor insignificant. It already engages something dense and concentrated, as if the relationship must immediately touch on the essential. You do not enter into a relationship to skim the surface, but to experience, feel and probe.

In intimacy, this attitude manifests itself in a strong, sometimes silent presence that captures attention without openly seeking to seduce. The connection opens with a subtle tension, an impression of depth or mystery that invites the other person to look beyond appearances. You rarely present yourself transparently from the outset. Your approach is protective, filtering, as if access to your inner world must be earned.

The Ascendant in Scorpio acts as a demanding threshold. It creates a powerful attraction, but also a form of implicit testing. Others may feel an immediate intensity, sometimes difficult to name, and project strong expectations onto this dense presence. What is perceived at first glance may be interpreted as a promise of absolute depth, when in fact it is more a posture of vigilance and relational lucidity.

Misunderstandings can arise when this reserve is perceived as control or distance, when in fact it serves above all to preserve a sensitive inner space. The relationship often begins with a game of glances, silences and unspoken feelings, where much is at stake without anything being said.

Integrating Scorpio Ascendant into an intimate relationship means recognising that the way you enter into a relationship already initiates a process of transformation. The bond opens with a contained intensity, which takes time to unfold without becoming frozen in projections of power or fusion.

When this posture becomes conscious, the Scorpio Ascendant ceases to be an opaque screen. It becomes a gateway to an authentic relationship, where depth is not used to protect oneself indefinitely, but to allow for a true, lucid and committed encounter, capable of welcoming inner movements without fearing them.

With an Ascendant in Sagittarius, the way to enter into a relationship is through openness, movement and momentum towards the horizon. The first contact is experienced as an invitation to broaden the field of experience, to step outside a narrow framework, to breathe more deeply. Relationships rarely begin with withdrawal or caution; they open up a space of freedom, shared curiosity and possibilities to explore.

In intimacy, this posture manifests itself in a direct and expansive approach. You connect by offering direction, meaning, and vision, sometimes even before emotions or more personal needs are clearly identified. The connection is created through the enthusiasm of movement, through the desire to move forward together, to learn, to discover, rather than through careful analysis or restraint.

The Sagittarius Ascendant acts like a wide-open door. It reveals a presence that is focused on the future, on what can grow, evolve and be understood on a larger scale. Others may be immediately attracted by this impression of space, confidence and possibility, and project the idea of a liberating relationship that brings meaning or elevation.

However, misunderstandings can arise when this openness is perceived as permanent availability or a promise of unlimited commitment. What manifests itself first is an attitude of enthusiasm and freedom, not a precise definition of the bond. The relationship often begins with a dynamic of exploration, which then needs to be clarified so as not to remain at the level of intention or ideal.

Integrating Sagittarius Ascendant into an intimate relationship means recognising that the initial approach favours meaning, direction and broadening of experience. This attitude becomes more accurate when it is combined with listening to each person's concrete needs and real limitations.

When this dynamic becomes conscious, the Sagittarius Ascendant ceases to be an escape to elsewhere. It becomes a living entry point into the relationship, capable of connecting freedom and presence, aspiration and commitment, allowing the bond to remain open without losing its depth.

With an Ascendant in Capricorn, the way to enter into a relationship is through restraint, measured distance and a sense of the long term. The first contact is neither

expansive nor immediate; it is part of a cautious, sometimes silent approach, where observation precedes commitment. The relationship rarely begins with spontaneous momentum. It develops in stages, in a setting that seeks first to establish security.

In private, this attitude manifests itself in a restrained, serious presence, often perceived as reserved. You enter into relationships by setting clear boundaries, sometimes without explicitly stating them. The bond is built through reliability, consistency and the ability to persevere over time, rather than through the immediate expression of desire or emotion.

The Ascendant in Capricorn acts as a protective threshold. It conveys an attitude of control, responsibility, and sometimes withdrawal, which can be interpreted as emotional distance. What is most apparent is solidity, a demand for consistency, and a focus on what can last. Others may project an image of coldness or rigidity, when in fact it is primarily a way of not exposing oneself too quickly.

Misunderstandings can arise when this restraint is perceived as a lack of interest or relational availability. The relationship begins with an attitude of control and discernment, not a lack of sensitivity. What develops slowly can, however, become very stable once the bond is recognised as reliable and legitimate.

Integrating Capricorn Ascendant into an intimate relationship means recognising that the initial approach

favours security, structure and the test of time. This stance becomes more fluid as it gradually opens up to trust and the expression of inner experiences.

When this dynamic becomes conscious, the Capricorn Ascendant ceases to be a barrier. It becomes a relational anchor, capable of supporting deep intimacy, built on presence, shared responsibility and fidelity to the bond.

With an Aquarius Ascendant, relationships are entered into with the right amount of distance, open-mindedness and an attitude of immediate freedom. The first contact is often marked by an original, unconventional tone, which gives the feeling of a possible bond without prior constraints. The relationship rarely begins on an emotional or fusional level; it first opens up through the exchange of ideas, mutual recognition and respect for each other's autonomy.

In intimacy, this attitude manifests itself in an available but non-possessive presence. You enter into relationships by leaving space, avoiding overly defined frameworks or implicit expectations. The bond is built through intellectual complicity, a shared vision, and a feeling of being free together, rather than through immediate emotional intensity.

The Ascendant in Aquarius acts as an open relational threshold. It reveals a detached, sometimes unpredictable attitude, which can be interpreted as a form of coldness or disengagement. In reality, it is a form of protection against any form of control or reduction of the self. What is shown

first and foremost is a willingness to meet, provided that this respects independence and individuality.

Misunderstandings can arise when this stance is perceived as a refusal of intimacy or a lack of emotional investment. The relationship begins on an egalitarian and fraternal basis, before it can welcome more sensitive dimensions. The other person may project an expectation of emotional closeness that this initial approach does not seek to satisfy immediately.

Integrating the Aquarius Ascendant into an intimate relationship means recognising that freedom is a prerequisite for connection. This way of entering into a relationship gains depth when the space left for each person becomes a place of trust rather than a defensive distance.

When this dynamic becomes conscious, the Aquarius Ascendant ceases to be a factor of separation. It becomes a living meeting point, capable of sustaining intimacy based on shared freedom, mutual recognition and the common evolution of the bond.

With a Pisces Ascendant, the way of entering into a relationship is marked by an immediate, diffuse and often silent openness. The first contact does not come through a clear affirmation of self, but through a sensitive, receptive presence that spontaneously attunes itself to the atmosphere and to the other person. The relationship begins before words, in a form of subtle resonance that is sometimes difficult to define.

In intimacy, this posture manifests itself as great permeability. You enter into relationships by allowing yourself to be touched and imbued, without seeking to define precise boundaries. The bond is built through empathy, intuitive understanding and the ability to sense what the other person is experiencing, sometimes even before they have expressed it. There is a natural disposition to welcome, to accompany, to be present without apparent conditions.

The Pisces Ascendant acts as a blurred relational threshold. It reveals a profound openness, but also a lack of clearly perceptible boundaries. This way of entering into a relationship can be experienced by the other person as an enveloping gentleness or, conversely, as a disturbing indeterminacy. What is revealed is not a specific intention, but an open space into which the other person can easily project their expectations.

Misunderstandings can arise when this openness is interpreted as an implicit commitment or a consensual fusion. The relationship begins with a feeling of immediate closeness, while the inner experience may remain fluid, changing, and difficult to pin down. The other person may expect a definition of the bond that this initial posture does not seek to establish.

Integrating Pisces Ascendant into an intimate relationship means recognising that this way of entering into a relationship is based on sensitivity and acceptance, but that it needs clarity in order not to dissolve. When gentle but

conscious boundaries are set, this openness becomes a true relational quality.

When this dynamic is recognised, the Pisces Ascendant ceases to be a place of confusion or silent sacrifice. It becomes a subtle point of contact, capable of sustaining intimacy based on compassion, sensitive presence and respect for each person's inner rhythms.

Appendix I: Aspects of tension

A tension aspect between Pluto and Saturn confronts intimacy with a profound experience of constraint and transformation. Desire clashes here with deep-seated fears, often linked to loss, control or the collapse of an inner framework deemed vital. The intimate relationship can become a place where silent power struggles, stubborn resistance or defensive rigidity arise in the face of change. The bond is then experienced as a test of strength. What is at stake is not only the relationship, but the ability to let certain obsolete inner structures die. As long as Saturnian restraint seeks to freeze what should evolve, the tension intensifies. When this dynamic is recognised, intimacy becomes a space for stripping away the superfluous: what was maintained out of fear can be transformed into a more accurate stability, based on lucidity rather than control.

The tension between Pluto and Jupiter brings into conflict the expansion of desire and a need for radical transformation of meaning. The intimate bond can be invested with excessive expectations, absolute beliefs or ideals that end up stifling the living experience. There may be a quest for truth or legitimacy so intense that it turns into moral pressure or a desire to impose a vision of the bond. Desire seeks to expand, but Pluto forces us to question what really motivates this expansion. The relationship then becomes a place of profound questioning of inner beliefs: what was perceived as right or meaningful may collapse to make way for a more embodied understanding. Intimacy gains depth when the need to be

right or to give absolute meaning gives way to a lived, transformative and humble experience.

An aspect of tension between Pluto and Mars confronts the impulse of desire with powerful, sometimes explosive inner forces. Initiative can be charged with excessive intensity, where acting becomes a way of dominating, defending oneself or not feeling vulnerable. In intimate relationships, this can translate into power struggles, repeated confrontations or difficulty in letting the other person exist without control. Desire is not absent, but it is saturated with power issues. Pluto invites us here to recognise what is at stake behind the action: fear of loss, need for control, refusal of dependence. When this tension is integrated, Martian energy ceases to be a battlefield. It becomes a force for conscious transformation, capable of acting without destroying, of asserting without crushing, and of experiencing desire as a shared movement rather than a takeover.

The tension between Pluto and the Sun brings identity into play at the very heart of the intimate relationship. The bond can provoke deep crises, where the sense of existing for oneself seems threatened by the other. Intimacy then acts as a brutal revealer of grey areas, of wounds linked to recognition or loss of self-control. There may be an inner struggle between the need to remain true to oneself and the fear of being transformed by the relationship. Pluto forces a radical questioning of one's self-image: what was identified as "me" must sometimes be abandoned to allow for a more authentic expression. When this dynamic is recognised, the relationship ceases to be experienced as a

danger to identity and becomes a space for rebirth, where personal radiance arises from a deeper inner truth.

An aspect of tension between Pluto and Venus greatly intensifies emotional and relational experiences. Attachment can become exclusive, obsessive or fraught with issues of possession. The desire for union is mixed with the fear of loss, giving rise to passionate relationships where love is inseparable from transformation and sometimes suffering. In intimacy, this tension reveals a deep relationship with attachment and personal value. Pluto forces us to see what in the relationship stems from a need for fusion or control rather than living love. When this dynamic is integrated, the relational experience gains in authenticity. Love ceases to be a place of dependence or domination and becomes a space of emotional truth, where intensity is experienced without destruction.

The tension between Pluto and Mercury affects speech, thought and intimate communication. Exchanges can become laden with unspoken words, innuendo or words heavy with hidden meaning. There may be a tendency to want to understand the other person deeply, sometimes to the point of intrusion, or to use words as a means of control. In relationships, speech becomes a sensitive area, where what is said or left unsaid can have a powerful impact. Pluto invites us to speak more consciously and in truth, able to name what is deep without manipulating or concealing. When this tension is integrated, communication ceases to be a place of mental struggle. It becomes a space of truth, where words serve to reveal rather than constrain.

A tense aspect between Pluto and the Moon confronts emotional intimacy with profound and sometimes confusing movements. Emotional reactions can be intense, archaic, linked to ancient memories of loss, abandonment or fusion. The intimate bond then reactivates very powerful needs for security, mixed with a fear of dependence. The relationship becomes a place where emotion can no longer remain on the surface. Pluto forces us to confront what is buried, repressed or unrecognised in our emotional life. When this dynamic is experienced consciously, emotional intimacy gains depth and truth. Security no longer rests on fusion or emotional control, but on the ability to go through intense emotions together without getting lost in them.

A tense aspect between Neptune and Saturn confronts the need for structure with a deep desire to dissolve boundaries. In intimacy, this dynamic can translate into a tug-of-war between the desire for security and the call for a more fluid surrender of control. The relational framework can be experienced as necessary at times and suffocating at others, without it being easy to find a happy medium. The intimate bond then highlights a difficulty in giving form to what is felt internally. The fear of losing one's bearings can lead to defensive rigidity, while Neptune's aspiration pushes one to merge into the relationship or escape its constraints. When this tension is recognised, intimacy becomes a space for adjustment between concrete commitment and inner openness. Stability no longer rests on fixed rules, but on a confidence capable of embracing uncertainty.

The tension between Neptune and Jupiter brings into conflict the search for meaning and an aspiration for infinity that is difficult to contain. In an intimate relationship, the bond may be invested with idealised expectations, implicit promises or an exaggerated vision of what it should offer. The actual experience may then never seem to live up to the projected ideal.

The desire for expansion is fuelled by spiritual or moral momentum, but Neptune forces us to confront what is illusion or escapism. Intimacy can become a place of disenchantment, not because of a lack of depth, but because of excessive expectations. When this tension is integrated, the relationship ceases to be a support for unrealistic beliefs. It becomes a path of inner growth based on lived experience rather than on an absolute promise of meaning.

An aspect of tension between Neptune and Mars confronts the impulse to act with a loss of clarity in desire. Initiative may become diluted, hesitant or fraught with ambiguity, making it difficult to assert oneself directly in an intimate relationship. Desire may be present, but without clear direction, as if it dissolves at the moment of action. In the relationship, this dynamic can generate misunderstandings, a feeling of vagueness or a disconnect between intention and action. The other person may be perceived as elusive, or one's own momentum may feel hindered. Neptune invites us to recognise that desire cannot always be experienced through conquest or immediate decision-making. When this tension is integrated, action becomes more inspired than deliberate,

and intimacy finds a new form of momentum, based on subtle listening rather than projection.

The tension between Neptune and the Sun acts at the heart of relational identity. In intimacy, the sense of existing for oneself can be disrupted by contact with another person. There may be a tendency to define oneself through the relationship, to merge into an idealised image or to doubt one's own legitimacy to be fully oneself. The bond can become a distorting mirror, revealing a difficulty in distinguishing between what belongs to oneself and what is projected. Neptune invites us here to go through a phase of identity blurring in order to access a more essential expression. When this tension is recognised, intimacy ceases to be a place of confusion. It becomes a space where identity is redefined not by image or role, but by a quieter and more accurate inner presence.

An aspect of tension between Neptune and Venus intensifies the aspiration for ideal love, at the risk of making the relational experience elusive. The emotional bond can be charged with implicit expectations, projections or a need for fusion that makes real encounter difficult. The other person may be perceived through a veil, idealised or unconsciously placed out of reach. In intimacy, this dynamic can generate silent disappointments or a feeling of loss without a specific object. Neptune invites us here to recognise the difference between dreamt love and lived love. When this tension is integrated, the relationship gains in gentleness and truth. Attachment ceases to seek absolute completeness and

opens up to a more humble form of love, capable of embracing imperfection without disillusionment.

The tension between Neptune and Mercury affects intimate communication. Words can become vague, ambiguous or loaded with innuendo. It can be difficult to clearly express what is being felt, or to understand precisely what the other person is saying. The unsaid, the implicit and silence take on an important role in the exchange. In relationships, this dynamic can create misunderstandings or a feeling of mental fog. Neptune invites us to move beyond strictly rational communication and access a more sensitive way of listening. When this tension is integrated, speech ceases to be a tool of control or absolute clarification. It becomes a vehicle for resonance, where meaning is conveyed as much by tone, silence and presence as by the words themselves.

An aspect of tension between Neptune and the Moon makes emotional intimacy particularly permeable. Emotions can mix, merge or be experienced in an amplified way. It can be difficult to discern what is felt for oneself from what is absorbed from the other. The intimate relationship then becomes a space of great sensitivity, but also of vulnerability. This dynamic can lead to a search for emotional fusion or, conversely, a need to escape from the intensity of emotional . Neptune invites us here to develop a keen awareness of emotional boundaries. When this tension is integrated, emotional intimacy gains fluidity without losing itself. Sensitivity becomes a force for deep connection, capable of welcoming the other without dissolving into them.

A tense aspect between Uranus and Saturn brings the need for stability into conflict with the irrepressible call for change. In intimacy, this dynamic manifests itself as an oscillation between the desire for security and the urgency to free oneself from what is perceived as restrictive. The relational framework can be experienced alternately as protective and then as an obstacle. The relationship then becomes a place of friction between continuity and rupture. Impulses of detachment may arise in the face of commitments deemed too rigid, while a need for structure resurfaces when instability becomes anxiety-provoking. When this tension is integrated, intimacy can evolve into a flexible form of commitment, capable of embracing change without sacrificing reliability. Stability ceases to be fixed and becomes adaptable.

The tension between Uranus and Jupiter pits the urge for expansion against a desire to break with established frameworks. In intimate relationships, the meaning given to the bond can change abruptly, as if a deep conviction had suddenly become obsolete. The need for freedom can conflict with shared values or common projects. This dynamic can lead to unexpected shifts in the way the relationship is conceived, causing misunderstanding or imbalance. Uranus invites the s here to question fixed relational beliefs. When this tension is recognised, intimacy ceases to be supported by rigid ideals. It becomes a space for evolution where the meaning of the bond is renewed as consciousness expands.

A tense aspect between Uranus and Mars makes the momentum of the relationship unpredictable. Action, desire or initiative can arise abruptly, without apparent continuity. In intimacy, this can translate into sudden closeness followed by an equally rapid distancing. The bond can then be marked by alternating excitement and breaks in rhythm. The other person may be perceived as stimulating but elusive, or personal momentum as difficult to channel. Uranus invites us to recognise that desire does not always follow a linear trajectory. When this tension is integrated, relational action gains conscious spontaneity, without turning into agitation or escape.

The tension between Uranus and the Sun directly affects the way we exist in the relationship. Relational identity can be experienced as unstable, subject to sudden needs for emancipation or differentiation. In intimacy, the feeling of being oneself can conflict with what the relationship expects or reflects. This dynamic can cause shifts in posture, unexpected distancing, or a refusal to be confined to a role. Uranus invites us to revisit the notion of shared identity. When this tension is integrated, intimacy becomes a space where everyone can exist without becoming fixed. The bond ceases to demand permanent, in ours consistency and opens up to a freer and more evolving expression of being.

An aspect of tension between Uranus and Venus makes the emotional bond sensitive to the needs for freedom and novelty. Attachment can be experienced as fragile as soon as it becomes predictable or routine. In intimacy, the desire for a relationship is combined with a fear of dependence

or confinement. This dynamic can lead to sudden changes in emotional investment, creating a feeling of instability. Uranus invites us to rethink the notion of romantic attachment. When this tension is integrated, the relationship ceases to be based on possession or formal constancy. It becomes a living space, where attachment is nourished by shared freedom rather than fixed security.

The tension between Uranus and Mercury affects intimate communication. Exchanges can be rapid and dazzling, but also discontinuous. Unexpected words, sudden ideas or changes of perspective can surprise the other person and create a disconnect in the dialogue. In relationships, this dynamic can make it difficult to maintain verbal or mental continuity. Uranus invites us to accept non-linear thinking. When this tension is integrated, communication becomes more lively and inventive. Dialogue ceases to be solely explanatory and opens up to intuition, flashes of understanding and the free exchange of ideas.

A tense aspect between Uranus and the Moon makes emotional intimacy changeable and unpredictable. Emotional needs can evolve rapidly, shifting from a desire for closeness to a need for distance. In relationships, this can create a feeling of emotional insecurity or instability in the bond. This dynamic invites us to recognise that emotional security does not always depend on permanence. Uranus pushes us to explore another form of security, based on acceptance of change. When this tension is integrated, emotional intimacy gains freedom. The relationship becomes capable of accommodating

variations in mood and need without breaking down or becoming rigid.

A tense aspect between Saturn and Jupiter brings the impulse for expansion into conflict with the principle of limitation. In intimacy, this dynamic manifests as a difficulty in fully allowing oneself to experience desire, meaning, or relational growth. The aspiration to broaden one's experience is met with doubts, scruples, or internal frameworks that are perceived as unavoidable. The relationship may then be experienced as having potential but also as a source of restraint or guilt. Enthusiasm is held back by fear of excess, error or illegitimacy. When this tension is integrated, the relationship finds a balance between expansion and sobriety. The meaning of the bond becomes lasting, based on realistic confidence rather than excessive exaltation or restriction.

The tension between Saturn and Mars pits the impulse to act against the principle of restraint. In intimate relationships, desire may be experienced as hindered, delayed or subject to strict conditions. Taking the initiative in relationships requires effort, as if spontaneous impulses must first cross an inner threshold. This dynamic can create frustration linked to the impression of never being able to act freely or at the right moment. Action can become burdensome or fraught with challenges. When this tension is integrated, the energy for action gains precision and maturity. Desire ceases to be impulsive or repressed and becomes part of a more conscious temporality, capable of sustaining the relationship over time.

An aspect of tension between Saturn and the Sun affects the way one exists in the relationship. Assertiveness may be experienced as fragile or conditioned by high internal demands. In intimacy, there may be a feeling of having to prove one's legitimacy before shining or fully committing. This dynamic can lead to restraint in self-expression, or to a strong identification with responsibilities and duties. When this tension is integrated, the relationship becomes a space where one learns to exist without constantly judging oneself. Personal radiance ceases to be linked to performance or conformity and finds its stability in an assumed and sober presence.

The tension between Saturn and Venus brings into play the ability to experience emotional connection with fluidity. Attachment may be accompanied by fears of lack, rejection or loss. In intimacy, relational pleasure may seem conditioned by security, duration or recognition. This dynamic can create emotional restraint or an unnecessary difficulty in letting go and being gentle and spontaneous. The bond is sometimes experienced as serious, demanding, even burdensome. When this tension is integrated, love gains depth and reliability. The relationship ceases to be experienced as one of deprivation or hardship and becomes a space of patient trust, where the bond is built step by step.

An aspect of tension between Saturn and Mercury influences intimate communication. Speech may be restrained, measured, sometimes hampered by the fear of saying the wrong thing or not being understood. In the

relationship, there may be difficulty in spontaneously expressing thoughts or sharing what is on one's mind. This dynamic can generate heavy silences or communication that is perceived as too serious. When this tension is integrated, speech gains accuracy and depth. Dialogue becomes slower but more reliable. Communication ceases to be a source of anxiety or control and becomes a space for gradual and sincere clarification.

The tension between Saturn and the Moon has a direct effect on emotional security. Emotional needs may be experienced as demanding or difficult to satisfy. In intimate relationships, emotional expression may be held back for fear of dependence, of disturbing the other person, or of not being accepted. This dynamic can create a feeling of inner loneliness, even within the relationship. When this tension is integrated, the relationship becomes a place for learning emotional maturity. Emotions cease to be repressed or overcontrolled and find a more stable expression. Intimacy then gains depth, based on a sense of security built over time rather than on an immediate response to needs.

An aspect of tension between Jupiter and Mars confronts the impulse to expand with the desire to act immediately. In intimacy, this dynamic can translate into a tendency to go too far, too fast, or to overestimate the scope of an action or commitment. Desire seeks to spread widely, sometimes without considering concrete limits or relational consequences. Action may be driven by intense faith, but also by a difficulty in gauging energy levels. This can create excesses, conflicts or a feeling of overwhelm in

the relationship. When this tension is integrated, the drive for action gains discernment. Desire ceases to be scattered and becomes a focused force, capable of engaging enthusiastically while respecting the rhythm of the other person and the relationship.

The tension between Jupiter and the Sun brings into play the way of existing and shining in the relationship. The need for meaning, recognition, or expansion can conflict with the stability of relational identity. In intimacy, there may be a tendency to over-identify with an ideal, a mission, or a vision of oneself, at the risk of losing the balance of the relationship. This dynamic can lead to overexposure, an inflated relational ego, or difficulty staying centred on the present experience. When this tension is integrated, personal radiance calms down and gains authenticity. Identity ceases to be built on excess or demonstration and finds its accuracy in a simple presence, capable of sharing meaning without becoming confused with it.

An aspect of tension between Jupiter and Venus affects the way we experience pleasure and attachment. The desire to love and be loved can be accompanied by high expectations or a need for emotional intensity that is difficult to satisfy. In intimacy, the relationship can be experienced in a mode of excess, idealisation, or a constant quest for more. This dynamic can create a vague feeling of dissatisfaction, not because of a lack of connection, but because of a difficulty in fully appreciating what is already there. When this tension is integrated, the relationship gains in sobriety and depth. Pleasure ceases to be conditioned by intensity or quantity and becomes a

conscious experience, capable of nourishing the bond in a lasting way.

The tension between Jupiter and Mercury concerns the flow of ideas and meaning in the relationship. Thought may seek to embrace too much, to explain, convince or convey without always taking into account the context or listening to the other person. In intimacy, speech can become intrusive or overly conceptual. This dynamic can create a disconnect between what is said and what is received. When this tension is integrated, communication gains clarity and precision. Speech ceases to try to encompass everything and becomes more attuned to the relationship. Speech regains its function as a link, capable of conveying meaning without overwhelming the exchange.

An aspect of tension between Jupiter and the Moon affects the way emotional security is experienced. The need for emotional expansion can conflict with the need for protection and inner stability. In intimacy, emotions can be amplified, idealised or experienced excessively. This dynamic can lead to swings between elation and disappointment, as if emotional expectations were too vast to be fully met. When this tension is integrated, the relationship becomes a more realistic space for emotions. The need for emotional expansion subsides and transforms into an ability to nurture the bond appropriately, without demanding that the other person fulfil an inner ideal.

An aspect of tension between Mars and the Sun brings into conflict the impulse to act and the feeling of fully

existing within the bond. The desire to act, to decide or to impose a rhythm can clash with the need for recognition and inner coherence. In intimacy, this dynamic can translate into a struggle between assertion and validation, as if action were seeking to prove the existence or legitimacy of the self. This tension can lead to confrontations, strong reactions or difficulty in acting without feeling challenged. When this tension is integrated, action ceases to be a demonstration or a defence. It becomes an aligned expression of identity, capable of asserting itself without crushing the other and without getting lost in conflict.

The tension between Mars and Venus brings into play the relationship between desire and connection. Passionate impulses can conflict with the need for harmony, gentleness, or reciprocity. In intimacy, this dynamic can create an alternation between attraction and conflict, between closeness and friction. Desire can be experienced as urgent, while the bond seeks to preserve a delicate balance. This can lead to misunderstandings about the emotional rhythm or the expression of pleasure. When this tension is integrated, desire becomes more attentive and the relationship more vital. The energy of Mars then nourishes the bond without rushing it, and Venus can welcome the intensity without losing herself in it.

A tense aspect between Mars and Mercury pits action against words. The impulse to act or react can take precedence over reflection or discussion. In intimate relationships, this can manifest as sharp words, hasty decisions, or difficulty expressing one's feelings without

causing conflict. This dynamic can create a form of relational nervousness, where action and thought struggle to coordinate. When this tension is integrated, the energy of Mars supports the clarity of Mercury. Words become more embodied, and actions more conscious. Dialogue can then accompany the movement instead of suffering it.

The tension between Mars and the Moon directly affects emotional security. The impulse to act can disrupt the need for protection, gentleness, or emotional stability. In intimate relationships, this dynamic can manifest itself in strong emotional reactions, sudden anger, or difficulty in easing tensions once they have been triggered. Action may be perceived as intrusive, while emotion may seem overwhelming or uncontrollable. When this tension is integrated, the energy of Mars learns to respect emotional rhythms. The Moon can then welcome intensity without feeling threatened, and the relationship becomes a space where action and emotion coexist without conflict.

A tense aspect between the Sun and Venus challenges the balance between the need for recognition and the way we connect with others. Assertiveness may conflict with the desire for harmony, sharing, or reciprocity. In intimacy, this tension can translate into a feeling of not being loved for who one is, or a sense of having to choose between being oneself and preserving the relationship. The need for recognition can lead to expecting constant emotional validation from the other person, while the relationship may seem to require adjustments that make one feel like one is betraying oneself. When this tension is integrated, personal assertiveness ceases to depend on emotional

approval. The relationship then becomes a space for free sharing, where love no longer serves to confirm one's existence, but to accompany it.

The tension between the Sun and Mercury confronts lived identity and the way it is formulated. What is felt to be essential may be difficult to express clearly, or, on the contrary, may be expressed in a way that does not fully reflect the inner experience. In intimacy, this can create misunderstandings, as if words betrayed what is seeking to manifest itself. The need for recognition may then be expressed through speech, explanations or justifications, without always reaching the other person. This tension can also translate into difficulty listening, when assertiveness takes precedence over exchange. When integrated, speech becomes more attuned to lived experience. Dialogue ceases to be a place of defence and becomes a space for mutual recognition.

A tense aspect between the Sun and the Moon creates a conflict between the need for assertiveness and the need for emotional security. The urge to show oneself, to take one's place or to make decisions can clash with sensitivity, the need for protection or emotional continuity. In intimate relationships, this dynamic can create an alternation between assertiveness and withdrawal, between exposure and vulnerability. The other person may be perceived sometimes as a support, sometimes as a threat to inner balance. This tension can generate intense emotional reactions in situations where identity feels challenged. When integrated, self-assertion no longer conflicts with the need for security. Identity can then unfold without

breaking the bond, and emotion finds its place without hindering self-expression.

A tense aspect between Venus and Mercury makes it difficult to reconcile the need for emotional connection with the way we communicate. The desire for closeness, harmony or sharing can clash with words that analyse, question or relativise, creating an impression of distance where a sensitive presence is expected. In intimate relationships, this tension can manifest itself in a feeling of not being understood emotionally, even when there is plenty of dialogue. Exchanges can become a delicate balancing act, where one person seeks to talk in order to clarify, while the other expects a warmer or more intuitive listening ear. This tension can lead to emotional misunderstandings, where words seem clumsy or insufficient to convey what is being felt. When integrated, speech becomes a vehicle for connection rather than a barrier. Communication softens, attunes to the sensitivity of the nd allows for a more accurate expression of relational needs.

The tension between Venus and the Moon pits the desire for a harmonious relationship against the need for emotional security. The emotional bond can be invested in as a refuge, while generating a subtle dependence or expectations that are difficult to articulate. In intimacy, this configuration can give the feeling that love should alleviate all insecurities, which places the relationship under significant emotional pressure. The need to be loved can become confused with the need to be reassured, and any distance or relational dissonance can be experienced

as an emotional threat. This tension invites us to distinguish between the impulse of the heart and the need for inner protection. When integrated, love ceases to be a guarantee of absolute security. The bond becomes a space for sensitive sharing, where each person can stay in touch with their emotions without weighing them down on the relationship.

An aspect of tension between Mercury and the Moon makes it difficult to reconcile conscious thought and emotional experience. What is felt internally does not always find the right words to be expressed, or words come too quickly, before the emotion has been fully recognised. In intimate relationships, this tension can result in a disconnect between what is said and what is experienced, creating a feeling of misunderstanding or relational awkwardness. Verbal exchange can become a sensitive area, where words seek to appease, explain or rationalise emotional states that need above all to be accepted. Conversely, when emotion is not acknowledged, it can overwhelm thought and cloud the clarity of communication, making it difficult to listen to one another. This tension invites us to slow down the dialogue, to leave a space between the feeling and its expression. When integrated, speech learns to serve emotion without controlling or denying it. Words become delicate bridges, capable of translating inner experiences more accurately. The exchange then gains depth and sincerity, allowing for a more authentic encounter between feelings and mutual understanding.

Appendix J: Aspects of relaxation

A relaxation aspect between Pluto and Saturn allows for a gradual and profound integration of limits, responsibilities and time. Constraints are not experienced as obstacles to be endured, but as structures necessary for lasting transformation. In intimacy, this translates into an ability to weather crises without breaking, relying on an inner strength that accepts depth without rigidity. The bond may evolve slowly, but with a great capacity for regeneration, each stage becoming a foundation rather than a burden.

When Pluto is in a relaxed aspect to Jupiter, the momentum for expansion naturally finds its depth. Meaning does not remain theoretical or idealised, but is transformed through contact with lived experience. In relationships, this promotes shared growth, where questioning opens up a broader understanding rather than a loss of bearings. Intimacy can thus expand without dispersing, integrating transformations as stages of mutual enrichment.

A relaxing aspect between Pluto and Mars allows the energy of action to connect with a controlled inner strength. The momentum is neither brutal nor compulsive; it is carried by a conscious intensity. In intimate relationships, this promotes an ability to act with commitment while respecting the processes of transformation at work. Potential conflicts become levers for evolution rather than power struggles, and assertiveness finds a depth that strengthens the bond.

When Pluto supports the Sun, identity can transform without feeling threatened. Profound questioning does not weaken the sense of existence, it refines it. In intimacy, this translates into an intense but stable presence, capable of embracing areas of change without losing one's centre. The bond can then become a space for mutual revelation, where each person accompanies the other's evolution without seeking to control them.

A relaxing aspect between Pluto and Venus promotes deep intimacy, experienced without fear of merging or loss. The emotional bond can transform, intensify or shed certain expectations without breaking. In the relationship, attachment gains authenticity, freed from power games or unconscious dependencies. Love becomes a space for regeneration, where emotional depth strengthens the quality of the bond rather than weighing it down.

When Pluto is in a relaxed aspect to Mercury, the mind can explore the depths without becoming trapped there. Speech becomes a tool for revelation rather than control. In intimate exchanges, this allows sensitive subjects to be addressed with clarity and respect, without fear of what might emerge. Words accompany inner transformations and facilitate a finer mutual understanding, even in areas that are usually silent or delicate.

A relaxing aspect between Pluto and the Moon promotes emotional security capable of embracing intensity. The profound movements of the soul are not experienced as threats, but as natural passages. In intimacy, this allows for a great capacity to embrace

emotions, even the most buried ones, without overflowing or closing off. The emotional bond is regenerated through this shared depth, offering a sense of continuity and trust despite inner transformations.

A relaxing aspect between Neptune and Saturn allows for a fluid alliance between structure and letting go. Limits are not experienced as rigidity, but as a flexible container capable of accommodating sensitivity and the invisible. In intimacy, this promotes a quiet confidence where commitment can coexist with inspiration, without one stifling the other. The bond is long-lasting while remaining open to compassion and deep understanding.

When Neptune is in a relaxed aspect to Jupiter, the search for meaning broadens without losing its coherence. Ideals can be embodied in an inclusive and benevolent vision of the world and of relationships. In intimacy, this supports shared growth, nourished by faith, trust and the ability to see beyond differences. The bond becomes a space for inner expansion, where spiritual or existential momentum reinforces openness rather than excess.

A relaxed aspect between Neptune and Mars allows action to connect with intuition. The momentum is not blind, but guided by a keen sensitivity to inner movements and the needs of the other. In intimate relationships, this encourages delicate initiatives, where energy is deployed without brutality. Action becomes an appropriate response to what is felt, supporting a fluid and respectful dynamic.

When Neptune supports the Sun, identity can open up to broader dimensions without dissolving. Self-awareness is enriched by a subtle perception of the connection to others and to the world. In intimacy, this translates into a gentle and inspired presence, capable of radiating without imposing. The connection gains symbolic depth, with each person able to express their uniqueness while feeling connected to something greater.

A relaxing aspect between Neptune and Venus promotes a quality of love marked by compassion and delicacy. The emotional bond can be experienced in an atmosphere of mutual understanding, where rigid expectations dissolve naturally. In intimacy, this allows for great sensitivity to the nuances of the bond, an ability to love without losing oneself or idealising excessively. Attachment becomes a space of resonance and shared gentleness.

When Neptune is in a relaxed aspect to Mercury, thought and speech open up to intuition. Exchanges are not limited to the explicit, they incorporate silences, feelings and the unspoken. In intimate relationships, this promotes subtle communication, capable of translating the unspeakable without freezing it. Words become bridges of presence, supporting deep and benevolent listening.

A relaxing aspect between Neptune and the Moon allows for emotional immersion without confusion. Sensitivity finds a safe space where it can express itself freely. In intimacy, this promotes natural empathy, an ability to feel the other without dissolving into them. The emotional bond is nourished by this fluid emotional

resonance, offering a climate of gentleness, comfort and silent trust.

A relaxing aspect between Uranus and Saturn allows for a flexible articulation between change and stability. Transformations are not experienced as sudden breaks, but as gradual readjustments. In intimacy, this promotes an ability to evolve the relational framework without threatening the security of the bond. Implicit rules can be revisited with discernment, allowing the bond to renew itself while maintaining a reassuring continuity.

When Uranus is in a relaxed aspect to Jupiter, openness to the new is accompanied by a broader and more coherent sense of meaning. The impulses of freedom and expansion are integrated into a broader vision of the bond and the world. In intimate relationships, this supports shared growth, where each person can explore new horizons without losing sight of common sense. Relational innovation becomes a source of enrichment rather than dispersion.

A relaxing aspect between Uranus and Mars allows for spontaneous but adjusted action. The impulse for affirmation can be renewed smoothly, while remaining attentive to the context and to the other person. In intimacy, this encourages lively, creative initiatives that respect each person's space. Energy is released without causing disruption, supporting a stimulating and fluid relational dynamic.

When Uranus supports the Sun, self-expression can be renewed without losing its coherence. Identity opens up to change with flexibility, integrating new ways of being without fragmenting. In intimate relationships, this allows for an authentic presence, capable of evolving over the course of the bond. Each person can reveal themselves differently without fear of destabilising the relationship, which gains in vitality and shared freedom.

A relaxed aspect between Uranus and Venus encourages a free and inventive way of loving, without excessive detachment. The emotional bond can be renewed, breaking out of habits while maintaining a foundation of trust. In intimacy, this supports a lively relationship, where surprise and novelty nourish attachment rather than weakening it. Love becomes a space for gentle and respectful experimentation.

When Uranus is in a relaxed aspect to Mercury, the mind opens up to new ideas without losing its clarity. Exchanges become more lively and original, while remaining understandable and connecting. In intimate relationships, this encourages stimulating communication, capable of challenging fixed patterns without un ly creating confusion. Dialogue becomes a space for creativity and shared intelligence.

A relaxed aspect between Uranus and the Moon allows emotional needs to evolve without excessive insecurity. Inner variations are welcomed as natural movements rather than threats. In intimacy, this promotes respectful emotional freedom, where each person can feel and

express themselves differently without breaking the bond. The relationship gains emotional flexibility and adaptability.

A relaxed aspect between Saturn and Jupiter allows for a harmonious integration of expansion and restraint. The meaning given to the bond can be long-lasting without losing its momentum. In intimacy, this promotes realistic confidence: impulses of openness find a framework that makes them viable and sustainable. The desire for growth is not scattered, but rooted in a shared vision of time and commitment.

When Saturn is in a relaxed aspect to Mars, action gains in accuracy and continuity. Momentum can be expressed without haste, supported by an ability to gauge effort and timing. In intimate relationships, this promotes clear and reliable affirmation, where initiative respects rhythms and boundaries. Energy becomes constructive, capable of sustaining the bond over time without exhaustion or rigidity.

A relaxing aspect between Saturn and the Sun allows identity to assert itself with sobriety and stability. Self-expression finds an inner foundation that does not depend solely on external recognition. In intimacy, this promotes a reliable, consistent presence, capable of holding its own without overwhelming or withdrawing. The bond benefits from a quiet solidity, where each person can feel recognised without excessive tension.

When Saturn supports Venus, attachment can be structured without becoming rigid. The emotional bond is long-lasting, simple and mature. In intimacy, this promotes an ability to love consistently, without dependence or coldness. Gestures, commitments and silences take on a reassuring value. Love becomes a space of trust, nourished by fidelity and respect for each other's needs.

A relaxing aspect between Saturn and Mercury allows for calm, clear and responsible speech. Conversations gain depth without becoming heavy or restrictive. In intimate relationships, this promotes reliable communication, where words are binding without being confining. Silences are meaningful, explanations are measured, and thoughts support the bond rather than weakening it.

When Saturn is in a relaxed aspect to the Moon, emotional life finds a secure container. Emotional needs can be recognised and stabilised without being stifled. In intimacy, this promotes a reassuring presence, capable of welcoming emotions without overflowing or withdrawing. The bond is built on emotional continuity and trust, where inner security allows for sensitive and lasting expression.

A relaxing aspect between Jupiter and Mars supports a fluid expression of momentum and initiative. Action is accompanied by a sense of legitimacy and inner confidence, without excess or haste. In intimate relationships, this promotes a lively dynamic, where desire can be expressed freely while respecting the other person.

Initiative becomes an invitation rather than pressure, and shared energy nourishes the common momentum.

When Jupiter is in a relaxed aspect to the Sun, self-assertion naturally expands. The feeling of existing and shining connects to a deep confidence in life and in the bond. In intimate relationships, this supports a warm and generous presence, capable of recognising the other without losing oneself or imposing oneself. The bond gains openness and meaning, carried by a positive vision of what unites.

A relaxed aspect between Jupiter and Venus promotes a harmonious expansion of love and relational pleasure. Attachment is accompanied by simple joy, a feeling of permission to love and receive. In intimacy, this supports emotional generosity, the ability to share without excessive expectations. The bond is nourished by spontaneous trust, where the relationship becomes a space for mutual fulfilment.

When Jupiter supports Mercury, speech expands without losing its clarity. Exchanges become carriers of meaning, understanding and openness. In intimacy, this promotes communication that connects and elevates, without moralising or imposing a vision. Words open up common perspectives and allow the bond to be inscribed in a broader and more flexible understanding.

A relaxing aspect between Jupiter and the Moon allows for a reassuring emotional expansion. Emotional needs can be welcomed with kindness, without excess or

restraint. In intimate relationships, this promotes a climate of trust and protection, where emotions can flow freely. The bond becomes a nourishing space, supported by a sense of inner security and confidence in the relationship.

A relaxed aspect between Mars and the Sun allows for the fluid expression of personal drive. Action supports assertiveness without rushing it. In intimacy, this promotes an engaged presence, capable of initiating without dominating, of acting without crushing. The desire to act is in tune with the feeling of existing, giving the bond a lively and respectful dynamic.

When Mars is in a relaxed aspect to Venus, desire and attachment flow smoothly. Momentum naturally connects with the pleasure of the bond. In intimate relationships, this supports a balanced attraction, where initiative meets receptivity without tension. Desire becomes a dance, neither constraining nor subdued, nurturing an intimacy that is both lively and gentle.

A relaxed aspect between Mars and Mercury encourages direct, embodied speech. Ideas are expressed with momentum and clarity, without aggression. In intimacy, this allows one to say what drives one to act, to express desires and limits without excessive detours. Communication supports action rather than hindering or rushing it.

When Mars supports the Moon, action and emotion find a common rhythm. Emotional reactions can be set in motion without being rushed. In intimate relationships,

this promotes an ability to act while taking emotional needs into account, to respond without being intrusive. The bond gains dynamic security, where momentum respects and supports sensitivity.

A relaxed aspect between the Sun and Venus promotes a natural coherence between the need for recognition and the desire for connection. In intimacy, self-assertion is in tune with the impulse to love and be loved. Personal presence does not seek to put itself forward at the expense of the relationship, and attachment is not experienced as a loss of self. This aspect supports a warm intimacy, where the expression of being nourishes the bond rather than constraining it.

When the Sun is in a relaxed aspect to Mercury, self-expression easily finds the right words. What is experienced internally can be formulated without excessive effort or distortion. In intimate relationships, this facilitates clear communication, aligned with deep-seated identity and self-. Speech becomes a natural extension of presence, illuminating the bond without making it rigid.

A relaxed aspect between the Sun and the Moon promotes harmony between personal affirmation and emotional security. What is expressed externally does not contradict deep emotional needs. In intimacy, this supports a sense of inner unity, where the need to exist fully does not conflict with the need to feel welcomed. The bond can then become part of a reassuring continuity, nourished by both presence and inner listening.

A relaxed aspect between Venus and Mercury facilitates a fluid flow between emotional feelings and their expression. In intimacy, what is felt can be shared without forcing or over-intellectualising the emotion. Words support the bond without weighing it down, and the exchange becomes a space where the desire for relationship and communication come together naturally. This aspect favours a relationship where one can say what brings us closer, name what touches us, without fear of distorting the emotional impulse.

When Venus is in a relaxed aspect to the Moon, the need for attachment harmonises with the need for emotional security. The impulse towards the other does not compensate for an inner lack, but is part of an already existing emotional continuity. In intimate relationships, the gentleness of the bond nourishes a sense of well-being, and emotional closeness supports the expression of love. This aspect promotes an enveloping intimacy, where affection can flow freely, without tension between the desire for connection and the need for protection.

A relaxing aspect between Mercury and the Moon allows for a natural flow between what is felt and what is expressed. In intimacy, emotions find words more easily, without having to be translated or justified. Speech becomes an extension of inner experience, rather than a filter that distorts it. This aspect promotes sensitive communication, where listening is as important as expression. Exchanges can then soothe, contain and clarify, without rekindling insecurity or causing misunderstandings. The relationship gains fluidity when

feelings can be shared simply, at the pace of what is being experienced.

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Astrology of Intimacy

Presence, Desire and Conscious Relationship

Desire, tenderness, need for security, emotional rhythm, pleasure... In intimacy, these forces are never expressed separately. They intersect, confront each other, sometimes oppose each other — and this is often where misunderstandings arise within a couple.

This book offers a unique perspective on sexuality and intimate relationships. Far from approaches focused on performance or norms, it invites us to understand how our inner energies interact, both within ourselves and in our encounters with others.

Through the astrology of mindfulness, the planets are seen as psychic forces revealing our relationship to desire, tenderness, attachment and emotional rhythm. Tensions are no longer dysfunctions to be corrected, but spaces for integration and awareness.

Aimed at those who sense that sexuality can become a path to presence, this book shows how intimacy is built not against differences, but from them, and how a living relationship arises less from compatibility than from shared awareness.

